



**STELLA MARIS COLLEGE (AUTONOMOUS)  
CHENNAI-600 086**

**NALAM CENTRE**

This is a regular activity of SMCDRIVE, started on 8 August, 2016 – till date and is ongoing. SMCDRIVE in collaboration with The Banyan, Chennai a non-governmental organization for mental health based in Chennai. Nalam project is a multi-interventional model that approaches mental health from a wellness perspective. This centre functions at SMCDRIVE, it is a Day care and Rehabilitation Centre for people living with mental disorders. It is a big relief for their families and the clients are trained in various skills as-bag making, weaving, gardening, Computer Basics, Jewellery making. 20 clients use this Day care service every day, on all college working days. The Social Work field work trainees, interns and the staff of SMCDRIVE with the help of The Banyan help in the functioning of the centre.

**Making Visual Posters on Basic Etiquette**



**Gardening with Nalam Clients**

