



**STELLA MARIS COLLEGE (AUTONOMOUS)
CHENNAI-600 086**

**SMCDRIVE REGULAR ONGOING ACTIVITIES
INDIGENOUS FOOD PREPARATION**

This is a regular activity of SMCDRIVE, started on 23 October 2015 -till date and is ongoing. SMCDRIVE in collaboration with an NGO - Tamil Nadu Women's Collective. **The NGO trains Women from the nearby communities every month in preparing low cost nutritious food. Every month a representative from Tamil Nadu Women's collective visits SMCDRIVE and women are trained to prepare low cost traditional nutritious food with millets such as Samai Payasam, Varagu Sambar Rice, Mani Corn Dosas, Thinai Venpongal, Navathanya Kolukattai.**

Ms.Sheelu Francis, President, Tamil Nadu Women's Collective is an alumni of the College from the Department of Social Work.

Indigenous Food Preparation



Demo Class by Community Women



MENTAL HEALTH CLINIC AT SMCDRIVE

Every third Saturday a multi-disciplinary team from an NGO Banyan provides consultation, treatment, holistic care for People living with Mental Disorders at SMCDRIVE.

The chief consultant is Dr. K.V. Kishore Kumar.

Medicines are also given.

1100 clients have made use of the clinic.

This clinic is open to all and is free of cost.

COUNSELLING /TELECOUNSELLING SERVICES AT SMCDRIVE

Professional Counsellors led by Dr. Sree Sai Lakshmi,

Counsellors are available at the centre from Monday to Friday.

To combat with distress and mental health problems it is offered to both the College and the Public. Strict Counselling Ethics are followed and it is free of cost.

STUDENT INTERNSHIP

This is a regular activity of SMCDRIVE, started from 26 November 2015 – till date and is ongoing. 132 student Interns, Social Work trainees from various schools of Social Work are placed at SMCDRIVE for their respective field work training -Stella Maris College-BSW, MSW Madras Christian College –MSW, RGNIYD-MSW BALM-MSW and Clinical Counselling, Liverpool Hope University-BSW, Washington University-Art Therapy students. The students are trained by the staff of SMCDRIVE.

Student Interns with Children and Community Women from Stella Maris College & Liverpool Hope University



Student Interns Activities

Conducting one to one session for community students



STUDENTS LEADERSHIP PROGRAMME

This is a regular activity of SMCDRIVE, started on 23 July 2018– till date and is ongoing, in collaboration with an Ngo- Indian Development Foundation. 60-StellaMaris student volunteers from the Department of Social Work trained 1280 students from the less privileged schools of Chennai in Soft Skills. Stella Maris students were first trained by the Indian Development Foundation and then they provided training to the less privileged schoolchildren in skills such as leadership, communication, personality development, Time management, Confidence-building, Handling fear, Anxiety Rejection, Defeat. The duration is two hours per day for six weeks. The college was awarded the Best Supporting Institution Award for this project in 2018 by Indian Development Foundation and the student volunteers from the Department Of Social Work who did their Field Work at SMCDRIVE received Best Mentors Award for teaching Life Skills at various schools of the less privileged students in 2018 and 2019.

Stella Maris Students Conducting Life Skills Session for the School Students



Orientation for Stella Maris Students by International Development Foundation



**Certificate Distribution for the School Students
By The Student Trainers**



SUMMER CAMP

This is a regular activity of SMCDRIVE, started on 26 April 2017 – till date and is ongoing, 91 Less privileged children and adolescents from the neighbouring communities attend this 3 days programme and are taught Social skills, Life skills and Leadership skills during the summer holidays by student volunteers, NGO volunteers and SMCDRIVE staff. Ms.Bhavani, a volunteer from Sarwin Counseling conducts this sessions. She is also an alumni of the college from the Department of Social Work.

Summer Camp Activities



Group Activity for Children



SUPPORT SERVICES FOR CHILD EDUCATION

This is a regular activity of SMCDRIVE, initial and is ongoing, in collaboration with Action Child Aid-Denmark. 119 economically less privileged children are given financial support to complete their studies. Rs.600 per child per month is given to complete their studies. Children are also taken for a picnic once in a year.

Indoor and Outdoor Group Activities Conducted for the Children



SUPPORT SERVICES FOR THE ELDERLY

PHYSIOTHERAPY CAMP

This is a regular activity of SMCDRIVE, started on 23 February 2016– till date and is ongoing, in collaboration with a non-profit organization Help Age India. Physiotherapy clinic was conducted in the College and the nearby communities of the college as SS Puram, Nakirar Nagar, Thiruvika Kudiyirupu, Domming Kupam, Nochi Nagar, Nochi Kuppam 10 Fieldwork students and interns and SMCDRIVE staff organised regular Physiotherapy clinics with the help of Help Age India. 433 Men and Women were benefited. Physiotherapy clinic helps in improving the Quality of Life of the Elderly.

Physiotherapy Camp for the Elderly



EYE CAMP

This is a regular activity of SMCDRIVE, started on 28 January 2020– till date and is ongoing, in collaboration with MN Eye Hospital, Chennai. Eye camp was conducted in the following communities-SS Puram, Domming Kupam. 6 Field work students organised Eye camp in collaboration with MN Eye Hospital Chennai. 146 men and women were benefited. Total Eye screening was done and free Spectacles were provided if needed and also free Cataract Surgery was done if needed. **Eye Screening Camp in the Community and Free Cataract Surgery for the Elderly**

