STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
DEPARTMENT OF PSYCHOLOGY

Institutional Learning Outcomes

Stella Maris College, an autonomous Catholic institution of higher education, is committed to the highest standards of academic excellence based on sound values and principles, where students are strengthened with whole person education to lead purposeful lives in service to the community and the nation.

The Institutional Learning Outcomes (ILOs) of Stella Maris College (SMC) reflect the broader mission and purpose of the institution. They are the overarching set of learning outcomes that all students, regardless of discipline, must achieve at graduation. All programme and course learning outcomes are mapped to the institutional outcomes, thus reflecting an overall alignment of values, knowledge and skills expected at programme completion. ILOs are designed to help guide individual departments and disciplines in the development of their programme learning outcomes.

The ILOs of SMC are formed by two components:

1. **Core commitments**: Knowledge and scholarship, values and principles, responsible citizenship, service to community
2. **Institutional values**: Quest for truth, spirit of selfless service, empowerment

Upon graduation, students of Stella Maris College will

- Display mastery of knowledge and skills in their core discipline (**Knowledge and Scholarship)**
- Exhibit in all actions and attitudes a commitment to truth and integrity in all contexts, both personal and professional (**Values and Principles)**
- Demonstrate knowledge about their role in society at local and global levels, and actively work for social and environmental justice (**Responsible Citizenship)**
- Engage in the process of self-discovery through a life-long process of learning (**Quest for truth**)
- Demonstrate readiness to serve those who are in need (**Spirit of selfless service**)
- Be able to function effectively and with confidence in personal and professional contexts **Empowerment)**

Programme Learning Outcomes/Intended Programme Learning Outcomes

Graduates of a Bachelor's Degree will have a broad and coherent body of knowledge in their disciplines, with a deep understanding of the underlying principles and concepts in one or more disciplines as a basis for independent lifelong learning.

At the end of an undergraduate programme students will be able to

- Describe and define critical concepts in their discipline
- Explain and discuss concepts and ideas pertaining to their discipline
- Demonstrate a broad understanding of their discipline
- Demonstrate communication skills to present a clear, coherent and independent exposition of knowledge and ideas
- Demonstrate understanding of the interconnections of knowledge within and across disciplines
- Apply knowledge, theories, methods, and practices in their chosen field of study to address real-world challenges and opportunities
- Demonstrate proficiency in experimental techniques and methods of analysis appropriate for their area of specialisation
- Generate and analyse data using appropriate quantitative tools
- Construct and test hypotheses
- Demonstrate cognitive and technical skills to synthesise knowledge in interrelated disciplines
- Demonstrate critical thinking and judgement in identifying and solving problems with intellectual independence
- Demonstrate the skills needed to be able to function successfully in their field
- Show responsibility and understanding of local and global issues
- Demonstrate through their actions and speech that they are agents of social justice and change
- Practice the discipline's code of ethics in their academic, professional and personal lives
- Practice the values of democracy and principles of human rights
- Show self-awareness and emotional maturity
- Demonstrate career and leadership readiness
- Demonstrate intercultural, interracial, interclass, inter-caste, and ethical competency
- Exhibit the ability to work in teams
- Exhibit a strong sense of professionalism in a range of contexts
- Demonstrate sensitivity and readiness to share their knowledge, experience, and capabilities with the marginalised and oppressed in their communities

PROGRAMME DESCRIPTION

The Bachelor's programme will place emphasis on the genetic, physical, physiological, sensory, cognitive, temperamental and social components that mediate the study of human behaviour. The course covers topics such as developmental psychology, basic psychology, social psychology, biological psychology, research methods and statistics, counselling psychology, abnormal psychology, experimental psychology, rehabilitation psychology, psychological testing, applied psychology and organizational psychology. Students will explore these topics through lectures, assignments, audio-visual teaching aids and laboratory practices. By the end of the programme, students will be able to effectively apply theoretical knowledge in different domains of psychological practice.

PROGRAMME SPECIFIC LEARNING OUTCOMES

On successful completion of this programme, it is expected that students will be able to

- Demonstrate an understanding of basic concepts in psychology
- Demonstrate an understanding of the dynamics of human interaction within an organizational context
- Communicate knowledge of various approaches in counselling and be able to incorporate the same in critiquing counselling process
- Demonstrate a deep understanding of the psychological implications of physical disabilities and physiological illnesses and conceptualize the same through a bio-psychosocial lens
- Assess, and interpret psychological constructs in individuals using standardised psychometric tests
- Accurately diagnose psychological disorders based on an appropriate classification system; and determine the etiology of the illness
- Demonstrate an ability to undertake, conduct and publish a systematic psychological research study

- Demonstrate sensitivity to the need for individualised intervention programmes in rehabilitation of those with physical disabilities and ailments, and those with psychopathological conditions
- Exhibit a strong ethical sensibility and abide by the ethical guidelines for psychotherapeutic practice
- Demonstrate a non-judgemental attitude, treat all clients equally
- Strive to provide only support to those who seek their aid
- Create an inclusive, integrated and healthy community that facilitates an empathetic, humane and empowered society
- Demonstrate in-depth knowledge and skill in specific areas of psychology
- Communicate effectively, think critically, behave ethically and with cultural Awareness
- Demonstrate the ability to work cordially with people from a wide variety of backgrounds

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI 600 086

B.Sc. DEGREE:PSYCHOLOGY

COURSES OF STUDY

(Effective from the academic year 2019-2020)

CHOICE BASED CREDIT SYSTEM

	C-Credit, L-Lecture Hours, T-Tutorial Hours, P- Practical Hours, Ex-Exam Hours, CA- Continous Assessment Marks, ES-End Semester Marks, M-Maximum Marks								
Subject Code	**Title of Course**	**C**	**L**	**T**	**P**	**Ex**	**CA**	**ES**	**M**
SEMESTER-I									
19PY/MC/GP14	General Psychology I	4	4	1	0	3	50	50	100
19PY/MC/BP14	Biological Psychology I	4	4	1	0	3	50	50	100
19PY/AC/SP15	Social Psychology I	5	5	0	0	3	50	50	100
19PY/SS/PS13	Life Skills:Personal and Social	3	3	0	0	-	50	-	100
CD / ET / SC	Value Education	2	2	0	0	-	50	-	100
SEMESTER-II									
19PY/MC/GP24	General Psychology II	4	4	1	0	3	50	50	100
19PY/MC/BP23	Biological Psychology II	3	3	1	0	3	50	50	100
19PY/AC/SP25	Social Psychology II	5	5	0	0	3	50	50	100
19PY/GC/ES12	Environmental Studies	2	2	0	0	-	50	-	100
	Life Skills:Personality Development (EL)	3	3	0	0	-	50	-	100
	Basic Tamil I / General Elective I								
SEMESTER-III									
19PY/MC/DP34	Developmental Psychology I	4	4	1	0	3	50	50	100
19PY/MC/RM34	Introduction to Research Methodology	4	4	1	0	3	50	50	100
19PY/AC/ST35	Statistics in Psychology	5	5	0	0	3	50	50	100
19PY/SS/HC13	Life Skills:Health, Energy and Computer Basics	3	3	0	0	-	50	-	100
CD / ET / SC	Value Education	2	2	0	0	-	50	-	100
	Basic Tamil II / General Elective II	2	2	0	0	-	50	-	100
SEMESTER-IV									
19PY/MC/DP44	Developmental Psychology II	4	4	1	0	3	50	50	100
19PY/MC/EP45	Experimental Psychology Practical	5	3	0	4	3	50	50	100
19PY/AC/HP45	Health Psychology	5	5	0	0	3	50	50	100
	Major Elective I								
SEMESTER-V									
19PY/MC/AB55	Abnormal Psychology I	5	5	1	0	3	50	50	100
19PY/MC/AP54	Applied Psychology	4	4	1	0	3	50	50	100
19PY/MC/PA55	Psychological Assessment Practical	5	3	0	4	3	50	50	100
Inter Disciplinary Core Course (PY and CE) to students of Psychology&Eng. and Commun. Skills									
19ID/IC/LP55	Literature and Psychology	5	5	1	0	3	50	50	100
Inter Disciplinary Core Courses (CS and PY) to students of Computer Science									
19ID/IC/HC55	Human Computer Interaction	5	5	1	0	3	50	50	100
	General Elective III	2	2	0	0	-	50	-	100
	SAP / SL	2	2	0	0	-	50	-	100
SEMESTER-VI									
19PY/MC/AB65	Abnormal Psychology II	5	5	1	0	3	50	50	100

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	C-Credit, L-Lecture Hours, T-Tutorial Hours, P- Practical Hours, Ex-Exam Hours, CA- Continous Assessment Marks, ES-End Semester Marks, M-Maximum Marks								
Subject Code	**Title of Course**	**C**	**L**	**T**	**P**	**Ex**	**CA**	**ES**	**M**
19PY/MC/CP64	Counselling Psychology	4	4	1	0	3	50	50	100
19PY/MC/RP65	Rehabilitation Psychology	5	5	1	0	3	50	50	100
19VE/SS/HL63	Life Skills:An Approach to a Holistic Way of Life	2	2	0	0	-	50	-	100
	Major Elective II								
	General Elective IV	2	2	0	0	-	50	-	100
Major Elective Courses									
19PY/ME/CY45	Consumer Psychology	5	5	0	0	3	50	50	100
19PY/ME/OP45	Organisational Psychology	5	5	0	0	3	50	50	100
19PY/ME/TP45	Theories of Personality	5	5	0	0	3	50	50	100
19PY/ME/FP45	Foundations of Psychotherapy	5	5	0	0	3	50	50	100
19PY/ME/PR45	Project	5	1	0	4	-	50	50	100
General Elective Courses									
19PY/GE/HB22	Fundamentals of Human Behaviour	2	2	0	0	-	50	-	100
19PY/GE/BC22	Basic Skills in Counselling	2	2	0	0	-	50	-	100
19PY/GE/SB22	Introduction to Social Behaviour	2	2	0	0	-	50	-	100
19PY/GE/PP22	Principles of Psychology	2	2	0	0	-	50	-	100
19PY/GE/GS22	Gender and Sexuality	2	2	0	0	-	50	-	100
19PY/GE/AD22	Psychology of Adolescence	2	2	0	0	-	50	-	100
Independent Elective Course									
19PY/UI/PC23	Psychology Classics	3	0	0	0	-	-	100	100
19PY/UI/PE23	Personality Enrichment	3	0	0	0	-	-	100	100

GENERAL PSYCHOLOGY- I

CODE:19PY/MC/GP14
CREDITS:4
LTP:4 1 0
TOTAL TEACHING HOURS:65

OBJECTIVES OF THE COURSE
- To introduce students to the basic concepts in Psychology.
- To familiarize students in the application of these concepts.
- To acquaint students with the scientific nature of Psychology
- To introduce students to the basic psychological processes such as memory, perception and sensation.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to
- Describe the different schools, subfields and possible careers in psychology.
- Understand the differences between and process involved in sensation and perception.
- Explain the biological rhythms and the various levels of consciousness.
- Explicate the theories and practical applications on learning and memory. Apply the different techniques

BIOLOGICAL PSYCHOLOGY I

CODE:19PY/MC/BP14
CREDITS:4
L T P:4 1 0 TOTAL
TEACHING HOURS:65

OBJECTIVES OF THE COURSE
- To understand the physiological basis of behavior.
- To familiarize students to the applications of the concepts.
- To understand the neurobiological underpinnings of behaviour.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to
- Discern the structure and functioning of the nervous system.
- Describe the various parts of the brain and its functions.
- Explain the influence of nature and nurture on behavior.
- Display an understanding of the various research methods within the realm of biological psychology.
- Exhibit an awareness of the career prospects pertaining to biopsychology.

SOCIAL PSYCHOLOGY I

CODE:19PY/AC/SP15
CREDITS:5
LTP :5 0 0
TOTAL TEACHING HOURS :65

OBJECTIVES OF THE COURSE

- To introduce students to the basic concepts of Social Psychology.
- To familiarise students with the various applications of Social Psychology.
- To enable students to understand the theories related to social behaviour.

COURSE LEARNING OUTCOMES

On successful completion of the course, students will be able to

- Identify the aspects of social psychology in real life.
- Understand how attitudes can be formed and changed.
- Demonstrate understanding of social pressure and prosocial behaviour.
- Evaluate and critique the theoretical concepts of social psychology.
- Communicate knowledge of the various theoretical underpinnings of interpersonal attraction

LIFE SKILLS: PERSONAL AND SOCIAL

CODE: 19PY/SS/PS13
CREDITS: 3
L T P: 3 0 0
TOTAL TEACHING HOURS: 39

OBJECTIVES OF THE COURSE
- To enable students to understand the working of Indian Governance and laws
- To empower students as citizens by teaching them how to use the RTI, the PIL and the FIR
- To provide students an insight into the strengths and virtues essential to improve wellbeing
- To bring about awareness of societal dynamics
- To create awareness, impart knowledge and hone skills necessary to make sound financial decisions

COURSE LEARNING OUTCOMES
On successful completion of this course, students will be able to

- demonstrate knowledge of the working of the government
- file RTIs, PILs and FIRs
- improve their quality of life
- exhibit social consciousness
- exhibit prudent behaviour in managing personal finance

GENERAL PSYCHOLOGY II

CODE:19PY/MC/GP24
CREDITS:4
LTP :4 1 0
TOTAL TEACHING HOURS :65

OBJECTIVES OF THE COURSE

- To introduce students to the basic concepts of Psychology.
- To familiarize students to the applications of the concepts.
- To acquaint students to the basic psychological processes such as motivation, emotions and personality.

COURSE LEARNING OUTCOMES

On successful completion of the course, students will be able to
- Communicate knowledge of cognitive processes
- Discern the influences of motivation and emotion through the various theories
- Demonstrate an understanding of the theories of personality
- Understand the role of emotions and motivation with respect to human behaviour.
- Evaluate and critique the different theoretical conceptualizations of intelligence.

BIOLOGICAL PSYCHOLOGY II

CODE:19PY/MC/BP23

CREDITS:3
LTP:3 1 0
TOTAL TEACHING HOURS:52

OBJECTIVES OF THE COURSE

- To understand the physiological basis of behavior
- To familiarize students to the applications of the concepts in biological psychology.
- To enable understanding of how bodily processes are controlled on a physiological level.

COURSE LEARNING OUTCOMES

On successful completion of the course, students will be able to
- Demonstrate understanding of how the nervous system develops
- Comprehend the biological basis for homeostasis
- Communicate knowledge of neuroanatomical underpinnings of human emotions.
- Explain the influence of hormones on behaviour.
- Expound the biological rationale in psychological processes like learning and memory.

SOCIAL PSYCHOLOGY II

CODE:19PY/AC/SP25
CREDITS 5
L T P:5 0 0
TOTAL TEACHING HOURS : 65

OBJECTIVES OF THE COURSE

- To facilitate students to have a deeper understand of the concepts in Social Psychology
- To enable students to understand the application of social psychology in social life
- To promote application of theories in social psychology to interdisciplinary fields.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Demonstrate understanding of social psychological principles.
- Identify processes in group dynamics.
- Display an understanding of the process that contributes to differential treatment of group members.
- Be familiar with the aspects related to aggression, prejudice and conflict
- Appreciate the concepts relating to social psychology and apply them in everyday life

ENVIRONMENTAL STUDIES

CODE:19PY/GC/ES12

CREDITS:2
L T P:2 0 0
TOTAL TEACHING HOURS:26

OBJECTIVES OF THE COURSE
- To help students to gain the fundamental knowledge of the environment
- To create in students an awareness of current environmental issues
- To inculcate in students an eco-sensitive, eco-conscious and eco-friendly attitude

COURSE LEARNING OUTCOMES
On successful completion of this course, students will be able to

- Articulate the interdisciplinary context of environmental issues
- Adopt sustainable alternatives that integrate science, humanities and social perspectives
- Appreciate the importance of biodiversity and a balanced ecosystem
- Calculate one's carbon footprint

DEVELOPMENTAL PSYCHOLOGY I

CODE:19PY/MC/DP34
CREDITS: 4
LTP:4 1 0
TOTAL TEACHING HOURS:65

OBJECTIVES OF THE COURSE
- To understand the developmental concepts and processes of development of the human being
- To comprehend the development through the various life stages, challenges in development
- To familiarize students to the concepts, theories and research which define the field of developmental psychology.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Compare the different theories of development
- Comprehend the development that occurs from the prenatal stage to adolescence
- Illustrate the physical, cognitive, and psychosocial aspects of development in these stages
- Connect course content to their personal behaviour.
- Identify the characteristics that signify each developmental stage.

INTRODUCTION TO RESEARCH

METHODOLOGY

CODE:19PY/MC/RM34

CREDITS:4
L T P :4 1 0
TOTAL TEACHING HOURS :65

OBJECTIVES OF THE COURSE

- To enable students to understand the research process and techniques in Psychology.
- To equip students with the skills to undertake and complete mini research studies.
- To impart students with ethical values and moral principles of research as outlined by the American Psychological Association.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Possess the ability to understand and critique research articles.
- Understand the importance of abiding by the ethical guidelines of behavioural research.
- Discern an appropriate method of research investigation based on the research question.
- Read, interpret and evaluate social research.
- Apply theory and existing literature to create and test research questions and hypotheses.

STATISTICS IN PSYCHOLOGY
CODE:19PY/AC/ST35
CREDITS:5
L T P:5 0 0
TOTAL TEACHING HOURS:65

OBJECTIVES OF THE COURSE
- To familiarize students to various descriptive statistical methods used in Psychology
- To train students in the use of statistical tools for data analysis
- To enable students to understand the assumptions underlying different statistical techniques.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to
- Clarify the need and importance of statistics in psychology
- Comprehend basic elements of statistical testing
- Distinguish and describe parametric and non-parametric tests
- Compute and interpret basic statistics.
- Use appropriate statistical techniques for research purposes.
-

LIFE SKILLS – HEALTH, ENERGY AND COMPUTER BASICS

CODE: 19PY/SS/HC13

CREDITS: 3
L T P: 3 0 0
TOTAL TEACHING HOURS: 39

OBJECTIVES OF THE COURSE
- To sensitise students to the fact that good health lies in nature
- To create an awareness about energy obtained from different components of food and to plan for a balanced diet
- To enable students to understand the significance of energy conservation and strategies for conserving energy
- To provide a basic knowledge of computer fundamentals and Email configuration

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to
- identify the importance of a few plants and their health benefits
- recognise the causes and symptoms of common disorders
- calculate food energy values and follow the Recommended Dietary Allowances (RDA) and appreciate the need for them.
- conserve energy and use it responsibly
- understand computer configuration for purchase of personal computer and E mail setting

DEVELOPMENTAL PSYCHOLOGY II

CODE:19PY/MC/DP44

CREDITS:4
LTP:4 1 0
TOTAL TEACHING HOURS:65

OBJECTIVES OF THE COURSE
- To understand the developmental concepts and processes of development of the human being
- To comprehend the development through the various life stages, challenges in development
- To familiarize students to the concepts, theories and research which define the field of developmental psychology.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Conceptualize human functioning and behaviour from a developmental perspective.
- Understand the development of humans across the life span.
- Identify psychological and social factors that influence development of personality, emotions and other aspects of human development.
- Communicate knowledge of the key issues specific to different developmental stages of humans.
- Identify the characteristics that signify each developmental stage.

EXPERIMENTAL PSYCHOLOGY - PRACTICAL

CODE:19PY/MC/EP45

CREDITS:5
L T P:3 0 4
TOTAL TEACHING HOURS:52

OBJECTIVES OF THE COURSE

- To enable students understand the use of experiments in Psychology
- To acclimatize them to interpret and draw conclusions based on the norms given in the manual
- To facilitate students to write reports of experiments while adhering to APA conventions.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Interact respectfully with people of diverse backgrounds
- Use the knowledge and skills acquired to use relevant and appropriate experiments based on the need
- Demonstrate competencies in conducting experiments and reporting the same
- Explain the experimental procedures in scientific testing.
- Behave ethically and responsibly towards participants of research.

HEALTH PSYCHOLOGY

CODE:19PY/AC/HP45
CREDITS:5
L T P:5 0 0
TOTAL TEACHING HOURS :65

OBJECTIVES OF THE COURSE
- To familiarize students to health and wellness
- To understand the impact of psychological factors on health and disease.
- To enable students to understand specific health issues that warrant an in-depth look

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Demonstrate an understanding on the importance of health psychology
- Compare and contrast the various models on the modification of health habits
- Elucidate on the impact of stress and the ways to cope with it
- Describe the value of health psychology and possible career prospects within the field.
- Evaluate the strengths and weaknesses of various psychotherapeutic approaches employed in health promotion and wellness.

ABNORMAL PSYCHOLOGY I

CODE:19PY/MC/AB55
CREDITS:5
LTP:5 1 0
TOTAL TEACHING HOURS:78

OBJECTIVES OF THE COURSE
- To enable students to differentiate between abnormal and normal behaviour.
- To impart knowledge about the theoretical approaches in understanding abnormality.
- To help ascertain the diagnosis based on the clinical manifestation of the illness using an appropriate classification system.
- To enable students to discern the causal factors of presenting illnesses and formulate a case conceptualization.
- To learn the appropriate evidence based approaches in treatment and management of mental illnesses.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Define the basis of abnormal psychology and the differences between normal and abnormal behaviour.
- Differentiate between major theoretical orientations in abnormal psychology.
- Identify the standards for the diagnosis and classification of major psychopathological conditions.
- Possess knowledge of multiple influences of abnormal behaviour as viewed from different theoretical perspectives.
- Construct diagnostic formulations and thereby develop and implement psychotherapeutic interventions.

APPLIED PSYCHOLOGY

CODE:19PY/MC/AP54
CREDITS:4
LTP :4 1 0
TOTAL TEACHING HOURS : 65

OBJECTIVES OF THE COURSE
- To introduce students to an understanding about the interface between Society and Psychology
- To familiarise students with the various Applications of Psychology
- To impart knowledge of theoretical foundations employed in a variety of applied settings in the field of psychology.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Demonstrate an understanding of the application of psychological principles in various real world settings.
- Communicate knowledge about social issues at the local, national and global levels and its impact on the society.
- Develop creative and practical solutions to challenges faced by the larger community.
- Evaluate and choose career prospects within the field of psychology.
- Demonstrate knowledge of how theoretical foundations of psychology translate into practical applications.

PSYCHOLOGICAL ASSESSMENT - PRACTICAL

CODE:19PY/MC/PA55
CREDITS:5
L T P:3 0 4
TOTAL TEACHING HOURS:52

OBJECTIVES OF THE COURSE

- To familiarize students on the different types of testing used in the clinical setting; and the appropriate use of a test.
- To enable students to develop the skills required for Psychological testing.
- To impart knowledge about the ethical considerations of psychological testing and administration.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Understand the significance of psychometric properties of an assessment; and evaluate the effectiveness of the test based on the same.
- Discern the test that will be most applicable for a given target group based on norms, psychometric properties and contradictors for the test.
- Administer psychological assessments to relevant population groups.
- Interpret results of a psychological assessment and report results of the test.
- Behave ethically and responsibly towards participants of research.

LITERATURE AND PSYCHOLOGY

CODE: 19ID/IC/LP55
CREDITS: 5
LTP: 5 1 0
TOTAL TEACHING HOURS: 78

OBJECTIVES OF THE COURSE
- To introduce students to the interdisciplinary aspects between Literature and Psychology
- To help students understand the fundamentals of human behaviour
- To encourage students to employ psychological concepts in their understanding of literary texts

COURSE LEARNING OUTCOMES
On successful completion of this course, students will be able to
- demonstrate an ability to interpret literary texts from literary and psychological perspectives
- explain psychological theories and their application in the attitude of individuals and group behaviour
- integrate basic concepts of psychology to explain human behavior in everyday life
- critique literary works using key concepts in psychology
- appreciate and identify various attribute of interdisciplinarity of texts

HUMAN COMPUTER INTERACTION

CODE:19ID/IC/HC55
CREDITS:5
L T P:5 1 0
TOTAL TEACHING HOURS:78

OBJECTIVES OF THE COURSE
- To learn the foundations of Human Computer Interaction concepts
- To be familiar with the design technologies for individuals and persons with disabilities
- To learn the guidelines for user interface
- To understand constraints, get an insight into the design space, and on deep knowledge of the materials of the design, that is, the user, the task, and the machine
- To discuss the psychological and physiological attributes of the user, providing the students with a basic overview of the capabilities and limitations that affect the ability to use computer systems

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- To design an effective HCI for any interface
- To design an effective HCI for individuals and persons with disabilities
- To assess the importance of user feedback
- To explain the HCI implications for designing Multimedia/ VR
- To develop meaningful user interface

ABNORMAL PSYCHOLOGY II

CODE: 19PY/MC/AB65
CREDITS: 5
LTP: 5 1 0
TOTAL TEACHING HOURS: 78

OBJECTIVES OF THE COURSE
- To help ascertain the diagnosis based on the clinical manifestation of the illness using an appropriate classification system.
- To enable students to discern the causal factors of presenting illnesses and formulate a case conceptualization.
- To learn the appropriate evidence based approaches in treatment and management of mental illnesses.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to
- Define the basis of abnormal psychology and the differences between normal and abnormal behaviour.
- Differentiate between major theoretical orientations in abnormal psychology.
- Identify the standards for the diagnosis and classification of major psychopathological conditions.
- Possess knowledge of multiple influences of abnormal behaviour as viewed from different theoretical perspectives.
- Construct diagnostic formulations and thereby develop and implement psychotherapeutic interventions.

COUNSELLING PSYCHOLOGY

CODE: 19PY/MC/CP64
CREDITS: 4
L T P : 4 1 0
TOTAL TEACHING HOURS : 65

OBJECTIVES OF THE COURSE
- To help students understand the basic processes of counselling.
- To enable students to learn the various approaches of counselling.
- To learn the application of counselling skills.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to:

- Exhibit an understanding of the counselling process and the role of a counsellor in the same.
- Demonstrate micro and macro skills used in the counselling process.
- Respect and follow the ethical guideline laid down by the APA.
- Discern the approach of counselling most appropriate for a given client or use their discretion to use an eclectic approach.
- Critique and evaluate various approaches in counselling.

REHABILITATION PSYCHOLOGY

CODE: 19PY/MC/RP65
CREDITS: 5
LTP: 5 1 0
TOTAL TEACHING HOURS: 78

OBJECTIVES OF THE COURSE
- To deepen the students' understanding of conceptual frameworks within disability and rehabilitation.
- To familiarize students to rehabilitation psychology, a branch of psychology that focuses on the needs and resources of persons with disabilities.
- To help students understand the role of a rehabilitation psychologist in practice and services within a network of biological, psychological, social, environmental and political capacities.
- To impart knowledge regarding the existing policies for persons with disabilities at both the national and the international levels.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to
- Classify disabilities and be sensitive to the needs and potentials of those with disabilities.
- Conduct a needs analysis for persons with disabilities and formulate an intervention plan based on the same.
- Demonstrate an appreciation for the services provided by each member of the multidisciplinary team and understand the importance for the same.
- Identify techniques to reduce barriers in attitude that affect individuals with disabilities.
- Articulate a working knowledge of the stages of human development and the different needs of individuals with disabilities across the life span.

CONSUMER PSYCHOLOGY

CODE:19PY/ME/CY45
CREDITS :5
L T P :5 0 0
TOTAL TEACHING HOURS:65

OBJECTIVES OF THE COURSE
- To enable students to understand the rationale behind 'how and why' consumers behave
- To understand the internal and external influences that impel individuals to act in consumption- related ways
- To provide an insight into the strategies that are most likely to reach, inform, and persuade consumers.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Distinguish between different consumer behaviour influences and their relationships
- Establish the relationship between theories of consumer behaviour and marketing concepts.
- Identify the social influences on consumer behaviour specifically in the Indian market, given its cultural diversity.
- Display an understanding of consumer motivations and decision process.
- Effectively develop, interpret and analyse different forms of messages and multimedia presentation used in business.

ORGANISATIONAL PSYCHOLOGY

CODE:19PY/ME/OP45
CREDITS: 5
LTP :5 0 0
TOTAL TEACHING HOURS :65

OBJECTIVES OF THE COURSE
- To enable students to gain an understanding of the dynamics of human interaction within an organisational context.
- To understand and appreciate the role of Psychology in organizations
- To help the students understand how theory and research are applied to work settings

COUSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Demonstrate an understanding of the major areas of organisational psychology.
- Apply theoretical frameworks to real life organisational situations.
- Communicate knowledge of the various roles of the psychologist within an organization.
- Understand influence of personal attributes on job performance, motivation and output.
- Appreciate and be sensitive towards ethical guidelines in work culture.

THEORIES OF PERSONALITY

CODE:19PY/ME/TP45
CREDITS:5
LTP:5 0 0
TOTAL TEACHING HOURS:65

OBJECTIVES OF THE COURSE

- To help students develop knowledge about the dimensions of human personality
- To familiarize students with the various contributions made by eminent psychologists in the realm of personality theories.
- To familiarize students with major models related to the study of personality.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Possess skills required to identify and personality theories and translate theoretical knowledge to explanations of individual behaviour.
- Exhibit an understanding of human personality, its dimensions and its application in psychology.
- Compare and contrast the various personality theories based on their premises and postulates.
- Categorize and evaluate personality tests based on their approach to measuring personality
- Appreciate individual differences and be sensitive towards these differences.

FOUNDATIONS OF PSYCHOTHERAPY

CODE:19PY/ME/FP45
CREDITS: 5
LTP: 5 0 0
TOTAL TEACHING HOURS: 65

OBJECTIVES OF THE COURSE
- The course introduces students to various theoretical orientations to psychotherapy.
- It provides students with the opportunity to learn the nuances of psychotherapeutic techniques and its application.
- To enable students to compare and contrast different approaches to psychotherapy.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Demonstrate knowledge of the basic principles and practices in psychotherapy.
- Apply principles of psychotherapy in personal and professional contexts to develop a better understanding of others.
- Conceptualize a given presenting problem from various psychotherapeutic approaches.
- Evaluate and critique view-points offered by various realms of psychotherapy.
- Demonstrate sensitivity towards cultural and diversity issues in psychotherapy.

PROJECT

CODE:19PY/ME/PR45
CREDITS: 5

COURSE LEARNING OBJECTIVES

- To enable students to understand and apply basic research methods in psychology including research methodology, data analysis and interpretation.
- To enable students to critically analyse major theoretical positions in research methodology.
- To enable an understanding of basic research methods such as research methodology, data analysis, and interpretation.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Formulate research hypotheses and test the same by designing empirical studies.
- Carry out data collection, organise the collected data, analyse and interpret the results.
- Read, interpret, and evaluate social research.
- Critique existing literature and identify gaps in knowledge within the field of psychology.
- Write research papers and scientific material as per APA conventions.

FUNDAMENTALS OF HUMAN BEHAVIOUR

CODE:19PY/GE/HB22
CREDITS:2
L T P:2 0 0
TOTAL TECHING HOURS:26

OBJECTIVES OF THE COURSE:
- To help students understand basic Principles of Psychology
- To Create Self-Awareness and Understanding of various aspects of Human Behaviour

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Demonstrate an understanding of psychology as the scientific study of human behaviour.
- Develop knowledge on the overarching themes in psychology.
- Apply learnt psychological concepts to one's own interaction and social behaviour.

BASIC SKILLS IN COUNSELLING
(Skill Development Course)

CODE:16PY/GE/BC22
CREDITS:2
L T P:2 0 0
TOTAL TECHING HOURS:26

OBJECTIVES OF THE COURSE:
- To understand Basics in Helping Relationships
- To train students in individual and group approaches to counselling through the participatory method

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Understand the role of a counselor
- Understand the concerns for which counselling is used
- Develop, apply and analyse the counselling skills in practice sessions and role plays

INTRODUCTION TO SOCIAL BEHAVIOR

CODE:19PY/GE/SB22

CREDITS:2
L T P:2 0 0
TOTAL TECHING HOURS:26

OBJECTIVES OF THE COURSE
- To provide students with a basis for understanding interactions of individuals and societies.
- To enable students to understand perception of people and social events.
- To enable students to understand the basis of social behaviour.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Communicate knowledge about social behaviour.
- Understand the forces that create multiple patterns of social behaviours.
- Understand the dynamics of inter and intragroup conflict, and cooperation.
- Explain how various social behaviours unfold in the society.
- Identify process in group dynamics.

PRINCIPLES OF PSYCHOLOGY

CODE:19PY/GE/PP22
CREDITS:2
L T P:
2 0 0 TOTAL TEACHING HOURS:26

*Students of BSW are not eligible

OBJECTIVES OF THE COURSE
- To Introduce the basic principles of Psychology
- To familiarize students to the applications of these principles

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Demonstrate an understanding of psychology as the scientific study of human behaviour
- Comprehend the historical trends and theoretical perspectives in psychology
- Develop a knowledge on the overarching themes in psychology

GENDER AND SEXUALLITY

CODE:19PY/GE/GS22
CREDITS:2
LTP:2 0 0
TOTAL TEACHING HOURS:26

OBJECTIVES OF THE COURSE
- To help students understand the theoretical foundations of gender; to promote deconstruction of sexism.
- To develop an appreciation and sensitivity for asymmetries and complexities across genders.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to
- Evaluate, compare and critique theories of gender and sexuality.
- Identify the effect of gender and sexual identities on the experience of privilege, power dynamics and political voice across cultures and time.
- Critically evaluate the social position of various sexual groups given the Indian context.

PSYCHOLOGY OF ADOLESCENCE

CODE:19PY/GE/AD22
CREDITS:2
L T P:2 0 0
TOTAL TECHING HOURS:26

OBJECTIVES OF THE COURSE
- To give students a basic understanding of Adolescent Psychology
- To help them understand the impact of Mass Media in shaping their Personality

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Show improved knowledge of the characteristics of adolescence
- Display an understanding of requisites and difficulties in adolescence
- Heightened awareness of the role played by media during adolescence

PSYCHOLOGY CLASSICS

CODE:19PY/UI/PC23
CREDITS:3

OBJECTIVES OF THE COURSE
- To help students understand and appreciate the process of self-taught material.
- To instill a deeper understanding of the self.
- To develop knowledge about the work of influential psychologists.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Demonstrate knowledge of a few classical theories in psychology.
- Connect and compare learnt material with mainstream theories.
- Apply learnt material to other course work.
- Develop the skills required to draft a self-learning plan/schedule.
- Interpret and analyse original work of eminent psychologists.

PERSONALITY ENRICHMENT

CODE:19PY/UI/PE23
CREDITS:3

OBJECTIVES OF THE COURSE:
- To help students understand themselves in relationship with others
- To enable students improve their Personal and Communication Skills
- To enable to students to effective manage stress.

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to
- Define personality in the psychological context
- Demonstrate an understanding on the various factors that determine personality
- Exhibit an enhanced understanding of oneself
- Display better interpersonal relations and assertive style of conflict resolution
- Possess an improved sense of stress management