STELLA MARIS COLLEGE (AUTOOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2019-2020**)**

SOCIAL WORK PROFESSION

CODE:19SW/PC/SP14   **CREDITS:4**
                                                                          L T P:4 0 0
                                                          TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE
- To acquire knowledge on the evolution of Social Work and its emergence as a profession
- To comprehend its underlying Ideologies, Philosophy, Theories and Approaches
- To gain an understanding of current trends in Social Work Education and Practice

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Become aware of the emergence, growth and development of Social Work as a Profession
- Consciously use Social Work knowledge and demonstrate professionalism as a trainee
- Gain wider knowledge on diverse approaches and be able to appropriately use theories and approaches in her field work placements
- Practice Social Work in an International context

Unit   1   **(10 Hours)**
   Social Work Profession, History and Growth
   1.1 Social Work Profession: Meaning and Definition; Goals, Functions, Methods, Fields, International and National Social Work Bodies/ Forums
   1.2 Basic Concepts: Social welfare, Social Service, Social Services, Social development, Social Change, Social Action, Human Rights, Social Exclusion (marginalization, exploitation, oppression), Empowerment
   1.3 History and Growth of Social Work: UK, USA., Evolution of Social Work Education, Levels of Training, Domains (core, supportive, elective and inter-disciplinary). Origin and growth in India, Scope, Challenges and current status. Field Work and importance of Supervision, Global Standards for Social Work Education
   1.4 Socio-cultural and Religious Foundations influencing Social Work: Constitutional Safeguards, Reform Movements in India, Contributions of Hinduism, Buddhism, Jainism, Islam, Christianity and Christian Missions

Unit   2
   Ideologies Influencing Social Work   **(10 Hours)**
   2.1 Philanthropy, Humanitarianism, Welfarism, Socialism, Democracy, Marxism
   2.2 Human Rights , Social Justice and Equality
   2.3 Gandhian, Nehruvian and Periyar's Philosophies relevant to Social Work

Unit 3   **(12 Hours)**

Social Work Philosophy

3.1 Values and Beliefs: Respect for the Person, respect for Differences, Self-Determination and expression, Respect for Democratic Values and Diversity, equality, Dignity of the Human Being, Uniqueness of Individuals, Groups and Community, Individual's Right to Fulfilment and Self-Actualization, Reciprocal Rights and Responsibilities of Individuals and Society, Capacity of Individuals and Communities to Change

3.2 Principles: Acceptance, Individualization, Confidentiality, Client Participation, Non-Judgemental Attitude, Controlled Emotional Involvement

3.3 Code of Ethics: Evolution of Code of Ethics, Declaration of Ethics for Social Workers (SWEF -1997). Ethics in Social Work, Statement of Principles (IFSW & IASSW-2004)

Unit 4   **(10 Hours)**

Theoretical Approaches to Social Work Practice

4.1 Social Work Theory: Definition, Need and Importance for Professional Practice. Important Theories that inform practice-Psychosocial, Psychodynamic, Eco-systems, Empowerment theories

4.2 Practice Approaches: Remedial, Rehabilitative, Preventive and Promotive Approaches, Rights Based, Participatory, Indigenous and Advocacy Approaches

4.3 Analysis of Social Work Practice: From Welfare and Development approaches to Rights Based and People Centred approaches

Unit 5   **(10 Hours)**

International Social Work

5.1 Definition and Meaning, Global Issues and Need for International Practice, Basic Concepts, Principles and Assumptions; Values, Beliefs and Goals; Practice Levels and Sectors; Global Forces Influencing International Practice

5.2 Approaches: Personal, Social, Developmental, Global; Multicultural, International and Transnational Practice Models; Global Agenda; Global Standards

5.3 Role of International Agencies: UN Agencies, INGOs and Human Rights Organisations; International Service-Delivery Programmes; Skills for International Practice; Dilemmas in International Practice; Role and function of International/National Bodies and Forums

BOOKS FOR STUDY

Dean, Hepworth. *Direct Social Work Practice:Theory And Skills*. Boston: Cengage Publiations, 2018.

Singh, Ram Shankar. *Professional Social Work: Best Practices and Innovations*. Rajasthan: ABD Publishers, 2017.

BOOKS FOR REFERENCE

Bhattacharya, Sanjay. *Social Work Interventions and Management*. New Delhi: Deep & Deep Publications, 2008.

Cox David, Manohar Pawar, *International Social Work; Issues, Strategies and Programmes*. New Delhi; Vistaar. 2006.

Cree Viviene. E., (Ed) *Social Work – A Reader*. New York. Routledge. 2011

Francis, Nicholas. *Handbook for Professional Practice and Career Development in Social Work*, Madurai: Francis, 2015

Healy, Lynne M. *Handbook of International Social Work* . United Kingdom : Oxford Publications , 2012.

Hugman, Richard. *Understanding International Social Work*. Los Angeles : Palgrave Macmillan, 2010.Patel, Chhaya. *Social Work Practice.* Jaipur: Rawat Publications, 1999.

Long, Dennis D. *Macro Social Work Practice*. United States: Cengage Learning, 2011.

NASW & Oxford University Press, *Encyclopaedia of Social Work,* London: Co-published by the NASW Press and Oxford University Press, 2008.

Payne, M., *Social Work Education: International Standards.* In Hessle, S. (Ed.), *International Standard Setting of Higher Social Work Education*, Stockholm University; Stockholm Studies of Social Work, 2001.

Roy Sanjoy., Social Work in a Globalizing World – Professional Challenges and Practices, Jaipur, Rawat Publications, 2018.

Trevithick, Pamela. *Social Work Skills and Knowledge*. Rawat publications, 2012.

University Grants Commission, *I and II Review Commission on Social Work Education.* New Delhi: University Grants Commission, 1992.

JOURNALS

Indian Journal of Social Work, Tata Institute of Social Sciences, Mumbai, India

Asia-Pacific Journal of Social Work and Development, National University of Singapore. Dept. of Social Work and Psychology, Singapore

International Social Work, Sage Publications, www.sagepub.com

WEB RESOURCES

isw.sagepub.com/content/51/6/847.citation

www.unv.org

www.un.org

www.worldbank.org

www.iassw-aiets.org: International Association of Schools of Social Work

www.icsd.info: International Consortium for Social Development

www.icsw.org: International Council on Social Welfare

www.ifsw.org: International Federation of Social Workers

PATTERN OF ASSESSMENT

Continuous Assessment Test: **Total Marks: 50**   **Duration: 90 minutes**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)

One Compulsory Continuous Assessment Test will be conducted.

Other Components: **Total Marks: 50**

Two components will be conducted for 50 marks (25 marks each) – of which 1 field based Assignment will be given which is compulsory

The second component will be a Seminar Presentation/ case study/ group presentation etc.

End-Semester Examination: **Total Marks: 100**   **Duration: 3 hours**

Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2019–2020)

SOCIAL WORK WITH INDIVIDUALS

CODE:19SW/PC/WI14   **CREDITS:4**
                                                        L T P:4 0 0
                                        TOTAL TEACHINGHOURS:52

OBJECTIVES OF THE COURSE
- To understand Social Case Work as a method of Social Work and develop skills in Social Work practice
- To comprehend theory, models and approaches of Social Case Work
- To develop competencies and apply them in direct practice with Individuals and families
- To become aware of the scope of using the method in various settings

COURSE LEARNING OUTCOMES
On successful completion of this course, students will be able to

- Appreciate and practice the basic philosophy, principles and values of Social Case Work as a method of Social Work
- Learn the application of the theories and models in addressing the problems of individuals
- Demonstrate application of tools and techniques in enhancing practice in Social Work with individuals
- Acquire skills in recording and reflecting on work to grow professionally
- Understand the scope of Social Case Work in different settings

Unit   1   **(12 Hours)**
        Introduction to Social Casework
        1.1 Historical Development of Social Case Work as a Method of Social Work
             Practice – UK, USA and India, Concept and Definitions
        1.2 Philosophy, Values, Principles, Skills, Components of Social Case Work
        1.3 Indian Philosophical concepts of duty and Karma in Casework
        1.4 Case Work Relationship: Empathy, Skills in Building Relationship, Transference
             and Counter Transference
        1.5 Difference between Casework, Counselling and Psychotherapy

Unit   2   **(10 Hours)**
        The Helping Process
        2.1 Phase I- Psychosocial Study, Psychosocial Assessment
        2.2 Phase II- Intervention Plan and Goal Setting, Intervention
        2.3 Phase III- Termination, Evaluation and Follow up

Unit 3 (12 Hours)
Introduction to Models and Therapeutic Approaches of Case Work Practice
3.1 Psychoanalytic Approach, Psychosocial, Functional, Client Centred, Cognitive Behaviour Therapy, Transactional Analysis
3.2 Life Model, Task Centred, Family Centred Approach, Systems Approach, Strength Based, Evidence Based Approach. Use of Eclectic Approach in Practice

Unit 4 (10 Hours)
Tools and Techniques in Working with Individuals
4.1 Observation, Interviews, Home Visits, Collateral Contacts,
4.2 Resource Mobilization, Referrals, Environment Modification, Communication

Unit 5 (8 Hours)
Recording in Case Work
5.1 Uses and Types-Verbatim, Narrative, Condensed, Analytical, Topical, Summary Recording
5.2 Social Work Practice with Individuals in Different Settings and Limitations in Practice
5.3 Role of Casework in Hospital, School, Community, Institutional Setting and Workplace

BOOKS FOR STUDY
Upadhyay, R. K.*, Social Case Work*. Rawat, 2003.
Vyas, A.A. *New Directions in Social Work- Social Work Competencies - Core Knowledge, Values and Skills*. Delhi: Sage, 1996.

BOOKS FOR REFERENCE
Banerjee, G.R. *Papers on Social Work*, Mumbai. TISS, 1986
Bhattacharya, Sanjay. *Social Work, An Integrated Approach*. Deep & Deep, 2004.
Datar Sudha, Ruma, Bawikar et al. *Skill Training for Social Workers- A Manual*. New Delhi: Sage, 2010.
Hamilton, Gordon, *Theory & Practice of Social Case Work 2nd Edition*. Jaipur: Rawat, Indian Reprint, 2013.
Hepworth, D.H., Rooney, Rooney, Strom-Gotterfried & J.A. Larsen. *Theory and Skills in Social Work*. Cengage Learning India Pvt Limited, New Delhi, 2010.
Holosko, Michael J. Dulmus, Catherine C. and Sowers, M. Karen. (Ed.) *Social Work Practice with Individuals and Families – Evidence Informed Assessments and Intervention*.John Wiley and Sons, 2013.
Mathew, Grace. *An Introduction to Social Casework*. Mumbai TISS, 1992.
Misra, P.D. & Beena Misra.*Social Work Profession in India*. Lucknow: New Royal Book, 2004.
Trevithick, Pamela. *Social Work Skills – A Practice Handbook.* 2nd Edition. Jaipur: Rawat, 2009.

JOURNALS
Families in Society. Journal of Contemporary Social Services https://us.sagepub.com/en-us/nam
Journal of Social Work Values & Ethics Open access journal published by White Hat Communications

Social Work. http://www.oxfordjournals.org
The Social ION. www.indianjournals.com

WEB   RESOURCES
https://archive.org/details/whatissocialcase00mary
www.socialworkers.org/practice/CaseManagementStandards2013.pdf
www.routledgesw.com/caseStudies

PATTERN OF ASSESSMENT
Continuous Assessment Test: **Total Marks: 50**   **Duration: 90 minutes**
Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
One Compulsory Continuous Assessment Test will be conducted.

Other Components: **Total Marks: 50**
Two components will be conducted for 50 marks (25 marks each) – of which 1 field based Assignment will be given which is compulsory

The second component will be a Seminar Presentation/ case study/ group presentation etc.

End-Semester Examination   **Total Marks: 100**   **Duration: 3 hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2019–2020)

SOCIAL WORK WITH GROUPS

CODE:19SW/PC/WG14   **CREDITS:4**
L T P:4 0 0
TOTAL TEACHINGHOURS:52

OBJECTIVES OF THE COURSE
- To understand Social Group Work as a method of Social Work and to develop skills in Social Work practice
- To comprehend theory and models and apply them in direct practice with groups
- To become aware of the scope of using the method in various settings

COURSE LEARNING OUTCOMES
On successful completion of this course, students will be able to

- Acquire knowledge, skills and values in practicing Social Work with Groups
- Plan interventions based on appropriate Group Work models
- Demonstrate skills in applying Social Group Work in different settings.
- Acquire skills in recording and documentation

Unit   1   **(10 Hours)**
  Introduction to Group Work
  1.1 Historical Development of Social Group Work as a Method
  1.2 Definition and Meaning of Social Group Work
          1.2.1 Purpose, Objectives of Social Group Work
          1.2.2 Values, Skills of   Social Group Work
  1.3 Principles of Social Group Work
  1.4 The Use of Groups in Social Work

 Unit   2   **(10 Hours)**
  Types of Groups
   2.1 Definition and Characteristics of Groups
   2.2 Importance of Groups in Human Life
          2.2.1 Primary and Secondary Groups
          2.2.2 Formal and Informal Groups
          2.2.3 Open and Closed Groups
          2.2.4 Voluntary and Involuntary Groups
          2.2.4 Reference Groups
  2.3 Treatment Groups: Educational, Growth, Remedial, T Groups, Group
       Psychotherapy, Group Counselling
  2.4 Task Groups: Council, Committee and Team
  2.5 Developmental Groups: Self-Help Groups, Support Groups

Unit 3   **(12 Hours)**

Group Processes and Dynamics

3.1 Stages of Group Development: Tuckman (1963) Trecker (1972), Klien (1972),Northern & Kurland (2001) Model

3.2 The Influence of New Comers on Group Processes, Isolation, Rejection in Groups

3.3 Group-Bond, Sub Groups, Clique, Gang, Dyad, Triad, Group Norms

3.4 Group Membership, Group Cohesiveness, Group Pressure, Group Morale

3.5 Leadership, Team Building, Decision Making, Problem Solving, Conflict Management

3.6 Communication in a Group, Role Clarity in a Group, use of Sociometry

Unit 4   **(12 Hours)**

Phases of Group Work Process

4.1 The Planning Phase: Establishing Group Purpose, Assessing the Potential Membership of the Group, Recruiting Members, Composing the Group, Orienting Members to the Group, Contracting, Preparing the Group Environment

4.2 The Beginning Phase: Introduction, Motivation, Member Feedback, Defining the Purpose, Objectives, Goal Setting, Assessment Process

4.3 The Middle Phase: Preparing for Group Meetings, Structuring the Group Work, Intervention Strategies in Groups-Programme Planning and Implementation – Meaning and Principles of Programme Planning. Monitoring and Evaluating the Group Process

4.4 The Ending Phase: Preparing for Termination; Evaluation and Feedback

Unit 5   **(8 Hours)**

Group Work Models and Practice in different settings

5.1 Social Goals Model, Remedial Model, Reciprocal Model

5.2 Social Work Practice with Groups in different settings: Hospital, School Community, Industry and Institutional Setting

5.1 Recording in Group Work: Principles of Recording Importance of Recording, Skills required for Recording in Group Work, Types of Recording in Group Work

BOOKS FOR STUDY

Charles D. Gravin, Lorraine M. Gutierrez, Maeda J Galinsky. *Handbook of Social Work with Groups*: Rawat Publications, 2004

Siddiqui. H. Y. *Group Work: Theories and Practices*: Rawat, Publications, 2008

BOOKS FOR REFERENCE

Corey, Schneider Marianne. Corey, Gerald. *Groups -Processes and Practice*. Brooks/Cole Thomson, 2002

Johnson & Johnson. *Joining Together: Group Theory and Group Skills*. New Delhi: Premier,1982

Konopka, G. *Social Group Work: A Helping Process*: Eaglewood Cliffs: Prentice, 1963

Toseland, R.W & Rivas, R. *An Introduction to Group Work Practice*. New York: MacMillian, 1984

Trecker, H.B. *Social Group Work: Principles and Practice*. New York: Association Press, 1972

JOURNALS

The Journal for Specialists in Group Work https://www.tandfonline.com/loi/usgw20
Group Work Journals https://www.iaswg.org/group-work-journals

WEB   RESOURCES

http://www.yourarticlelibrary.com/society/social-groups-the-meaning-characteristics-classification-and-other-details
https://study.com/academy/lesson/stages-of-group-development-forming-storming-forming-performing-adjourning.html

PATTERN OF ASSESSMENT

Continuous Assessment Test: **Total Marks: 50**   **Duration: 90 minutes**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
One Compulsory Continuous Assessment Test will be conducted.

Other Components: **Total Marks: 50**

Two components will be conducted for 50 marks (25 marks each) – of which 1 field based Assignment will be given which is compulsory

The second component will be a Seminar Presentation/ case study/ group presentation etc.

End-Semester Examination: **Total Marks: 100**   **Duration: 3 hours**

Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2019-2020**)**

FIELD WORK I

CODE:19SW/PC/FW14   **CREDITS:4**

OBJECTIVES OF THE COURSE
- To develop self as a professional through acquiring knowledge, skills, attitudes and values appropriate for Social Work practice
- To enhance understanding of the socio-economic-cultural –rural realities
- To be oriented to rural life, enhance group living and leadership through planning and organisation of the rural camp
- Understand the agency as a system –agency philosophy, thrust, objectives, structure and management of service/programmes
- To analyse the social system and its impact on individuals, groups, family, community and understand the role and functioning of organisations- Governmental and Non-Governmental

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Acquire knowledge, attitude and values for professional practice.
- Begin to develop skills to analyse socio –economic-cultural-rural realities and their impact on individuals, families, groups and communities
- Be initiated to acquiring skills in systematic observation, critical analysis, develop a spirit of inquiry and document learning through preparation of family and community profile/reports
- Understand the role of a Social Worker in an agency and in the community
- Enhance their ability to plan, organise programmes and contribute as a team member
- Develop a commitment to the profession, its ethics and be inspired to work for social change

Lab sessions
Lab sessions are conducted on Social Work related themes. The sessions are designed to encourage participation and exploration of self. Students begin to internalise values and principles through sessions on self- awareness, communication, societal analysis, professional behaviour and reflective practice which is developed in the process.

Observation Visits
Observation visits are arranged for students to select social service organisations – governmental and non-governmental providing services to children, the elderly, persons with mental illness and communities. At these agencies, students are provided an orientation to the

organisation, study application of Social Work methods, agency programmes and have an opportunity to interact with the beneficiaries and the staff.

Rural Camp
The objective of the camp is to sensitize students to rural realities and understand the issues and concerns of those living in the rural areas. Through community visits and interaction, students enhance skills and learn to use techniques for understanding various resources and systems in the rural area.

Visits are organised to Governmental and Non- Governmental organisations working in the rural areas, to enable students understand the role, functions and intervention of these organisations in rural development.

Through week long stay together, students learn to appreciate and adjust in a larger group and enhance interpersonal relationships.

By working together and organising a rural camp, students acquire skills in planning, managing and implementing day to day activities thereby enhancing leadership and organizational skills.

Concurrent Field Work
Objective of Concurrent Field Work I is to understand the placement agency, its philosophy and goals. The students identify the agency's geographical area(s) of intervention, prepare a profile of the community and analyse its problems through need based strategies. Interview schedules are circulated for students to study thirty families and prepare a family study report. In the course of work, they study the groups in existence in the area in preparation for group formation and intervention in the forthcoming semester.

Duration – 30 days

PATTERN OF ASSESSMENT
Continuous Assessment: **Total Marks – 50**

Regular submission of weekly reports and weekly conference with faculty supervisor and field supervisor to plan and fulfil requirements of concurrent field work.
 Oral and written evaluation by faculty and field supervisor of tasks accomplished in field work.

At the end of semester, individual oral presentation of work completed in the field in classroom.
Submission of completed records of work and consolidated report for evaluation

End-Semester Examination: **Total Marks - 50**
Viva Voce examination by two external examiners

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2019-2020**)**

ALTERNATIVE MEDIA SKILLS WORKSHOP

CODE:19SW/PA/AM11   **CREDIT:1**
LTP:0 0 2
TOTAL TEACHING HOURS:26

OBJECTIVES OF THE COURSE
- To develop in students Alternative Media Skills through an understanding of theory and skills practice sessions
- To integrate Alternative Media Skills in Social Work practice
- To learn the different forms of folk art
- To learn the preparation and application of print, electronic, social media

COURSE LEARNING OUTCOMES
 On successful completion of the course, students will be able to

- Explore their potential through creative expression of self
- Appreciate and use the various forms of alternative media to effect social change
- Understand various techniques and skills for use of the various media
- Enhance confidence through stage and public performances, develop leadership and team skills using alternate media skills acquired.

Unit   1   **(4 Hours)**
 Alternative Media Skills
 1.1 Critic of Mainstream Media
 1.2 Introduction to Alternative Media Skills
 1.3 The Importance of Alternative Media Skills in Social Work Practice

Unit   2   **(12 Hours)**
 Different forms of folk art
 2.1 Street Theatre
 2.2 Folk Songs
 2.3 Folk Dances
 2.4 Puppetry

Unit 3   **(8 Hours)**
 Overview and Presentations
 3.1 Print Media : News Letter, Posters, Flip Charts
 3.2 Electronic Media: Documentary Films and Community Radio
 3.3 Human Media: Inter personal Communication and Intra Personal Communication
 3.4 Digital and Social Media : Digital Videography, Websites, Digital Audio and e-books, Twitter, whatsapp, Instagram, facebook

3.5 Analysing Media Ethics

Unit 4   **(2 Hours)**
Final performance in the Community

PATTERN OF ASSESSMENT

Internal Assessment
Participation and Performance-50 marks

End-Semester Examination Not applicable

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086

DEPARTMENT OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2019-2020)

COMMUNITY ORGANISATION AND SOCIAL ACTION

CODE:19SW/PC/CO24   **CREDITS:4**
                                                        L T P:4 0 0
                                         TOTAL TEACHING HOURS: 52
OBJECTIVES OF THE COURSE

- To impart knowledge in terms of concept and principles of Community Organisation (CO) and Social Action
- To understand Community Organisation and Social Action as a method of Social Work
- To learn the strategies and tactics employed in Community Organisation and Social Action
- To understand the application of various models of Community Organisation and Social Action

 COURSE LEARNING OUTCOMES
 On successful completion of the course, students will be able to

- Apply various approaches in community work along with the different steps to assess the community needs and to link them with the resources.
- Adapt strategies to solve social problems
- Bring changes in the social structure without violence and coercion.
- Modify the malfunctioning of the social and economic institutions

Unit   1   **(10 Hours)**
Introduction to Community Organisation
  1.1 History of Community Organisation
  1.2 The Charity Organisation and Federation, Expansion and Professional
       Development
  1.3 Community Organisation in UK and Community Organisation in India
  1.4 Concepts and Definitions, Rationale, Philosophy, Principles and Goals of
       Community Organisation
  1.5 Community Organization as a Problem Solving Method

 Unit 2   **(11 Hours)**
Approaches and Models of Community Organisation
  2.1 Relevance of Community Organisation for Community Development
  2.2 Distinction between Community Organisation and Community Development
  2.3 Approaches to Community Organisation by Murry Ross(1955)
  2.4 Other Approaches to Community Organisation: Neighborhood Organizing,
       Social Work Approach, Political Activists Approach, Community Development
       Approach

2.5 Models of Community Organisation by Jack Rothman: Locality Development, Social Planning and Social Action

Unit 3   **(11 Hours)**

Strategies and Process of Community Organisation and Skills of Community Social Worker

3:1 Strategies: Unionization Strategies, Information Collection and Community Meetings, Social Movements, Capability Building, Collaboration and Coordination, Networking, Protests and Demonstrations

3.2 Tools for Community Organisation: Participatory Rural Appraisal (PRA): Trends & timeline, Social mapping, Resource mapping, Seasonality study, Wealth ranking, Chappathi (Venn diagram)

3:3 Processes: Analysis, Study, Assessment, Discussions, Organization, Action, Evaluation, Modification, Continuation

3.4 Skills of Community Social Worker (CSW) - Communication, Training, Consultation, Organizing, Enabling, Facilitating, Public Relations, Mobilizing, Participatory Skills, Liaisoning

Unit 4   **(11 Hours)**

Social Action as a Method of Social Work

4.1 Concept and Definition, Objectives and Process of Social Action

4.2 Principles and Approaches to Social action

4.3 Social Action as a Method of Social Work

4.4 Types of Social Action; Elitist & Popular

4.5 Models of Social Action: Conscientization Model by Paulo Freire, Rural Reconstruction Model by Gandhi, Civil Rights Model by Martin Luther King, Radical Model by Saul Alinsky

Unit 5   **(9 Hours)**

Strategies of Social Action- Case Studies

5.1 Social Action in Relation to Case Work, Group Work, Community Organisation

5.2 Social Action in Relation to Social Welfare Administration, Social Work Research,

5.3 Social Action in Relation to Social Structure, Social Disagreement, Social Change

5.4 Social Action in Relation to Ideology and Consciousness, Community Development and Social Movements

BOOKS FOR STUDY

http://www.bahaistudies.net/neurelitism/library/community-organization.pdf

Christopher A.J. Thomas William .A, *Community Organisation and Social Action*, Himalaya Publishing House, 2009

BOOKS FOR REFERENCE

Alan Twelvetrees, Community Development Social Action And Social Planning Palgrave Macmillan,2017

Cox. M. Fred and Erlich L. John, *Strategies of Community Organisation*, F.E. Peacock Publishers, Inc. Illinois,1987

Lakshmipathi Raju, Community Organization And Social Action, Regal

Murray G. Ross, *Community Organisation*, Harper and Row Publishers, New York. 1955 Publication, 2012

Zander Alvin, Effective Social Action by Community Group, Jossey-bass, 1991

WEB RESOURCES

http://Community Organisation: Concepts and Principles - IGNOU

PATTERN OF ASSESSMENT

Continuous Assessment Test: **Total Marks: 50**   **Duration: 90 minutes**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)

Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)

Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)

One Compulsory Continuous Assessment Test will be conducted

Two components will be conducted for 50 marks (25 marks each) – of which 1 field based Assignment will be given which is compulsory

The second component will be a Seminar Presentation/ case study/ group presentation etc.

End-Semester Examination: **Total Marks: 100**   **Duration: 3 hours**

Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)

Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)

Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2019–2020)

SOCIAL WORK RESEARCH AND STATISTICS

CODE:19SW/PC/SR24   **CREDITS:4**
                                                          L T P:4 0 0
                                              TOTAL TEACHINGHOURS:52

OBJECTIVES OF THE COURSE

- To understand the nature, principles and methods of Social Work Research
- To develop the skills of independently conceptualizing a problem and executing a research study
- To understand the nature, tools and process of qualitative research
- To understand and learn the application of appropriate statistical techniques in Social Work Research

COURSE LEARNING OUTCOMES
On successful completion of this course, students will be able to

- Demonstrate understanding and mastery of the knowledge, values, skills relevant to research competencies
- Efficiently execute research studies independently
- Demonstrate knowledge and skills of application of qualitative research
- Appropriately apply statistical techniques in Social Work Research

Unit   1   **(10 Hours)**
        Social Work Research – An Introduction
        1.1 Basic Elements of Scientific Method
        1.2 Social Work Research – Definition, Objectives, Scope and Limitations
        1.3 Scientific Attitude, Ethics in Social Work Research
        1.4 Quantitative and Qualitative Research
        1.5 Planning a Research Project: Problem Formulation, Framing Objectives, Defining
            Concepts, Use of Theorization in Review of Literature, Variables: Definition and
            Function; Assumptions – Hypotheses, Types of Hypotheses

Unit   2   **(12 Hours)**
        Design of Research
        2.1 Definition and Functions
        2.2 Types of Designs: Survey, Case Study, Exploratory, Descriptive, Explanatory,
            Experimental, Evaluative (single case evaluation) Census Study, Ex-Post Facto,
            Action and Participatory Designs

2.3 Applications and Limitations of Various Designs
2.4 Sampling Methods –Definition. Types of Sampling: Probability Sampling
2.5 Non-Probability Sampling – Purposive, Quota, Cluster, Snowball
     Simple, Systematic, Stratified, Multi- Stage
2.6 Sampling Error

Unit   3   **(10 Hours)**
Methods and Tools of Collecting Data
3.1 Observation – Participant, Non-Participant, Process of Observation

3.2 Interview Schedule, Interview Guide

3.3 Questionnaire, Scaling Techniques and Types
3.4 Reliability and Validity of Tools
        3.4.1 Concept of Reliability, Factors Affecting Reliability of an Instrument,
               Methods of Determining Reliability of a Tool
        3.4.2 Concept of Validity, Types of Validity
3.5 Data Processing
        3.5.1 Manual and Computerised Data Presentation and Analysis
        3.5.2 Editing, Coding, Preparation of Master Sheet, Tabulation and
               Interpretation
        3.5.3 Report Writing, Research Abstracts

Unit   4   **(8 Hours)**
Overview of Qualitative Research
4.1 Nature of Qualitative Research, Assumptions, Characteristics
4.2 Tools of Data Collection – Key Informant, Focus Group Discussion, Participatory
      and Rapid Appraisal Techniques
4.3 Process of Qualitative Research; use of computerized software for analysis

Unit   5   **(12 Hours)**
Application of Statistics in Social Work
5.1 Statistics in Social Work: Normal Distribution, Characteristics of a Normal Curve
5.2 Levels of Measurement – Nominal, Ordinal, Interval and Ratio
5.3 Measures of Central Tendency – Mean, Median, Mode and their Uses
5.4 Measures of Dispersion – Range, Quartile Deviation, Mean Deviation, Standard
      Deviation
5.5 Use of Graphs in Presentation of Data
5.6 Tests of Significance: Need, Merits and application
        5.6.1 Hypothesis Testing, Type I and II Error
        5.6.2 Level of Confidence, Degrees of Freedom, Chi Square and t-Test

BOOKS FOR STUDY
Kumar, Ranjit. *Research Methodology*. New Delhi: Pearson Education, 2005
Kothari, C. R. *Research Methodology: Methods & Techniques*. New Age International Pvt
Ltd, 2009

BOOKS FOR REFERENCE

Alston, M. Bocoles, W. *Research for Social Workers: An Introduction to Methods*. Jaipur: Rawat Publications, 2003

Chawla, D. & Sodhi, N. *Research Methodology: Concepts and Cases*. New Delhi: Vikas Publishing House PVT Ltd, 2011

Goode, W.J., Hatt, P.K. *Methods in Social Research*. Singapore: McGraw Hill, 1981

Gupta, S. P. *Statistical Methods*. New Delhi: Sultan Chand and Sons, 2003

Laldas, D. K. *Practice of Social Research.* Jaipur: Rawat, 2000

Laldas,D.K. *Designs of Social Research*. Jaipur: Rawat, 2005

Rubin,Allen and Babbie, Earl. *Research Methods for Social Work*. New Delhi: Cengage Learning, 2011

JOURNALS

Social Work Research https://academic.oup.com/swr

Journal of Social Work https://journals.sagepub.com/home/jsw

Research on Social Work Practice https://journals.sagepub.com/home/rsw

WEB   RESOURCES

https://research-methodology.net/research-methodology/research-types/
https://www.youtube.com/watch?v=bQ5_PPRPjG4

PATTERN OF ASSESSMENT

Continuous Assessment Test: **Total Marks: 50**   **Duration: 90 minutes**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)

Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)

Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)

One Compulsory Continuous Assessment Test will be conducted.

Other Components   Total Marks: 50

Two components will be conducted for 50 marks (25 marks each) – of which 1 field based Assignment will be given which is compulsory

The second component will be a Seminar Presentation/ case study/ group presentation etc.

End-Semester Examination   Total Marks: 100   Duration: 3 hours

Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)

Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)

Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

DEPARTMENT OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2019-2020**)**

MANAGEMENT OF DEVELOPMENT ORGANISATIONS

CODE:19SW/PC/MO24   **CREDITS:4**
                                                                            L T P:4 0 0
                                        TOTAL TEACHING HOURS:52

OBJECTIVES OF THE COURSE

- To understand procedures and policies in establishing and maintaining development organisations
- To understand the administrative structure of the development organisations
- To acquire skills to participate positively in the management of resources, physical, financial and human and management of programmes as part of the team.
- To understand the role of development organisations in the development field.
- To develop skills to formulate and prepare projects.

COURSE LEARNING OUTCOMES

On successful completion of the course, the students will be able to

- Apply procedures and policies in establishing and maintaining development organisations
- Apply skills to manage administrative structures of the development organisations
- Demonstrate aptitude and skills to participate positively in the management of resources, physical, financial and human and management of programmes as part of the team.
- Exhibit skills to prepare project proposals and apply tools for management of development organisations

Unit   1   **(11 Hours)**
   Introduction to Management
      1.1 Management: Meaning, Definition, Nature of management,
      1.2 Management: Basic Concepts and Principles; Goals of Management;
            Approaches to Management – Behavioral Approach, Human Relation
            Approach of Social Work Principles in Management of Welfare Organization
      1.3 Management as a profession, Historical perspectives, Henry Fayol, Principles
            of Scientific Management, F. W. Taylor, Management Vs. Administration,
      1.4 Approach to Management: Human Resource approach, System approach.

Unit   2   **(11 Hours)**
   Management Functions
      2.1 Management Functions: Concept and Principles of Management Planning,
            Policy Making, Goal Setting, Organization, Staffing, Coordination,
            Communication, Supervision and Control, Public Relations and Publicity;
            Reporting and Evaluation.

2.2 Planning: Meaning Definition, Features of Planning, Planning process, Types of planning, Strategic planning and Management

2.3 Managerial Role, Functions and skills: Managerial Role, levels of management, functions, managerial skills of an effective manager

2.4 Conflict Management: Meaning, types of Conflict, impact of Conflict on organizationa performance, Conflict management and strategies

Unit 3   **(11 Hours)**

Management of Organisation

3.1 Organization of NGOs: Board, Trustee Committees, Executives and their roles and functions Laws related to NGO

3.2 Society Registration Act 1976s, Trust Act Of 1912, Cooperative Societies Act 1912   FCRA, FERA and related issues.

3.3 Organisational Management; Mission and Vision; Governance, Delegation, decentralization, coordination, collaboration, authority, responsibility accountability; Organisational design of Partnerships between private and public spaces, collaborations

Unit   4   **(11 Hours)**

Policies and Programmes

4.1 Projects and Programmes: Ministry of Social Welfare Board, State Social Advisory Board, Social Defence and SC/ST Department.

4.2 Donor Agencies: National and International agencies Action Aid, CARITAS and World   Vision

4.3 Concepts of CSR, its principles, CSR through NPOs

4.4 Planning of Project Proposals – Types, Steps, Format, Fund Raising and Evaluation of Projects; Project Management.

Unit   5   **(8 Hours)**

Tools for Management and Organisation

5.1 Organizational Development.

5.2 Tools for Management and Planning: PERT, CPM, Social Audit

BOOKS FOR STUDY

Jayasankar. J, *Principles of Management,* Margham Publications, Chennai, 2013

BOOKS FOR REFERENCE

Prasad L.M., *Organisational Behaviour*, 4th edition, New Delhi, Sultan Chand and Sons Publisher, 2004

Anand Sirohi, *Encyclopedia of Social Welfare Modern Perspective on Social Welfare*, Domain Publishes and Distribution Publication, New Delhi,2003

PATTERN OF ASSESSMENT

Continuous Assessment Test: **Total Marks: 50**   **Duration: 90 minutes**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)

One Compulsory Continuous Assessment Test will be conducted.

Other Components   **Total Marks: 50**

Two components will be conducted for 50 marks (25 marks each) – of which 1 field based Assignment will be given which is compulsory
The second component will be a Seminar Presentation/ case study/ group presentation etc.

End-Semester Examination: **Total marks: 50**   **Duration: 3 hours**

Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2019-2020)

FIELD WORK II

CODE:19SW/PC/FW24   **CREDITS:4**

OBJECTIVES OF THE COURSE

- To enable the student to understand the social realities and factors influencing community life.
- To understand the application of methods of Social Work – Social Case Work, Social Group Work Community Organisation and Social Action
- To analyse the needs and problems of individuals, groups and communities
- To apply skills of Social Case Work, Social Group Work, Community Organisation and Social Action and utili
- se the appropriate method to address the needs
- To consciously practice Social Work values, beliefs and principles in working with agency, community and related agencies
- To identify and mobilise resources to fulfil needs of individuals, groups and communities
- To mobilise the community to participate in the programmes of the agency
- To learn and apply the skills of planning, implementing and evaluating one's work
- To understand the importance of recording and practice the different types of recording
- To become aware of personal resources and potential to develop the professional self

COURSE LEARNING OUTCOMES
On successful completion of the course, students will be able to

- Demonstrate ability to analyse the social situations of individuals, groups and communities
- Understand the role of organisations
- Practice the principles of Social Work
- Identify and apply the different methods of Social Work appropriately
- Identify and facilitate solutions of individual, group and community problems through the application of Social Work knowledge, attitudes, practice and skills
- Demonstrate skills in planning, identifying and mobilising resources to organise programmes and meet needs of different groups
- Identify and utilise one's potential for personal and professional growth
- Demonstrate the skills in recording and evaluating work

Duration – 30 days - 2 days per week, 15 hours per week — 750 hours per semester

CONCURRENT FIELD WORK

- Apply the Methods of Social Case Work, Social Group Work, Community Organisation and Social Action in the field
- Identify and complete five case work in the community.
- Identify, form, mobilize and/or strengthen existing groups in the community and organise an appropriate programme in keeping with group needs
- Organise a community programme/campaign/ awareness drive etc. using community organisation principles and programme planning skills.

PATTERN OF ASSESSMENT
Continuous Assessment Test:　　　　**Total Marks - 50**

Regular submission of weekly reports and weekly conference with Faculty supervisor and Field Supervisor to plan and fulfil requirements of concurrent field work.

At the end of semester, individual oral presentation in the classroom of work completed in the field

Submission of completed records of work and a consolidated report to be submitted

Oral and a written evaluation of the student to be submitted both by Faculty and Field Supervisor

End-Semester Examination:　　　　**Total Marks - 50**

Viva Voce examination by two external examiners

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2019-2020)

SOCIAL WORK FOR PEACE BUILDING AND CONFLICT TRANSFORMATION

CODE:19SW/PK/PB22
CREDITS:2
L T P:2 0 0
TOTAL TEACHING HOURS:26

OBJECTIVES OF THE COURSE
- To introduce students to the concepts of peace building and conflict transformation
- To facilitate students to effectively use the tools and techniques for peace building and positive change in the community
- To enable students understand the role of Social Work Profession in Peace Building and Conflict Transformation

COURSE LEARNING OUTCOMES
On successful completion of this course, students will be able to

- Identify and recognise issues that call for peace building and conflict transformation
- Recognize that peace building and conflict transformation are effective tools for enhancing human progress
- Apply appropriate models of peace building and conflict transformation whenever Required
- Understand the role of Social Work in peace building and conflict transformation

Unit   1   **(5 Hours)**
  Peace: Definition and meaning, Peace as a Global Issue and as the Antithesis of Violence; Conscientization and Empowerment for building peace; Peace initiatives promoting Human Rights, Social Justice and Equality

Unit   2   **(5 Hours)**
  Paradigms of Peace: Personal and Societal Peace, Peace Advocacy and Social Change, Human Rights Issues and Peace building, Inter-Cultural Solidarity, Feminization of Culture, Environmental Issues and Peace building approaches

Unit   3   **(5 Hours)**
  Conflict: Definition and concepts of Conflict, types of conflicts, Crises and Disputes, Conflict situations, causes and effects

Unit   4   **(5 Hours)**
  Tools and Techniques in conflict mapping: Conflict map, Conflict tree, Time line, Power triangle, ABC triangle, force field analysis; Needs, interests and positions, relationship map, structural analysis

Unit 5 (6 Hours)

Models for Peace Building: Models of Peace Building-Local Capacities for peace model, Do no harm model. Skills for peace building; mediation, negotiation, consensus building and appreciative enquiry. Role of Social Work in Peace Building, Institutional Building, Dialogue and Reconciliation

BOOKS FOR STUDY

United Nations (UN). *Transforming Our World: The 2030 Agenda for Sustainable Development.* 2015

Lombard, A. *Global agenda for Social Work and Social Development: A path towards sustainable social work.* Social Work (Stellenbosch. Online), 51.4. 3- 462. 2015

BOOKS FOR REFERENCE

Barash, David P. and Charles P. Webel. *Peace and Conflict Studies*. Thousand Oaks, CA: Sage Publications. 2002.

Chang, Andrew, et al. *Race, Injustice, and Conflict Resolution. In Re-Centering: Culture and Knowledge in Conflict Resolution Practice. Syracuse*, NY: Syracuse University Press. 2008.

Erin, M., & Rogan, J. *Bringing Peace Closer to the People: The Role Of Social Services In Peace-Building.* Journal of Peace Building and Development, 8 (3), 1-6. 2013

Francis, Diana. People, *Peace, and Power: Conflict Transformation in Action*. London: Pluto Press. 2002.

Gilligan, James. *Preventing Violence*. New York: Thames and Hudson. 2001.

Lombard, A. *Global Agenda for Social Work and Social Development: A path towards sustainable social work. Social Work* (Stellenbosch. Online), 51.4. 3- 462. 2015

Morgaine, K. *Conceptualising Social Justice in Social Work: Are social workers 'too bogged down in the trees?'* Journal of Social Justice, 4, 2164-7100. 2014

United Nations (UN).*Transforming Our World: The 2030 Agenda for Sustainable Development.* 2015

Yesufu, A. '*A Peace Paradigm in Social Work' Socialist Studies/Etudes Socialistes*, 2, 2. 2009.

PATTERN OF ASSESSMENT

Continuous Assessment Test:	Total Marks : 50
Classroom exercises in self-development	-20 marks
Assignment	-20 marks
Participation and Communication in classroom	-10 marks

End-Semester Examination – Not Applicable

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2019-2020)

HEALTH INFORMATION AND COMMUNICATION WORKSHOP

CODE:19SW/PA/HI21   **CREDIT:1**
                                                           L T P:0 0 2
                                           TOTAL TEACHING HOURS:26

OBJECTIVES OF THE COURSE
  • To provide basic health information and education to the students
  • To understand the need for communication in health education
  • To learn the use and preparation of health education aids
  • To acquire skills in health education

COURSE LEARNING OUTCOMES
On successful completion of this course, students will be able to

  • Demonstrate knowledge of illness conditions and treatment services to address the
    conditions
  • Demonstrate knowledge of methods of communication in health education
  • Display skills in educating the community through field practice
  • Display skill of preparation and presentation of low cost nutritive food

Unit   1   **(9 Hours)**
       Health Information
       1.1 Concept of Public Health – Epidemiology, Vital Statistics – Birth Rate, Death
           Rate, IMR, MMR
       1.2 Symptoms, Causes, Prevention, Treatment and Control of Major Communicable
           Diseases –Leprosy, TB, STD, Poliomyelitis, Malaria, Cholera, Typhoid,
            Diarrhoea , HIV/AIDS
       1.3 Major Non Communicable Diseases- Cancer, Diabetes, Hypertension, Asthma,
           Cardiac Disorder, Mental Disorders
       1.4 Clinical Manifestation of Mental Retardation, Alcohol and Drug Dependence
       1.5 Basics in First Aid
       1.6 Menstrual health and Hygiene

Unit   2   **(2 Hours)**
       Health Education
       2.1 Concept, Objectives, Principles of Health Education; Need in the Indian
            context
       2.2 Models and Methods of Health Education
       2.3 Planning, Implementation, Evaluation and Promotion of Health Education
            Programmes
        2.4 Role of Health Educator

Unit   3   **(2 Hours)**
   <mark>Communication in Health Education</mark>
      3.1 Concept of Health Communication as a Process, Principles and Barriers in
          Communication
       3.2 Behaviour Change Communication and Information Education and
          Communication

Unit   4   **(13 Hours)**
   <mark>Use and Preparation of Educational Aids</mark>
      4.1 Audio Aids – Megaphone
      4.2 Visual Aids – Blackboard, Pictures, Cartoons, Photographs, Posters, Charts,
          Flashcards, Flannel Boards, Printed Materials – Books, Booklets, Pamphlets,
           Brochure
      4.3 Electronic Media, Social Media
      4.4 Traditional Media – Folk Songs, Folk Dance, Drama
      4.5 Demonstration of Low-Cost Nutritive Food

BOOKS FOR STUDY
Park, K., *Preventive and Social Medicine*, Jabelpur: Banarasidas, 2015

BOOKS FOR REFERENCE
Gopal, Rukmani. *Health Education for Teachers from a Doctor's Perspective*. Neelkamal
Publications Pvt. Ltd. 2011
Nanda, V.K., *Health Education.* New Delhi: Anmol, 1997.
Prakash Ramachandran, L, & Dharmalingam, *Health Education – A New Approach.* New
Delhi: Vikas, 1993.
Rao, Prakasa MVSS. *Health Education and Health Care*. The Associated Publishers. 2013
Goel, S.L., *Health Care System and Management.* (Vol. 2), New Delhi: Deep & Deep, 2001

JOURNALS
International Journal of Health Education
Journal of Human Nutrition

WEB RESOURCES
https://who.int/topics/health_education/en
www.imedpub.com/scholarly/health-education-journals-articles-ppts-list.php

PATTERN OF ASSESSMENT
Continuous Assessment Test: **Total: 50 marks**
Seminar Presentation using educational aids prepared by student – 25 marks
Demonstration- Preparation of low cost nutritious food- 25 marks

End-Semester Examination- Not Applicable

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015-2016)

SOCIAL WORK PROFESSION – HISTORY, PHILOSOPHY AND IDEOLOGIES

CODE: 15SW/PC/SP14   **CREDITS: 4**
                                              L T P: 4 0 0
            TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

- To acquire knowledge on the evolution of Social Work and its emergence as a profession
- To comprehend its underlying ideologies, philosophical base, theories and approaches to practice
- To gain an understanding of current trends in Social Work practice

Unit   1   **Historical Evolution of Social Work**   **(10 hrs.)**
  1.1   International Perspectives: UK, USA and Asian Perspectives
  1.2   Social Work in India: Socio-Cultural and Religious Thought, Constitutional Safeguards; Social Reform Movements, Christian Missionaries, Gandhian Social Work, India as a Welfare State
  1.3   Role and Contributions of Voluntary Organizations, NGOs and CSOs

Unit   2
Social Work Profession   **(10 hrs.)**
  2.1   Meaning and Definition; Social Work as a Profession; Basic Concepts; Goals and Functions; Methods and Fields
  2.2   Origin and Growth of the Profession in India: Scope of Professional Practice Problems and Status, International/National Bodies and Forums
  2.3   Social Work Education; Importance of Fieldwork and Supervision; Problems and Status; Bodies/Forums in Education, Curriculum Recommendations of UGC

Unit   3
Social Work Ideologies, Theories and Approaches   **(10 hrs.)**
  3.1   Ideologies: Philanthropy, Humanitarianism, Welfarism, Socialism, Democracy, Marxism, Equality, Human Rights and Social Justice
  3.2   Analysis of Theories and Practice Models: Welfare, Developmental, Empowerment and Advocacy Models, Trend Analysis of Practice - from Welfare and Development to Rights Based Approaches
  3.3   Approaches: Remedial, Rehabilitative, Preventive and Promotive Approaches, Rights Based, Participatory, Indigenous Approaches, Anti-Discriminatory Practice

Unit   4
Philosophy of Social Work Profession   **(12 hrs.)**
  4.1   Values and Beliefs: Respect for the Person, for Differences, for Individual's Right to Self-Determination and Self-Expression, Respect for Democratic Values and Diversity
  4.2   Belief in the Value and Dignity of the Human Being
      4.2.1   Uniqueness of Individuals, Groups and Community, Individual's Right to Fulfilment and Self-Actualization
      4.2.2 Right for Equality, Reciprocal Rights and Responsibilities of Individuals   and   Society, Capacity of Individuals and Communities to Change

        4.2.3   Principles: Acceptance,   Individualization,   Confidentiality,   Client Participation,   Non-Judgemental   Attitude,   Controlled   Emotional Involvement

4.3   Code of Ethics: Evolution of Code of Ethics, Declaration of Ethics for Social Workers (SWEF - 1997). International Association of Social Work-IASSW-2004

Unit 5
International Social Work   **(10 hrs.)**

5.1   Concept, Definition and Meaning, Global Issues and Need for International Practice, Basic Concepts, Principles and Assumptions; Values, Beliefs and Goals; Practice Levels and Sectors; Global Forces Influencing International Practice

5.2   Approaches: Personal, Social, Developmental, Global; Multicultural, International and Transnational Practice Models; Global Agenda; Global Standards

5.3   Role of International Agencies: UN Agencies, INGOs and Human Rights Organisations; International Service-Delivery Programmes; Skills for International Practice ; Dilemmas in International Practice

BOOKS FOR STUDY

Cox David, Manohar Pawar, *International Social Work; Issues, Strategies and Programmes.* New Delhi; Vistaar. 2006.

Dominelli, L.D., *Social Work: Theory and Practice for a Changing Profession*. Cambridge: Policy. 2004.

Healy, L.M., *International Social Work: Professional Action in an Interdependent World.* New York: Oxford University Press. 2001.

Payne, M., *Modern Social Work Theory: A Critical Introduction.* Hong Kong: Maxmillan Education. 1991.

Watson David (ed), *Code of Ethics of Social Work- The Second Step.* London: Routledge and Kegan Paul.1971.

BOOKS FOR REFERENCE

Antony A. Vass, *New Directions in Social Work- Social Work Core Knowledge Values and Skills.* New Delhi: Sage, 1996.

Deol Mark, *Contemporary Field Social Work.* New York: Sage,2011.

Midgley, J., *Professional Imperialism: Social Work in the Third World.* London: Heinemann, 1981.

Midgley, J., *Social Work in International Context: Challenges and Opportunities for the 21st Century.* In M. Reisch & E. Gambrill (Eds.), *Social Work in the 21st Century* (pp. 59-67). CA: Thousand Oaks, Pine Forge, 1997.

Nagpaul, H., *The Diffusion of American Social Work to India.* New York: International Social Work, 1997.

NASW & Oxford University Press, *Encyclopaedia of Social Work,* London: Co-published by the NASW Press and Oxford University Press,2008.

O'Neil Maria Joan, *The General Method of Social Work Practice.* New Jersey: Prentice Hall Inc, 1984.

Payne, M., *Social Work Education: International Standards.* In Hessle, S. (Ed.), *International Standard Setting of Higher Social Work Education*, Stockholm University; Stockholm Studies of Social Work, 2001.

Reisch Michael, Eileen Gambrill, *Social Work in the 21st Century.* New Delhi: Pine Forge Press, 1997.

Timms Noel, *Social Work Values - An Enquiry.* London: Routledge and Kegan Paul, 1983.

University Grants Commission, *I and II Review Commission on Social Work Education.* New Delhi: University Grants Commission, 1992.

Zastrow Charles, *Introduction to Social Work and Social Welfare.* New York: Sage, 2011

JOURNALS

Indian Journal of Social Work, Tata Institute of Social Sciences, Mumbai, India
Asia-Pacific Journal of Social Work and Development, National University of Singapore. Dept. of Social Work and Psychology, Singapore
International Social Work, Sage Publications, www.sagepub.com

WEB RESOURCES

isw.sagepub.com/content/51/6/847.citation
www.unv.org
www.un.org
www.worldbank.org
www.iassw-aiets.org: International Association of Schools of Social Work
www.icsd.info: International Consortium for Social Development
www.icsw.org: International Council on Social Welfare
www.ifsw.org: International Federation of Social Workers

PATTERN OF EVALUATION
Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

SYLLABUS
(Effective from the academic year 2015 – 2016)

SOCIAL WORK WITH INDIVIDUALS

CODE: 15SW/PC/WI14   **CREDITS: 4**
                                       L T P : 4 0 0
TOTAL TEACHINGHOURS : 52
OBJECTIVES OF THE COURSE

- ➢   To understand Social Case Work as a method of Social Work and develop skills in Social Work practice
- ➢   To comprehend theory and models and apply them in direct practice with individuals
- ➢   To become aware of the scope of using the methods in various settings

Unit 1
    Introduction to Social Casework   **(12 hrs.)**   1.1
Historical Development of Social Case Work as a Method of Social Work
        Practice, Concept and Definitions
    1.2   Philosophy, Values, Principles, Skills, Components of Social Case Work
    1.3   Case Work Relationship: Empathy, Skills in Building Relationship, Transference and Counter Transference
    1.4   Difference between Casework, Counselling and Psychotherapy

Unit 2
    The Helping Process   **(10 hrs.)**
    2.1   Phase I- Psychosocial Study, Psychosocial Assessment
    2.2   Phase II- Intervention Plan and Goal Setting, Intervention
    2.3   Phase III- Termination, Evaluation and Follow up

Unit 3
    Introduction to Models and Therapeutic Approaches of Case Work Practice
                                                       (12 hrs.)
    3.1   Psychoanalytic Approach, Psychosocial, Functional, Client Centered, Cognitive Behaviour Therapy, Transactional Analysis
    3.2   Life Model, Task Centered, Family Centered Approach, Systems Approach, Strength Based, Evidence Based Approach and Integrated Approach. Use of Eclectic Approach in Practice

Unit 4
    Tools and Techniques in Working with Individuals   **(10 hrs.)**
    4.1   Observation, Interviews, Home Vists, Collateral Contacts, Resource Mobilization, Referrals, Environment Modification, Communication

Unit 5
    Recording in Case Work   **(8 hrs.)**

5.1 Uses and Types-Verbatim, Narrative, Condensed, Analytical, Topical, Summary Recording

5.2 Social Work Practice with Individuals in Different Settings and Limitations in Practice

5.3 Role of Casework in Hospital, School, Community, Institutional Setting and Industries

BOOKS FOR STUDY

Fischer, Joel. *Effective Case Work Practice: An Eclectic Approach.* New York: Mc Graw Hill, 1978.

Upadhyay, R. K*., Social Case Work*. Jaipur: Rawat, 2003.

Vyas, A.A. *New Directions in Social Work- Social Work Competencies - Core Knowledge, Values and Skills.* Delhi: Sage, 1996.

BOOKS FOR REFERENCE

Bhattacharya, Sanjay. *Social Work, An Integrated Approach*. New Delhi: Deep & Deep, 2004.

Datar Sudha, Ruma, Bawikar et al. *Skill Training for Social Workers- A Manual*. New Delhi: Sage, 2010.

Hamilton, Gordon, *Theory & Practice of Social Case Work 2nd Edition*. Jaipur: Rawat, Indian Reprint, 2013.

Hepworth, D.H. & J.A. Larsen. *Direct Social Work Practice: Theory and Skills.* Dorsey Press, 1993.

Hollis, F. *Case Work: A Psychosocial Therapy*. New York: Randam House, 1964.

Mathew, Grace. *An Introduction to Social Casework.* Mumbai TISS, 1992.

Misra, P.D. & Beena Misra.*Social Work Profession in India.* Lucknow: New Royal Book, 2004.

Perlman, Helen Harris, *Social Casework*, Chicago: The University of Chicago Press, 1957.

Pippins, J. *Developing Case Work Skills*. USA: Sage, 1980.

Trevithick, Pamela. *Social Work Skills – A Practice Handbook.* 2nd Edition. Jaipur: Rawat, 2009.

JOURNALS

Journal of Contemporary Social Services – Families in Society
Journal of Social Work Values & Ethics Open access journal published by White Hat Communications

WEB RESOURCES

https://archive.org/details/whatissocialcase00mary

www.socialworkers.org/practice/CaseManagementStandards2013.pdf

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015 – 2016)

SOCIAL WORK WITH GROUPS

CODE: 15SW/PC/WG14   **CREDITS: 4**
                                                        L T P: 4 0 0
                                        TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

➢ To understand Social Group Work as a method of Social Work and to develop skills in Social Work practice
➢ To comprehend theory and models and apply them in direct practice with groups
➢ To become aware of the scope of using the method in various settings

Unit   1
   Introduction to Group Work   **(10 hrs.)**
   1.1   Historical Development of Social Group Work as a Method
   1.2   Definition and Meaning of Social Group Work
         1.2.1 Purpose, Objectives of Social Group Work
         1.2.2 Values, Skills of Social Group Work
   1.3   Principles of Social Group Work
   1.4 The Use of Groups in Social Work

Unit 2
   Types of Groups   **(10 hrs.)**
   2.1   Definition and Characteristics of Groups
   2.2   Importance of Groups in Human Life
          2.2.1   Primary and Secondary Groups
          2.2.2   Formal and Informal Groups
          2.2.3   Open and Closed Groups
          2.2.4   Reference Groups
   2.3 Treatment Groups: Educational, Growth, Remedial, T Groups, Group Psychotherapy, Group Counseling
   2.4 Task Groups: Council, Committee and Team
   2.4 Developmental Groups: Self-Help Groups, Support Groups

Unit   3
   Phases of Group Work Process   **(12 hrs.)**
   3.1 The Planning Phase: Establishing Group Purpose, Assessing the Potential
        Membership of the Group, Recruiting Members, Composing the Group, Orienting
        Members to the Group, Contracting, Preparing the Group Environment

   3.2 The Beginning Phase: Introduction, Motivation, Member Feedback, Defining the
         Purpose, Objectives, Goal Setting, Assessment Process
   3.3 The Middle Phase: Preparing for Group Meetings, Structuring the Group Work,
         Intervention Strategies in Groups-Programme Planning and Implementation –
         Meaning and Principles of Programme Planning. Monitoring and Evaluating the
         Group Process
   3.4 The Ending Phase: Preparing for Termination; Evaluation and Feedback

Unit 4

Group Processes and Dynamics (12 hrs.)

4.1 Stages in a Group Development, The Influence of New Comers on Group Processes, Isolation, Rejection in Groups

4.2 Group-Bond, Sub Groups,Clique, Gang, Dyad, Triad, Group Norms

4.3 Group Membership, Group Cohesiveness, Group Pressure, Group Morale

4.4 Leadership, Team Building, Decision Making, Problem Solving, Conflict Management

4.5 Communication in a Group, Role Clarity in a Group, use of Sociometry

Unit 5

Group Work Models and Practice in different settings (8 hrs.)

5.1 Social Goals Model, Remedial Model, Reciprocal Model

5.2 Social Work Practice with Groups in different settings: Hospital, School Community, Industry and Institutional Setting

5.3 Recording in Group Work: Importance of Recording, Skills required for Recording in Group Work, Types of Recording in Group Work

BOOKS FOR STUDY

Bhattacharya, Sanjay. *Social Work an Integrated Approach*. New Delhi: Deep & Deep, 2008.

Choudhary, Paul. *Introduction to Social Work*. Delhi : Atma Ram & Sons,1983.

Douglass, Tom. *Group Processes in Social Work – A Theoretical Synthesis*. New Delhi: Thomson, 1979.

Jha, Jainendra Kumar. *Encyclopaedia of Social Work*. New Delhi: Anmol,2001.

Toseland, R.W. Rivas. R.F. *An Introduction to Group Work Practice*. New York: Macmillan, 1984.

BOOKS FOR REFERENCE

Balagopal, P.R .Vassil, T.V. *Group in Social Work an Ecological Perspective*. New York: Macmillan, 1983.

Barhard. *The Use of Groups in Social Work Practice*. USA : Routlede& Kegan Paul,1975.

Bhatt R.M. *Records of Group Work Practice in India.* Baroda University : Baroda,1960.

Doel, Mark &Sawda, Catherine.*The Essentials of Group Worker*. London: Jessica Kingsley, 2003.

Garvin, Charlesd.D.Gutierrez, Lorraine .M. Galinsky, Maeda. J. *Handbook of Social Work with Groups.* New York : The Guildford,.2006.

Johnson and Johnson. *Joining Together: Group Theory and Group Skills*. New Delhi: Premier, 1982.

Konopka Gisela. *Social Group Work – A Helping Process*. London: Prentice Hall, 1963 2nd Edition.

Mark, Doel.*Using Group Work*. London: Routledge, 2010.

Milson, Fred. *An Introduction to Group Work Skills*, London: Routledge and Kegan Paul, 1973

Misra P.D. and Beena Misra. *Social Work Profession in India*. Lucknow: New Royal,1979

Trecker. Harleigh, B. *Social Group Work- Principles and Practice*. New York: Association Press, 1970.

JOURNALS

The Journal for Specialists in Group Work, Taylor & Francis ISSN ... DOI:10.1080/01933922.2014.995042;

Group Work, Whiting and Birch, ISSN 0951-824X (Print) 1746-6091 (Online)

WEB RESOURCES
 https://ujdigispace.uj.ac.za/bitstream/handle/10210/1264/Grace3.pdf?sequence=3

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015-2016)

ALTERNATIVE MEDIA SKILLS WORKSHOP

CODE: 15SW/PA/AM11   **CREDIT:1**
                                                                                        LTP :0
0 2   **TOTAL**
TEACHING HOURS: 26

OBJECTIVES OF THE COURSE

➢ To develop in students Alternative Media Skills through an understanding of theory and skills practice sessions
➢ To integrate Alternative Media Skills in Social Work practice
➢ To learn the different forms of folk arts

Unit   1
Alternative Media Skills   **(2 hrs.)**

1.1 Critic of Mainstream Media
1.2 Introduction to Alternative Media Skills
1.3 The Importance of Alternative Media Skills in Social Work Practice

Unit   2
Different forms of folk art   **(9hrs.)**
2.1   Street Theatre
2.2   Folk Songs
2.3   Folk Dances
2.4   Puppetry

Unit 3
Over view and Presentations   **(2 hrs.)**
3.1   Print Media   : News Letter, Posters, Flip Charts
3.2   Electronic Media: Documentary Films and Community Radio
3.3   Human Media   : Inter personal Communication and Intra Personal
Communication
3.4   Analyzing Media Ethics

Unit   4
Final performance in the Community   **(13 hrs.)**

PATTERN OF EVALUATION

Internal Assessment

Participation and Performance-50 marks

End Semester Examination Not applicable

SYLLABUS
(Effective from the academic year 2015- 2016)

COMMUNITY ORGANISATION AND SOCIAL ACTION

CODE: 15SW/PC/CO24　　　　　　　　　　　　　　**CREDITS: 4**
　　　　　　　　　　　　　　　　　　　　　　　　　LTP: 4 0 0
　　　　　　　　　　　　　　　　　TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

➢ To understand a community, its functioning and problems
➢ To acquire knowledge of the various techniques and skills of Community Organization and Social Action as methods of Social Work
➢ To learn the basic methods and approaches towards understanding Community Organisation and Social Action

Unit 1
　　　Community　　　　　　　　　　　　　　　　　　　　　**(13 hrs.)**
1.1　　Definition, Sociological Concept of Community; Theories of Communities
1.2　　Community as a Social System; Subsystems in the Community; Types of　　　Communities and their Characteristics
1.3　　Community Power Structure: Concept of Community Power
1.4　　 Types of Community Power: Political, Social and Economic Analysis of Community Power; People's Power-Its Place in Communities
1.5　　 Community Dynamics: Integrative and Disintegrative Process; Participative Groups and Groupism; Factions and Subgroups; Minority Groups; Decision Making and Problem Solving Processes

Unit 2
　　　Historical Background of Community Organisation　　　**(13 hrs.)**
2.1　　Community Organization in UK and USA:
2.2　　Evolution of CO as a method in Social Work in India, Latin America and Africa
2.3　　Community Organisation: Definition, Rationale, Philosophy, Principles, Goals, Scope of CO in India
2.4　　Community Organization Models**:** J.Rothman, Social Planning, Locality Development and Social Action
2.5　Approaches by Murray Ross-General Content, Specific Content and Process Objective

Unit 3
　　　Process and Skills of Community Organisation　　　**(4 hrs.)**
3.1　　Analysis, Study, Assessment, Discussions, Organization, Action, Evaluation, Modification, Continuation
3.2　　Skills of CO Worker - Communication, Training, Consultation, Organizing,　　　Enabling, Facilitating, Public Relations, Mobilizing, Participatory Skills, Liaisoning

Unit 4

Social Action as a Method of Social Work (8 hrs.)

4.1 Concept, Definition, Aims and Objectives, Scope, Social Action as a method in Social Work

4.2 Paradigm of Five Elements: Causes, Change Agent, Change Target, Change Channels, Change Strategy

4.3 Strategies and Tactics for Social Action: Channels Typology- Influence Channels, Responsive Channels; Strategies, Power, Persuasive, Re-Educative, Reform and Political Change Strategies

4.4 Social Worker as an Activist, Role and Personality Requirements

4.5 Skills of a Social Activist - Mediation, Advocacy, Negotiation, Conflict-Resolution

Unit 5

Models and Approaches to Social Action (14 hrs.)

5.1 Introduction to Models of Social Action- Paulo Freire- Pedagogy of the Oppressed, Gandhi- Rural Reconstruction, Martin Luther King-Civil Rights Movement, Saul Alinsky- Radical Movement, Gene Sharp- Nonviolence Revolutionary Movement

5.2 Introduction to Social Action Movements in India - Environmental Movements (Narmada Bachao Andolan, Chipko Movement), Tribal Movements, Dalit Movements

BOOKS FOR STUDY

Christopher A.J. & Thomas, William. New Delhi. *Community Organisation and Social Action.* New Delhi: Himalaya, 2009.

BOOKS FOR REFERENCE

Gangrade K.D, *Community Organisation in India.* New Delhi: S Chand, 1972

Harper Ernest B, *Community Organisation in Action.* New Delhi: Vikas,1973

Walter A. Friedlander Hall*, Concepts & Methods of Social Work.* Delhi: Prentice Hall, 1977.

Myrada Resource book, *Enhancing Ownership and Sustainability.* Bangalore: 2001.

Zaltman, G. Philip Kotler, Ira Kaufman, *Creating Social Change.* Sydney: Holt Renchart & Winston, 1972.

Kramer Ralph M, *Readings in Community Organisation Practice.* Delhi: Prentice-Hall, 1972.

McMillen Wayne, *Community Organisation for Social Welfare,* Chicago: The University of Chicago Press, 1952.

Community First Word, *Community Organisation: An Introduction,* The National Council of Social Service, 1972.

JOURNAL
Development – Quarterly
Yojana - Monthly

WEB RESOURCES
http://ignou.ac.in/upload/bswe-03-block1-unit-3-small-size.pdf
http://Community Organisation: Concepts and Principles - IGNOU

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

SOCIAL WORK RESEARCH AND STATISTICS

CODE: 15SW/PC/SR24   **CREDITS: 4**

                                         L T P: 4 0 0

          TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

➢   To understand the nature, principles and methods of Social Work Research
➢   To develop the skills of independently conceptualising a problem and executing a research study
➢   To understand and learn the application of appropriate statistical techniques in Social Work Research

Unit   1
Social Work Research – An Introduction   **(10 hrs.)**
1.1 Basic Elements of Scientific Method
1.2 Social Work Research – Definition, Objectives, Scope and Limitations
1.3 Scientific Attitude, Ethics in Social Work Research
1.4 Quantitative and Qualitative Research
1.5 Planning a Research Project: Problem Formulation, Framing Objectives, Defining Concepts, Use of Theorization in Review of Literature, Variables: Definition and Function; Assumptions – Hypotheses, Types of Hypotheses

Unit   2
Design of Research   **(12 hrs.)**
2.1 Definition and Functions
2.2 Types of Designs: Survey, Case Study, Exploratory, Descriptive, Explanatory, Experimental, Evaluative (single case evaluation) Census Study, Ex-Post Facto, Action and Participatory Designs
2.3 Applications and Limitations of Various Designs
2.4 Sampling Methods -Definition
2.5 Types of Sampling:Probability Sampling – Simple, Systematic, Stratified, Multi-Stage Non-Probability Sampling – Purposive, Quota, Cluster , Snowball
2.6 Sampling Error

Unit   3
Methods and Tools of Collecting Data   **(10 hrs.)**
3.1 Observation – Participant, Non-Participant, Process of Observation
3.2 Interview Schedule, Interview Guide
3.3 Questionnaire, Scaling Techniques and Types
3.4 Reliability and Validity of Tools
        3.4.1   Concept of Reliability, Factors Affecting Reliability of an Instrument,
Methods of Determining Reliability of a Tool

3.4.2   Concept of Validity, Types of Validity
3.5 Data Processing
      3.5.1   Manual and Computerized Data Presentation
      3.5.2   Editing, Coding, Preparation of Master Sheet, Tabulation and Interpretation
      3.5.3   Report Writing, Research Abstracts

Unit   4

Overview of Qualitative Research   **(8 hrs.)**
4.1 Nature of Qualitative Research, Assumptions, Characteristics
4.2 Tools of Data Collection – Key Informant, Focus Group Discussion, Participatory and Rapid Appraisal Techniques
4.3 Process of Qualitative Research

Unit   5

Application of Statistics in Social Work   **(12 hrs.)**
5.1 Statistics in Social Work: Normal Distribution, Characteristics of a Normal Curve
5.2 Levels of Measurement – Nominal, Ordinal, Interval and Ratio
5.3 Measures of Central Tendency – Mean, Median, Mode and their Uses
5.4 Measures of Dispersion – Range, Quartile Deviation, Mean Deviation, Standard Deviation
5.5 Use of Graphs in Presentation of Data

5.6 Tests of Significance
      5.6.1 Hypothesis Testing, Type I and II Error
      5.6.2 Level of Confidence, Degrees of Freedom, Chi Square and t-Test
      5.6.3 Measures of Correlation – Product Moment, Spearman's Rho
      5.6.4 ANOVA and Regression (knowledge of application)

BOOKS FOR STUDY

Gupta, S.P. *Statistical Methods.* New Delhi: Sultan Chand and Sons, 2003.

Kumar, Ranjit, *Research Methodology. A Step-by-Step Guide for Beginners*. London: Sage, 1996.

Lal Das, D.K., *Designs of Social Research.* Jaipur: Rawat, 2005.

Ramachandran P., *Survey Research for Social Work,* Bombay: Institute for Community Organisation Research, 1993.

Rubin, Allen and Earl, Babbie. *Research Methods for Social Work.* New Delhi: Cengage Learning, 2011.

BOOKS FOR REFERENCE

Alston, Margaret and Wendy Bowles. *Research for Social Workers – An Introduction to Methods.* 2nd ed, Jaipur: 2003.

Bohrnstedt, George W. and David Knoke, *Statistics for Social Data Analysis.* 2nd ed., Illinois: Peacock, 1988.

Marlow Christine R., *Research Methods for Generalist Social Work*. 3 Ed. USA: Brooks/Cole, 2001.

Garrett, Henry E. *Statistics in Psychology and Education.* New Delhi: Paragon, Indian Reprint, 2011.

Mark, Raymond. *Research Made Simple – A Handbook for Social Workers*. New Delhi: Sage, 1996.

Thakur, Devendra. *Research Methodology in Social Sciences.* New Delhi: Deep and Deep. 1993.

JOURNALS

 Oxford Journal - Social Work Research
Research on Social Work Practice – Sage Journals

WEB RESOURCES

Social Work Research Questia.com
Taylor & Francis - Health & Social Care Open Access Research

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015 -2016)

INTEGRATED PRACTICE IN SOCIAL WORK

CODE: 15SW/PC/IP24   **CREDITS : 4**
                                                                                          L T P : 4 0 0

TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

- To enable students to have a holistic perspective in Social Work practice
- To equip the students with knowledge and skills in the Integrated Method of
   Social Work Practice

Unit   1
Introduction to Integrated Social Work   **(10 hrs.)**

1.1   Integrated Social Work Practice as a Method in Social Work; Theoretical
                Foundations-General Systems Theory, Ecological Systems Theory;
Human   Beings in a Systems Framework
1.2   Goals and Purpose of Social Work in Systems Approach
1.3   Basic Systems in Social Work Practice – Change Agent System,
Client System,   Action System and Target System; Resource Systems

Unit   2
Integrated Social Work Practice   **(6 hrs.)**

2.1   Philosophy - Direct and Indirect Practice
2.2   Levels of Social Work Practice- Practice at the Micro, Mezzo and Macro Levels
2.3   Linking Micro and Macro Practice
2.4   Phases in the Integrated Social Work Process- Pre-Intervention, Intervention
and   Post- Intervention Phases

Unit   3   **(12 hrs.)**
Pre-Intervention Phase
3.1   Interaction and Engagement
3.2   Assessment: Definition, Exploring and Understanding Challenges and
Strengths.   Interaction   of   Multiple   Systems   in   Human   Problems-
Interpersonal, Intrapersonal   and Environmental Systems
3.3   Developing Goals: Goal Setting, Factors Influencing Development of Goals,
                Goal Negotiation
3.4   Formulating Contracts: Rationale, Types of Contracts, Sample Contracts
3.5   Skills in the Pre Intervention Phase

Unit 4
     Intervention Phase   **(12hrs.)**
    4.1   Goal Attainment Strategies
    4.2   Service Co-ordination, Inter Organisation Collaboration and Referrals
    4.3   Skills in the Intervention Phase

Unit 5
Post-Intervention Phase   **(12 hrs.)**

    5.1   Evaluation-Single System Design and Research Techniques in Evaluation.
             Programme Evaluation- Summative and Formative Evaluation
    5.2   Components of Termination –Disengagement, Stabilisation of Change, Types
of   Termination-Planned and Unplanned
    5.3   Recording
    5.4   Skills in the Post Intervention Phase

.
BOOKS FOR STUDY

Hepworth, D., H., and Larsen, J., A., *Direct Social Work Practice - Theory and Skills.* London:
The Dorsey Press, 1993.

Johnson, Louise, *Social Work Practice - A Generalist Approach.* London: Aelyn and Bacon,
1983.

BOOKS FOR REFERENCE

Bogo, M.; *Social Work Practice- Concepts, Processes and Interviewing.* Jaipur: Rawat , 2006.

Devi, R., and R. Prakash, *Social Work Methods - Practices and Perspectives.* Vol. 1, 2, 3, Jaipur:
      Mangal Deep, 2004.

Encyclopedia of Social Work, Vol. 1, 2, 3 *National Association of Social Workers.* Washington
      D.C.: NASW, 1996.

Goldstein, H., *Social Work Practice - A Unitary Approach.* Columbia: University of South Caroline
      Press, 1980.

Johnson, L.C., Yanca, S.T., *Social Work Practice- A Generalist Approach.* Delhi: Prentice Hall,
      2012

Payne, M, *Modern Social Work Theory.* New York: Palgrave Mac Milan, 2005.

Pincus, A., and Minahan. A, *Social Work Practice Model and Method.* Illinois Peacock , 1973.

JOURNAL

Journal of Social Work Practice

WEB RESOURCES

http://books.google.co.in/books/about/Direct_Social_Work_Practice.html

https://journals.iupui.edu/index.php/advancesinsocialwork

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015 -2016)

HUMAN RIGHTS AND SOCIAL WORK

CODE: 15SW/PC/HR24   **CREDITS : 4**
                                                                       L T P : 4 0 0
                                            TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

* To provide a perspective and foundation for a human rights culture among students
* To create awareness on the Indian legal system in relation to human rights
* To enable students to work for the promotion and protection of rights of marginalised groups

Unit   1
   Introduction to Human Rights   **(8 hrs.)**
   1.1   Concepts of Human Rights
   1.2   Categories of Human Rights
   1.3   Foundation of Human Rights
   1.4   Evolution of Human Rights
   1.5   International Human Rights Law and its Application

Unit   2
   Understanding Law and the State   **(10 hrs.)**
   1.   Indian Constitution: Preamble, Fundamental Rights, Directive Principles
   2.   Human Rights Protection and Enforcement
   3.   Writ Jurisdiction and Public Interest Litigation
   4.   The Indian Legal System, Indian Penal Code, Criminal Procedure Code and Civil   Procedure Code
  2.5   The   Relationship   between   Human   Rights,   Democracy,   Sustainable Development,   Equality, Sovereignty, Secularism and Non-Discrimination
6.   Human Rights in Relation to Illegal Detention

Unit   3
   Globalisation and Poverty   **(10 hrs.)**
   3.1   Globalisation and its Impact on the Poor
   3.2   Business Corporations and Human Rights Standards, Science, Technology and
          Human Rights
   3.3   TRIPS, WTO and SEZ

Unit   4
   Law and Strategies.   **(12 hrs.)**
   4.1   Protection of the Environment, Consumer Protection, Local Governance

Empowerment, Right to Information
4.2   Human Rights Struggles and the Human Rights Movement in India
4.3   Statutory Commissions
4.4   Human Rights Courts for Protection of Rights

Unit   5
Human Rights and Social Work Activism   **(12hrs.)**
5.1   Sectoral Rights: Rights of Children, Women, Marginalised Groups, Coastal
        Communities, Workers
5.2   Minorities, Unorganised Labourers, Urban Poor
5.3   Transgender Persons and Rights of the Displaced, Disabled and Elderly
5.4   Strategies and Skills for Human Rights Advocacy
              .

BOOKS FOR STUDY

Eugene Karneka. *Human Rights.* London: Edward, 1978.

Waghmare B.S. *Human Rights: Problem and Prospects.* New Delhi: Kalinga, 2001.

BOOKS FOR REFERENCE

Chandra, U. *Human Rights, India.* Allahabad Law Agency, 2000.

Krishna V.R. Iyer. *Human Rights and Inhuman Wrongs.* United Kingdom: B.R., 2001.

Kumar Arvind. *Encylopaedia of Human Rights, Violence and Non Violence, Vol.1*.Human
Rights and Social Movements. New Delhi: Anmol, 2001

ParmarLalit. *Human Rights.* New Delhi: Anmol, 1998.

Sharma R.S. *Human Rights Development.* New Delhi: Common Wealth, 1997.

Subramaninam S. *International Challenges, Vol 1 and Vol 2*. Mumbai: Manas, 1997.

JOURNALS

  The International Journal of Human Rights ISSN 1364 - 2987

WEB RESOURCES

www.troniefoundation.org

www.humanrights.com/

www.youthforhumanrights.org

www.humanrights.gov

www.amnesty.org

http://www.ohchr.org/EN/Issues/Pages/WhatareHumanRights.aspx

http://nhrc.nic.in/

http://www.ipc.in/

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015-2016)

SOFT SKILLS

CODE: 15SW/PK/SS22   **CREDITS : 2**
                                                           L T P : 2 0 0
                                           TOTAL TEACHING HOURS: 26

OBJECTIVES OF THE COURSE

➢ To provide an opportunity for self- development
➢ To imbibe key principles that empower students to enhance personal potential
➢ To enhance professional competencies

The course will be conducted through experiential learning based on activities

Unit   1
Enhancing Competency   **(6 hrs.)**
1.1   Lateral, Creative and Critical Thinking
1.2   Leadership Skills, Advocacy Skills
1.3   Documentation Skills

Unit   2
Team Building Skills   **(6 hrs.)**
2.1   Concept of Team Building, Objectives, Goals
2.2   Team Building Process and Tasks, Effective Teams, Barriers to Team Building
2.3   Collaborative and Networking Skills

Unit   3
Conflict Resolution Skills   **(6 hrs.)**
3.1   Reasons for Conflicts
3.2   Solving Conflicts
3.3   Negotiation Skills

Unit   4
Career Mapping Skills   **(8 hrs.)**
4.1   Identifying Personal and Professional Competencies
4.2   Identifying Career Path
4.3   Building a Resume, Facing an Interview, Group Discussion

BOOKS FOR REFERENCE

Bishop Sue, David Taylor, *Training for Change.* New Delhi: Viva Books. 2002.

PATTERN OF EVALUATION

Continuous Assessment

Total Marks – 50

Classroom exercises in self development   - 20 marks
Assignment   - 20 marks
Participation and Communication in classroom   - 10 marks

End Semester Examination- Not Applicable

.

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015 -2016)

HEALTH INFORMATION AND COMMUNICATION WORKSHOP

CODE: 15SW/PA/HI21   **CREDIT : 1**
                                                               L T P : 0 0 2
                                        TOTAL TEACHING HOURS: 26

OBJECTIVES OF THE COURSE

➢ To provide basic health information and education to the students
➢ To understand the need for communication in health education
➢ To enhance skill demonstration in health education

Unit   1   **(9 hrs.)**
Health Information
1.1   Symptoms, Causes, Prevention, Treatment and Control of
        Major Communicable Diseases –Leprosy, TB, STD, Poliomyelitis, Malaria,
        Cholera, Typhoid, Diarrhoea , HIV/AIDS
        Major Non Communicable Diseases- Cancer, Diabetes, Hypertension,
        Asthma, Cardiac Disorder, Mental Disorders
1.2   Clinical Manifestation of Mental Retardation, Alcoholism and Drug
        Dependence
1.3   Basics in First Aid
1.4   Menstrual Hygiene

Unit   2   **(2 hrs.)**
Health Education
        2.1   Concept, Objectives, Principles of Health Education; Need in the
Indian context
2.2   Models and Methods of Health Education
2.3   Planning, Implemention, Evaluation and Promotion of Health Education
        Programmes
2.4   Role of Health Educator

Unit   3   **(2 hrs.)**
Communication in Health Education
3.1   Concept of Health Communication as aProcess, Principles and Barriers in
        Communication
3.2   Behaviour Change Communication and Information Education and
        Communication

Unit 4   **(13 hrs.)**

<mark>Use and Preparation of Educational Aids</mark>

4.1   Audio Aids – Megaphone

4.2   Visual Aids – Blackboard, Pictures, Cartoons, Photographs, Posters, Charts, Flashcards, Flannel Boards, Printed Materials – Books, Booklets, Pamphlets, Brochure

4.3   Traditional Media – Folk Songs, Folk Dance, Drama

4.4   Demonstration of Low-Cost Nutritive Food

BOOKS FOR STUDY

Park, K., *Preventive and Social Medicine.* Jabelpur: Banarsidas Bharat, 1997

REFERENCE BOOKS

Nanda, V.K., *Health Education.* New Delhi: Anmol, 1997.

Ramachandran, L, & Dharmalingam, *Health Education – A New Approach.* New Delhi: Vikas, 1993.

Goel, S.L., *Health Care System and Management.* (Vol. 2), New Delhi: Deep & Deep, 2001

JOURNALS

International Journal of Health Education

Journal of Human Nutrition

WEB RESOURCES

Church M, Doughty J. Value of Traditional Food Practices in Nutrition Education. *J Hum Nutr.* 1976 Feb;30(1):9–12. [PubMed]

Moynihan M, Kochar V, Sarma UC, Tandon J, Wantamutte AS, Rai PH, Marwah S, Gupta VM, Singh K. Training Folk Practitioners as PHWs in Rural India. *Int J Health Educ.* 1980;23(3):167–178. [PubMed]

Moynihan M, Mukherjee U. Visual Communication with Non-literates: A Review of Current Knowledge including Research in Northern India. *Int J Health Educ.* 1981;24(4):251–262. [PubMed]

PATTERN OF EVALUATION

Internal Assessment

Seminar Presentation using educational aids prepared by student – 25 marks

Demonstration- Preparation of low cost nutritious food- 25 marks

Total – 50 marks

End Semester Examination- Not Applicable

SYLLABUS
(Effective from the academic year 2015 -2016)

MANAGEMENT FOR NON PROFIT ORGANISATIONS

CODE: 15SW/PC/MO34   **CREDITS : 4**
                                                          L T P : 4 0 0
                                                          TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

- To understand procedures and policies involved in establishing and maintaining non- profit organisations
- To understand principles of management and develop effective leadership qualities in managing NGOs
- To develop skills to formulate, execute and evaluate projects
- To acquire legal knowledge pertaining to NGO management

Unit   1
Introduction   **(11 hrs.)**
1.1   Concept of Management in India, Types of Non-Profit Organisations - NGO, INGO, Quasi Government and Transnational NGO
1.2   A Historical Perspective, Role of Non- Profit Organisations
1.3   Scope for Scientific Management in Welfare Organisations
1.4   National Policy on the Voluntary Sector - 2007

Unit   2
Management   **(13 hrs.)**
2.1   Basic Concepts and Principles; Goals of Management
2.2   Management Functions: Concept and Principles of Management Planning, Policy Making, Goal Setting, Organisation, Staffing
2.3   Coordination, Communication, Supervision and Control, Financial Planning
2.4   Public Relations and Publicity
2.5   Reporting and Evaluation

Unit   3
Acts Related to NGOs   **(13 hrs.)**
3.1   Board, Trustee, Committees, Executives – Their Roles and Function, Laws Related to NGOs
3.2   Society's Registration Act 1860
3.3   Companies Act 2013
3.4   Trust Act of 1912
3.5   Co-operative Societies Act 1912
3.6   FCRA Related Issues, FEMA (Foreign Exchange Management Act, 1999)

Unit   4
Project Cycle Management   **(5 hrs.)**

4.1　Concept of Project and Project Cycle Management
4.2　Strategic Plan, Tactic Plan, Goals, Objectives, Reporting
4.3　Project Proposal Writing, Overview of Logical Framework Analysis
4.4　 Types of project proposals, Fund-Raising (Types, Methods, Skills), Monitoring and
　　　Evaluation of Projects

Unit　5
Networking and Collaboration (10 hrs.)
5.1　Need and Importance, Process of Networking, Strength and Values of Networking
5.2　Collaborating with GOs, NGOs, Corporates, INGOs and UN Agencies

BOOKS FOR STUDY

Anand Sirohi. Encyclopaedia of Social Welfare: Modern Perspective on Social Work (Vol 1,2,3). New Delhi: Dominant, 2003.

Aswathappa K. *Organizational Behaviour, 7th revised edition*. Mumbai: Himalaya, 2007.

Sankaran R. & Rodrigues. *A Handbook to the Management of Voluntary Organizations.* New Delhi: Alpha, 1983.

BOOKS FOR REFERENCE

Monappa Arun & Saiyadain Miza, S.. *Personnel Management.* New Delhi: TATA Macgraw, 1997.

Carroll, Stephen Jr. & Tosi, Henry, Jr. *Management by Objectives.* New York: MacMillan, 1973.

Desai, Vasant. *Project Management*. Mumbai: Himalaya, 1997.

James David. *Managing People in Organizations.* New Delhi: AITB.S, 2002.

Koontz Harold. *Management.* New York: Harper Brother's.,1987.

Laxmi Devi. *The Management*. New Delhi: Institute for Sustainable Development, Lucknow, Anmol, 1998.

Lalitha,N.V. *Financial Assistance to Voluntary Organizations for Development.* New Delhi: NIPCCD, 1981.

Lalitha N.V. *Status of Voluntary Effort in Social Welfare.* New Delhi: NIPCCD,1982.

Luthans Fred. *Organizational Behaviour*, *8th Edition.* New Delhi: Tata McGraw Hill, 2005.

Mital R, Kumar. *Personnel Management and Industrial Relations*. New Delhi: Anmol, 2001.

Maheshwari S.N. *Management Accounting and Financial Concept*. New Delhi: Sultan Chand &
   Sons, 1998.

Odione, George. *Management by Objectives.* New York: Pitman Publishing, 1965.

Prasad, L.M. *Organisational Behaviour, 4th edition*. New Delhi: Sultan Chand and Sons, 2004.

Prasad, Man Mohan. *Management Concepts*. New Delhi: Himalaya Publishing, 1998.

Prasad, Lallan and Gulshan S.S. *Management Principles and Practice*. New Delhi:
   Chand,2002.

Seshadri, T.R. *Management Lighter and Brighter Sides*. New Delhi: Good Will. 1995.

Sherlekar, S.A. *Modern Business Organization & Management.* Bombay: Himalaya. 1984.

Sharma, K.P. *Project Management*. New Delhi: National Book Trust, 2000.Sinha Kumar. Ajil

Sen, Kumar Raj. *Economics of Amartya Sen*. New Delhi: Deep and Deep, 2000.Thomas L.

Wheelen J.David Higher. *Essential of Strategic Management*. New Delhi: Prentice Hall of
India.   2002.

WEB RESOURCES

http://www.inc.com/encyclopedia/nonprofit-organizations-and-human-resources-management.html
www.cfcu.gov.tr/spos/tools/pcm_training_handbook.pdf
http://www.ngosindia.com/resources/ngo_registration1.php
http://www.managementstudyguide.com/management_functions.htm

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)

Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015 - 2016)

DISSERTATION

CODE: 15SW/PC/DI35   **CREDITS: 5**

Guidelines

 ➢ **Page Limit:** The Dissertation can range from 50 to 75 pages typed in Times New Roman font style, size 12, with 1½ line spacing in A4 Size Paper.

 ➢ **Each dissertation should have the following on the cover page:**
 Logo of the College
 Title of the Dissertation
 'Dissertation submitted to ……….……in partial fulfillment of the requirement for the Degree of Master of Social Work by *Name of the candidate, Department No., Department of Social Work, Month, Year.*

 ➢ **The Dissertation includes**
 - Contents Page
 - Certificate of the Research Guide and Head of the Department and Acknowledgement by the Candidate
 - Chapter I – Includes Introduction to the Study; Review of Literature, Scope and Significance of the Study; Research Methodology and Chapterisation
 - Chapter II - Includes the Analysis and Interpretation of Data
 - Chapter III – includes the Summary of the Study, Findings, Suggestions and Conclusion
 - Bibliography / References shall be given in the alphabetical order according to MLA Format 7th edition
 - Appendix will include the tool of data collection and other secondary information

 ➢ **Submission**
 - Each student shall submit two copies of the dissertation to the Head of the Department on the date specified by the Controller of Examinations. One copy of the dissertation will remain in the College

➢ **Guidelines for Evaluation**
- **Continuous Assessment**   **50 marks**

-	1. Formulating a research problem	5
	Review of Literature	
-	2. Conceptualising a research design	5
	Concepts, Variables, Hypothesis and Research Questions	
-	3. Constructing an instrument/s for data collection	5
	4. Selecting a sample	5
	5. Research Proposal	5
	6. Collection of data	5
-	7. Processing of data	5
-	8. Analysis and Interpretation	5
-	9. Research Report	5
-	10. Regularity and Punctuality	5

                                 Total   **50**

End Semester Examination

Total Marks - 50

- Background to the Study / Review of Literature	5
- Methodology and presentation of the theme	5
- Analysis	10
- Style, format and neatness in presentation	5
- Dissertation	25
- Viva Voce	25
Total	**50**

The dissertation will be valued by the Research Guide and an External Examiner. Each Examiner will evaluate the dissertation for a maximum of 50 marks each. The External Examiner will conduct the Viva Voce. An aggregate of the two marks will be the final marks awarded for the dissertation out of a total of 100 marks.

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015-2016)

COUNSELLING - THEORY AND PRACTICE

CODE:15SW/PC/CN44   **CREDITS : 4**
L T P : 3 0 1
TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

➢ To develop in students basic Counselling skills through an understanding of theory and skills
➢ To integrate Counselling skills in Social Work Practice
➢ To learn the different approaches to Counselling and develop a holistic approach to Counselling

Unit   1
Concept and Foundation of Counselling   (8 hrs.)
1.1   Evolution of Counselling, Definition, Elements and Characteristics of Counselling,Counselling Ethics
1.2   Profile of the Counsellor and the Client, the Counselling Relationship
1.3   Concept of Self, Goal Directed Behaviours, Learning Principles, Developmental   Needs at Different Stages
1.4   Difference between Counselling and Psychotherapy

Unit   2
Counselling - Expectations and Goals   (6 hrs.)
2.1   Achievement of Positive Mental Health, Resolution of Problems, Improving Personal Effectiveness, Change, Decision Making, Modification of Behaviour
2.2   Burn out and Stress Management
2.3   Recording in Counselling: Importance of Recording, Skills required for Recording, Types of Recording in Counselling

Unit   3
Egan Model of Counselling – the Skilled Approach   (18 hrs.)
3.1   Stage – 1 Problem Exploration and Clarification
3.2   Stage – 2 Integrative Understanding / Dynamic Self-Understanding
3.3   Stage-3 Facilitating Action; Developing a New Perspective; Preferred Scenario
3.4   Practical Sessions

Unit   4
Different Approaches and Types of Counselling   (10 hrs.)
4.1   Adlerian Approach, Client centred Approach, Cognitive Behavioural Approach

4.2   Gestalt Counselling, Transactional Analysis, Solution focused Counselling
                4.3   Crisis   Intervention
        4.4   An Overview of Alternate Approaches: Yoga, Meditation, Storytelling, Art
                Therapy, Psychodrama, Medical Clowning, Laughter Therapy, Movement
                Therapy, Neuro- linguistic Programming
        4.5   Directive Counselling, Non-Directive Counselling
        4.6   Individual Counselling, Group Counselling, Community Counselling
        4.7   Integrative and Eclectic Approach to Counselling

Unit   5
        Counselling in Different Settings   (10 hrs.)
        5.1   Family Counselling/Marital Counselling, School Counselling, Career
Counselling
        5.2   Industrial Counselling, De-addiction Counselling
        5.3   Counselling in Disaster situations, Grief Counselling
        5.4   Counselling Clients with Suicidal Ideation
        5.5   Gerontological Counselling

BOOKS FOR STUDY

Dalaganjan Naik. *Fundamentals of Guidance and Counselling*. Delhi: Adhyayan , 2004.

Egan Gerard. *The Skilled Helper*. Brooks: Cole, 1982.

Rao S.Narayana. *Counseling Psychology*. Tata Mc GrawHill, 1981.

Sharma Ramnath and Sharma Rachana.*Guidance and Counseling in India*. New Delhi:
        Atlantic,
2004.

BOOKS FOR REFERENCE

Reeves, Andrew. *Counselling and Psychotherapy*. New Delhi: SAGE, 2013.

Carl R. Rogers. *On Becoming A Person*. Boston: Houghton Mifflin,1976.

Colin, Feltham. *Brief Counselling*, New Delhi: *Tata McGraw Hill* , 2010.

Thomas, Edwin J. *Designing Interventions for the Helping Professions*. New Delhi:
        Sage, 1984.

Eugene, Kennedy. *Crisis Counselling*. Dublin: Gill & Macmillan, 1981.

Eugene, Kennedy. *On Becoming a Counsellor*. Dublin: Gill & Macmillan, 1977.

Gibson.L.Robert & Mitchell. *Introduction to Counselling and Guidance*.
        New Delhi: Prentice Hall, 2008.

Muaro,E.A. R.J. Manthei .J.J. Small. *Counselling- A Skills Approach*. New Zealand: Methuen, 1983.

Stephen, Murgatroyal. *Counselling and Helping*. London: The British Psychological Society & Methuen, 1985.

Steve, Duck. *Human Relationships*. New Delhi: Sage III Edition, 1999.

Tolbert, E.L. *An Introduction to Guidance*. Boston: Little Brown, 1982.

William, Worden , J. *Grief Counseling & Grief Therapy*. London: Tavistock, 1986.

JOURNALS

 International Journal of Psychology and Counselling
British Journal of Psychotherapy

WEB RESOURCES
 http://www.slideshare.net/praveensureshpai/counseling-process
 http://www.counselling-directory.org.uk/counselling.html

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015-2016)

GENDER AND SOCIAL WORK PRACTICE

CODE: 15SW/PC/GS44   **CREDITS: 4**
                                                          LTP : 4 0 0
                                                          TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

➢ To gain a deeper understanding of gender as a social construct, gender relations and gender issues in society
➢ To understand the protective measures, policies and programmes for women and development
➢ To obtain knowledge in Feminist Social Work practice and skills in applying frameworks for gender analysis

Unit   1
Gender Concepts   **(9 hrs.)**
1.1   Sex and Gender, Gender as a Social Construct, Gender Identity; Gender Relations, Men and Masculinity; Gender Division of Labour, Gender Roles and Responsibilities, Gender Stereotyping, Productive Work, Reproductive Work, Differential Access and Control Over Resources, Gender Stratification
1.2   Practical and Strategic Gender Interests; Equity and Equality; Gender Mainstreaming; Gender Sensitization
1.3   Patriarchal and Ideological Constructs That Govern Status of Women; Status of Women in India; Women in Difficult Circumstances, Problems Specific to Indian Women; Feminization of Poverty; Discrimination Against the Girl Child; Sex Ratio in India

Unit   2
Feminism and Empowerment of Women   **(9hrs.)**
2.1   Feminism: Concept, Meaning and Definition; Types of Feminism – Liberal, Social, Radical and Post-Modern Feminism.
2.2   Women's Movements: Pre and Post-Independence Perspectives in India, Landmarks in Women's Movement in India
2.3   Women Empowerment: Concept, Meaning and Definition, Types of Empowerment, Gender Development Indicators - GDI, GEM

Unit   3
Protective Measures, Policies and Programmes for Women in India   **(9 hrs.)**
3.1   Constitutional and Legal Provisions for Women; Rights of Women with Reference to Entitlements, Political Participation, Education, Employment, Health, Inheritance, Marriage, Adoption, Divorce, Maintenance
3.2   Protective Laws to Mitigate Violence Against Women; Hindu Succession Act- 1956 with Amendment in 2005; Prohibition of Child Marriage Act- 2006, Protection of Women From Domestic Violence Act – 2005; Sexual Harassment of Women at Workplace Act-2013
3.3   Special Initiatives for Women: National and State Commissions for Women; Ministry for Women and Child Development; the National Plan of Action for the Girl Child (1991-2000); National Policy for the Empowerment of Women-2001; Reservation for Women in Local Self Government; Five Year Plans, Gender Budgeting

Unit   4
 Global Perspectives in Women's Development   **(13 hrs.)**

4.1 Convention on Elimination of All Forms of Discrimination against Women; and Girls (CEDAW) 1982 – Implementation in India; Global Impact of CEDAW.

4.2 Role of UN-WOMEN; UN Timeline in Women's Progress; INGOs and NGOs in Women's Development

4.3 Policy Approaches for Women; UN Agenda on Post Development and Sustainable Development Goals; Women as Agents of Peace and Security

Unit 5

Feminist Social Work and Frameworks for Practice **(12 hrs.)**

5.1 Feminist Social Work Practice: Meaning, Concept and Definition, Feminist Perspectives in Social Work Practice; Women's Agenda for Social Work; Principles in Women Centred Practice

5.2 Gender Analysis: Concept, Meaning and Goals; Need, Appropriate Usages; Gender Planning Framework, Empowerment Framework, Harvard Framework, Social Relations Framework

5.3 Education, Training and Agency; Capacity Building; Women's Participation; Micro Finance and Self-Help Groups (SHGs), Other Support Groups for Women's Wellbeing

BOOKS FOR STUDY

Bansal, D, K.; *Gender Justice*, New Delhi: Mahaveer and Sons, 2006.

Bhatia Anju, *Women's Development and NGOs*, Jaipur: Rawat, 2000.

Dominelli, L., *Feminist Social Work Theory and Practice*, New York: Palgrave Macmillan, 2002.

Mikkelsen Britha, *Methods for Development Work and Research – A Guide for Practitioners,* New Delhi: Sage, 1995.

Moser O.N Caroline, *Gender Planning and Development, Theory, Practice and Training*, London: Routledge, 1993.

Visvanathan Nalini, *The Women, Gender and Development Reader*, Canada: Fernwood Pub, 2011.

BOOKS FOR REFERENCE

Banerjee Paula, *Women in Peace Politics*, New Delhi: Sage, 2008.

Datta, R and Kornberg, J., *Women in Developing Countries- Assessing Strategies For Empowerment,* New Delhi: Viva Books, 2005.

Evans Kathy M, *Introduction to Feminist Therapy*, New Delhi: Sage, London, 2011.

Heywood, L., *The Women's Movement Today,* Vol. 1 and 2, Jaipur: Rawat, 2007.

Kaila H.L, *Women, Work and Family*, New Delhi: Rawat, 2005.

Kaushik, Susheela; Ed, *Women's Oppression – Patterns and Perspectives*, New Delhi: Shakti Books, 1985.

Karl Marilee, *Women and Empowerment- Participation and Decision Making,* New Delhi: Zed Books Ltd, 1995.

Narasimhan Sakuntala, *Empowering Women,* New Delhi: Sage, 1999.

WEB RESOURCES

www.unwomen.org
www.un.org/womenwatch/daw/cedaw
www.ncw.nic.in
www.wcd.nic.in/wdcact.pdf
www.censusindia.gov.in

PATTERN OF EVALUATION

Continuous Assessment

Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination

Total Marks - 100   **Duration - 3 Hours**

Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015- 2016)

FUNDAMENTALS OF SOCIOLOGY

CODE: 15SW/PE/SY14   **CREDITS : 4**
                                                       L T P : 4 0 0
                                     TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE
➢   To gain an understanding of the basic sociological and economic concepts relevant to Social Work practice
➢   To develop analytical skills to social issues and concerns
➢   To sensitize students to the role played by the socio-economic political systems in reinforcing discrimination and marginalization of vulnerable groups
➢   To develop the capacity for application of these concepts to the Indian situation

Unit 1
Society   **(10 hrs.)**
1.1   Elements of Society: Internal Strength of Society – Unity in Diversity,   Democracy, Groups, Types of Groups, Associations and Institutions,   Socialization., Social Processes
1.2   Culture-Concept, Material and Non- Material Culture, Culture, Cultural   Lag- Application to the Indian Setting
1.3   Social Structural: Approaches to the Study of Society: an Introduction to Structural/Functionalist Perspective, Conflict Perspective

Unit 2
Social Inequality and Exclusion   **(12 hrs.)**
2.1   Meaning of Social Inequality and its Forms: Social Differentiation, Social Stratification, Social Hierarchy and Social Exclusion and Inclusion
2.2   Institutional Basis of Social Inequality
2.3   Theoretical Perspective: Social Inequality or Social Stratification: Marxist, Weberian and Functionalist Perspectives

Unit 3
 Social Stratification   **(9 hrs.)**
3.1   Understanding the Concept of Caste: Hierarchy and Differences in Caste   Inequality and Exploitation, Dominant Caste
3.2   Historical Evolution of Caste System – Critical Analysis
3.3   Class-and Related Processes, Class as Power

Unit 4
Social Change   **(9 hrs.)**
4.1   Concept, Theories, Agents of Social Change, Factors and Processes of Social Change
4.2   Urbanization, Industrialization, Modernisation, Westernisation, Sanskritisation and Secularisation - Analysis of Their Impact on Indian Society

4.3   Social Control and Agents of Social Control
4.4   Social Organisation and Disorganisation

Unit 5

Development   **(12 hrs.)**
5.1   Characteristics of Indian Economy, India as the Developing Economy
5.2   Amartya Sen's Concepts of Development
5.3   Issues of Pre and Post Millennium Development Goals
5.4   Globalisation, Liberalisation, and Privatisation - its Impact on the Indian
Society

BOOKS FOR STUDY

Chris Yuill. *Sociology for Social Work.* New Delhi: Sage, 2011

Lena, Dominelli. *Sociology for Social Work*. Palgrave, 1977

Channa,Subhatra. *Understanding Society, Culture and Change,* New Delhi: Blaze,
1993

Conklin, John E .*Sociology- An Introduction.* New York: Macmillan, 1984

Datt, Rudder, Sundaram. *Indian Economy.* 39th edition, Delhi: S.Chand, 1998.

BOOKS FOR REFERENCE

Ahuja, Ram. *Indian Social System.* New Delhi: Rawat, 1993.

Anderson, Parker. *Society- its Organization & Operation*. East West, 1966.

Anthuvan ,Victor Louis M. *Global Debt Crisis-A Perspective for the Third Millennium*   New Delhi:
CBCI and Labour Commission, 1999.

Basu, Amrita, Kohli, Atul. *Community Conflicts and the State in India.* New Delhi: Oxford
University Press, 1998.

Dalva A.K, *Environmental Impact of Large Reserviour Projects on Human Settlements,* New Delhi:
Ashish, 1993.

Horton, Hunt. *Sociology.*5th Edition, International student edition, Tokyo: McGraw Hill,   1980.

Karpagam M .*Environmental Economic- A Text book,* New Delhi: Sterling.

Mac Iver, Page C.H. *Society: An Introduction Analysis.* Madras: Macmillan, 1990.

JOURNAL

Social Change – Quarterly

WEB RESOURCES

http://www.amazon.co.uk/Sociology-Social-Work-An-Introduction/dp/1848606516

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015 -2016)

FUNDAMENTALS OF PSYCHOLOGY

CODE: 15SW/PE/PY14   **CREDITS : 4**
                                                      L T P : 4 0 0
                                                      TOTAL TEACHING HOURS: 52
OBJECTIVES OF THE COURSE

- To understand concepts of Psychology relevant for Social Work practice
- To develop a holistic understanding of human growth and development in the life span using the systems approach
- To develop an understanding of personality theories in the psycho social context
- To sensitise students on the impact of life events on an individual during the lifespan and understand the concept of mental health

Unit   1
Introduction to Psychology   **(5 hrs.)**

1.1   Definition of Psychology
1.2   Fields of Psychology- General, Developmental, Abnormal, Social, Counselling, Community Psychology
1.3   Relevance of Psychology for Social Work Practice

Unit   2
Human Growth and Development   **(15 hrs.)**
           2.1   Life Span Perspective (Conception to Old Age) Using the Systems
Approach: –   Needs, Tasks, Challenges, and Hazards in the Life Span
       2.2   Role of Various Systems – Family, Significant Others, Neighbours, Peers,
School,   Community, Society in Influencing Behaviour
       2.3   Biological, Psychological and Environmental Determinism

Unit   3
Personality   **(12 hrs.)**

3.1   Definition**.** Personality Traits and Dimensions to Describe Personality
3.2   Theories Related to Structure and Development of Personality.Psychoanalytic (Freud), Cognitive Development (Piaget), Psychosocial Development (Erickson), Moral Development (Kohlberg), Social Learning (Bandura), Humanistic (Rogers)

Unit   4   **(10 hrs.)**

==Psychological Processes for Understanding Behaviour==

    4.1   Sensation, Perception and Learning (Classic and Operant Learning Theories)

    4.2   Motivation- Motivation Process, Human Needs, Maslow's theory- Hierarchy

of   Needs

    4.3   Emotions- Common Emotions

    4.4   Attitude- Attitude Formation, Attitude Change, Prejudice and Discrimination

    4.5   Intelligence, Commonly Used Tests for Measurement of Intelligence

                   (Overview) Mental Retardation- Definition, Causes, Rehabilitation,

Prevention

Unit   5

==Life Events During the Lifespan and their Impact on Behaviour==   **(10 hrs.)**

    5.1   Life Events, Stress, Stressors, Conflicts, Frustrations and Coping

    5.2   Concept of Mental Health, Common Mental Disorders (Overview)

BOOKS FOR STUDY

Bee, Helen. Mitchell, Sandra. *The Developing Person-A Life Span Approach*.Ed2, New
      York
Harper and Row, 1984.

Engler, Barbara, *Personality Theories-An Introduction.* Ed3, Boston: Brooks Cole Learning,
1991.

Mangal, S K., *General Psychology.* New Delhi: Sterling, 2010

Spect, Riva.Craig, Grace J., *Human Development-A Social Work Perspective.*
New Jersey: Prentice Hall, 1982

Vankhede, A N., *Handbook of Psychology.* New Delhi: Wisdom Press, 2012

BOOKS FOR REFERENCE

Coleman, James, *Abnormal Psychology and Modern Life.* Ed 5, Mumbai: D.B
      Taraporewala & Sons, 1976.

Compton, Beulah. Galaway, Cournoyer*, Social Work Processes.* Ed 7, USA: Brooks Cole
      Learning, 2005

Corner Ronald,J ,. *Abnormal Psychology.* New Delhi: Wisdom Press, 2012

Hurlock, Elizabeth, *Child Development.* Ed 6, USA: Tate McGraw Hill, 1989.

Hurlock, Elizabeth, *Developmental Psychology-A Life Span Approach.* Ed 5, New Delhi:
      Tata McGraw Hill, 1995.

Morgan, Clifford T., King, A., Richard Weisz., John .R. and Schople, *Introduction to Psychology*.New York: Tata McGraw Hill, 1986

JOURNALS

Journal of Applied Psychology

Journal of Personality and Social Psychology

Child and Adolescent Social Work Journal

Indian Journal of Social Work

WEB RESOURCES

Josh Gerow(2012). Basic Psychology. 3 ed. Boston: Pearson Learning Solutions. http://opus.ipfw.edu/psych_facpubs/215

http://dbjz9dcly1fbw.cloudfront.net/1z9wr8_study-guide-for-morgan-and-king-introduction-to-psychology-fifth-edition.pdf

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086
MASTER OF SOCIAL WORK
SYLLABUS
(Effective from the academic year 2015 -2016)

CHILD RIGHTS AND SOCIAL WORK

CODE: 15SW/PE/CR34   **CREDITS : 4**
                                                           L T P : 4 0 0
                                                           TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

➢   To create awareness on the situation of children in India
➢   To understand the legal provisions and rights of children
➢   To acquire knowledge of the services and programmes for the rights of children
➢   To acquire skills and methods to work with children

Unit   1
Understanding Children in India   **(10 hrs.)**
1.1 Demographic Profile of Children in India

1.2 Situational Analysis of the Rights of Children in India – Survival, Health, Nutrition, Education and
     with Specific Reference to the Girl Child

1.3 Constitutional Safeguards Assuring the Rights of Children in India

1.4 UNCRC, Millennium Development Goals, Post 2015 Development Agenda

1.5 Changing Context of Work with Children – Charity to Rights Approach

Unit   2
Overview of Problems of Children   **(10 hrs.)**
2.1 Children in Special Circumstances
        2.1.1   Children in Conflict with Law
        2.1.2   Children in Need of Care and Protection: Street Children – Definition
                 Causes, Effects, Services and Prevention
        2.1.3   Child Labour, Child Beggary, Child Abuse, Child Trafficking
        2.1.4   Child Prostitution – Definition, Nature/Characteristics, Causes, Effects,
                 Services, Prevention

2.2 Children in Need of Special Care
        2.2.1   Differently Abled (Physically and Mentally Challenged), Emotionally
Disturbed, Learning Disabled
        2.2.2   Children Living with HIV/AIDS, Children of Prisoners
        2.2.3   Problems of Children in Disaster Situations and Conflicts

Unit   3
Legislations and Services for Children   **(12 hrs.)**
3.1   Pre- conception and Pre-natal Diagnostic Techniques Act, 1994

3.2   Persons with Disabilities (Equal Protection and Participation) Act, 2000

3.3   Child Labour (Prohibition and Regulation) Act, 1986

3.4   The Juvenile Justice (Care and Protection of Children) Act, 2000

3.5   The Commissions for Protection of Child Rights Act, 2005

3.6   The Child Marriage Restraint Act, 2006

3.7   The Right of Children to Free and Compulsory Education, Act, 2009

3.8   The Protection of Children from Sexual Offences Act, 2012 (POCSO)

Unit   4

Child Protection Services   **(10 hrs.)**

4.1   Mechanisms

   4.1.1 National Commission for Protection of Child Rights/ State Commission for Protection of Child Rights Act

   4.1.2 District Child Protection Unit, Child Welfare   Committee, Juvenile Justice Board

4.2   Structure and Function of Government Programmes

   4.2.1 Programmes: Child Survival, ICDS Programme, School Health Programme, Health and Nutrition Programmes, Sarva Shiksha Abhiyan, Integrated Child Protection Scheme

   4.2.2 Beti Bachao Beti Padhao, Dr. Muthulakshmi Reddy Maternity Benefit Scheme

   4.2.3 National Policy for Children 2013, Optional Protocols

4.3   Initiatives by GOs, NGOs and INGOs in Promotion of Child Rights

   4.3.1 Ministry of Women and Child Development, National Institute of Public Cooperation for Child Development (NIPCCD)

   4.3.2 UNICEF, CRY, Action Aid, Christian Children's Fund of Canada Childline 1098, ICCW, WHO, Plan International, BBA (Bachpan Bachao Andolan)

Unit   5

Social Work with Children   **(10 hrs.)**

5.1 Approaches to Working with Children – Institutional Settings, SOS Children's   Villages

5.2 Non-Institutional Settings: Adoption –In Country and Inter-Country Adoption, Sponsorship and Foster Care

5.3 Multi-Disciplinary Approach – Sustainable/Developmental Approach

5.4 Participatory Approach, Preventive Model, Rehabilitative Models, Convergence Approach

5.5 Rights Based Approach in Working with Children, Networking and Advocacy for Child Rights

5.6 Role of Social Work with Children in Special Circumstances, Sexually Exploited and Oppressed Children. Children in Need of Special Care and in Disasters and Conflict Situations

5.7 Research, Training and Documentation on Child Issues and Rights, Child Budgeting

BOOKS FOR STUDY

Bhatia, Vinita. *Social Laws & Child Rights*. New Delhi: Alfa, 2011.

Devi, Laxmi. *Child and Family Welfare*. New Delhi: Anmol, 1998.

Fernandez. B., Alex. *Social Work for Women and Children*. New Delhi: Pacific Books International, 2014.

Kennison, Peter. *Children as Victims*. Learning Matters, 2008.

BOOKS FOR REFERENCE

Bajpai, Asha. *Child Rights in India: Law, Policy, and Practice.* India: Oxford, 2006.

Sarada, D., Rajini. N. *Child Rights and Young Lives: Theoretical Issues & Empirical Studies.*   India: Discovery, 2009.

Tandon, R.K. & Sudarshan, K.N. *Directory & Handbook on Children.* New Delhi: Ashish,   1998.

Theis, Joachim. *Promoting Rights – Based Approaches, Experiences and Ideas from Asia and   the Pacific.* Sweden: Save The Children, 2004.

Wal, S. *International Encyclopaedia of Child Development Priorities for 21Century.* Vol., I – V. New Delhi: Sarup and Sons, 1999.

JOURNALS

The International Journal of Human Rights, Vol 19, 2015
Early Child Development and Care, Vol 185, 2015
Situation of Children in India – A Profile (May 2011) UNICEF, New Delhi

WEB RESOURCES

www.wcd.nic.in
www.unicef.org
www.tn.gov.in www.unicef.org/sitan/files/SitAn_India_May_2011.pdf
www.ncpcr.gov.in
www.childlineindia.org.in/rights.htm

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)

Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

DEVELOPMENT PLANNING AND ADMINISTRATION

CODE: 15SW/PE/DP34   **CREDITS : 4**
L T P : 4 0 0
TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

➢   To enable students gain an understanding of the administrative machinery involved in development
➢   To provide knowledge on various methods, strategies, development policies and programmes
➢   To equip the students with the skills for application in the field

Unit   1
Planning and Development   **(8 hrs.)**
1.1   Planning: Concept, Types of Planning
1.2   Planning Process and Importance of Planning for Development
1.3   Development: Concept, Indicators, Human Development Index, Physical Quality of Life Index, Human Poverty Index
1.4   Development Paradigm: from Conventional to People Centered Development
1.5   Development Strategies with reference to Balanced and Unbalanced Approach to Development
1.6   Models of Development with specific reference to Nehru, LPG and PURA Model
1.7   Concept: Social Development and Sustainable Development
1.8   Millennium Development Goals and Post – 2015 Millennium Agenda

Unit   2
Participatory Planning   **(10 hrs.)**
2.1   Peoples Participation, Concept of Participation
2.2   Factors Promoting and Hindering People's Participation

Unit   3
Overview of Rural, Urban and Tribal Policy   **(10 hrs.)**
3.1   Related Policies of Rural, Tribal, Urban and Development Policies
3.2   Implications of 73rd and 74th Amendment Act
3.3   Development Planning in India: Local Self Governance; Structures and Levels of Administration and Planning
3.4   Changing Trends in Social Work Practice. Application of Social Work Methods in Development Practice

Unit   4
Government Programmes for Development   **(12 hrs.)**
4.1   Rural Community Development Programmes: NABARD, MGNREGA, NRLM, RKVY, Vazhundhu Kaatuvom, NRHM, IAY

4.2   Urban Community Development Programmes: RSBY, RAY, JNNURM, UIDSSMT, AUWSP

4.3   Tribal Community Development Programmes: NSTFDC, STFDCs, VKJ, ITDP, TRIFED

Unit   5

Tools and Techniques for Development Practice   (12 hrs.)

5.1   Participatory Monitoring and Evaluation–Concept, Purpose

5.2   Process and Organization of Evaluations, Key Principles of Monitoring and Evaluation

5.3   Tool One-Logical Framework Analysis: Social Analysis and Assessments, Stakeholder Analysis, Project Matrix

5.4   Tool Two -Appreciative Inquiry: Definitions, Need, Importance, Processes and Its Appropriate Usages

5.5   Tool Three- Social Audit; Significance of People's Participation in Development

5.6   Evaluation Report and Using Evaluation for Further Development

BOOKS FOR STUDY

Agarwal, A.N. *India Economy: Nature, Problem & Progress*. New Delhi: Vikas, 1998.

Dubhashi ,P.R. *Rural Development-Administration in India*. Bombay: Popular Press, 1994.

Fernandes, Walter. *Development, Displacement and Rehabilitation*. New Delhi: ISI, 1989.

Saxena, D.P. *Rural Urban Migration in India.* Bombay: Popular Prakashan, 1977**.**

BOOKS FOR REFERENCE

Bhat, Anil. *Development & Social Justice: Micro Action by Weaker Sections*. New Delhi: Sage, 2001.

Bosco, B.C. *Introduction to Disaster Management.* New Delhi: Rajat, 2007.

Datt & Sundaram K.P.M. 54th Ed*. Indian Economy.* New Delhi: S. Chand, 2007.

Desai ,A.R. *Rural Sociology.* Bombay: Popular, 1978.

Desai, Vasanth. *Rural Development, Vol. 1& 2.* New Delhi: Himalaya, 1998.

Dhingra C.Ishwari. *The Indian Economy.* New Delhi: S. Chand ,1988.

Fritz C.E*,"Disaster";* Sills, D. (Ed) International Encyclopaedia of Social Science, Vol. 4, U.S.A.: The MacMillan Company and the Free Press,,202-208.

Gangrade, K.D. & Dhadde. S.*Challenge and Response.* Delhi: Rachna, 1973.

Goel, S.L. *Disaster Management.* New Delhi: Deep and Deep, 2001.

Indian Journal of Social Work Vol. 12, 1999.

Jain L.C. *Grass without Roots: Rural Development under Government Auspices.* New Delhi: Rawat, 1985.

Jain S.C. *Community Development & Panchayati Raj in India.* Chennai: Allied, 1985.

Jain S.C. *Rural Development Institutions & Strategies.* Jaipur: Rawat, 1985.

Joint Assistant Centre *Natural Disaster;* New Delhi: Adhyatma Sadhana Kendra, 1980.

Kapila Uma. *India's Economic Development since 1947.* New Delhi: Academic Foundation, 2007.

Puri V.K. & Misra S.K. *Indian Economy Himalayan.* New Delhi: Himalaya, 1988.

Schenk-Sandbergen Loes. *Women and Seasonal Labour Migration.* New Delhi: Sage,1995.

Sharma, Kampa Prassad. *Participation Planning at the Grass Roots.* New Delhi: Sterling, 1993.

Sudarsen V. *The Uprooted Displacement Resettlement Development.* New Delhi: Gian,1991.

JOURNALS
SAGE: **Journal of Developing** Societies:
Journal of South Asian Development

WEB RESOURCES
http://planningcommission.nic.in/
http://www.historydiscussion.net

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015-2016)

FAMILY SOCIAL WORK

CODE: 15SW/PE/FS34   **CREDITS : 4**
                                                                                    LTP : 4 0 0
TOTAL TEACHING HOURS : 52

OBJECTIVES OF THE COURSE

- ➢ To develop an understanding on marriage and family as social institutions
- ➢ To comprehend emerging forms of marriage and families in society
- ➢ To gain knowledge and skills in applying theoretical frameworks for working with families
- ➢ To recognise the growing need to work with senior citizens in society
- ➢ To gain an understanding of policies and programmes for family development

Unit 1
Families in Society   **(12 hrs.)**

1.1   Family as a Social Institution, Concept of Family, Characteristics, Types, Functions, Family Ecology, Family Members and Households; Norms, Family Dynamics; Interaction Patterns: Myths about Families; Patriarchy; Changing Features of the Modern Family

1.2   Understanding the Family-Global and Indian Perspectives; Analysis of Structural and Functional Changes and Challenges Affecting the Family

1.3   Emerging Family Patterns - Single Parent Families, Female Headed Households, Dual Earner Families, Reconstituted Families and Parenthood through Surrogacy

Unit 2
Marriage and Family Life   **(13 hrs.)**

2.1   Concept and Definition of Marriage, Forms of Marriages, Functions, Changing Situations in Marriages and Marital Relationships, Live-In Relationships; Gay, Lesbian and Bisexual, Transgender and Queer Relationships

2.2   Challenges in Marriage and Family Life; Marital Discord, Impact of Migration, Industrialisation, Urbanisation on Family Life – Changing Functions, Values, and Relationships; Equity and Equality in Family Functions and Relationships, Dowry as a Social Issue, Separation and Divorce

2.3   Family Life Education; Positive Parenting, Family Communication, Sex and Sexuality Education, Reproductive Health and Family Planning

Unit 3
Theoretical Frameworks and Laws for Working with Families   **(9 hrs.)**

3.1   Life Span Approach: Characteristics, Goals, Needs, Tasks and Problems of each Stage in the Family Lifecycle, Family Therapy, Rehabilitation, Crisis Intervention;   Systems/ Ecological Perspectives; Strengths Based, Solution Focused, Structural, Strategic, Evidence Based, Family Resilience and Communication Theory

<table>
<tr><td>3.2</td><td>Assessment of Family Needs: Steps in Problem Assessment and Goal Setting for Intervention; Tools for Assessment</td></tr>
<tr><td>3.3</td><td>Legislations and Laws on Family and Marriage, Family Courts Act 1984; Mediation and Conciliation, Lok Adalats</td></tr>
</table>

Unit 4

Social Work and Senior Care   **(9 hrs.)**

    4.1   Meaning and Definition; Demography of Aging; Longevity of Life, Ageing Differentials; Challenges of Senior Citizens in Family and Society, Issues of Neglect, Abandonment, Violence and Abuse, Financial Exploitation

    4.2   Special Needs of Senior Citizens; Intergenerational Relationships, Life Transition Needs – Living Arrangements, Employment, Social Relations, Retirement, Monetary Needs, Social Security, Recreation and Leisure Time

    4.3   Disorders, Diseases and Disabilities Associated with Senior Citizens; Coping with Loss of Partner and other Crisis Events, Grief Counselling and Preparation for Death

Unit 5   **(9 hrs.)**

Role of Government and NGOs in Family Development and Senior Care

    5.1   Ministry of Health and Family Welfare: Family Welfare Programmes: RCH Programme under NRHM, All India Post-Partum Programme, Janani Suraksha Yojana (JSY), Socio Economic and Welfare Programmes of the Central and State Social Welfare Board

    5.2   International and National Policies on Aging: Madrid International Plan of Action on Aging-2002; National Policy on Older Persons-1999, Senior Citizen Act,2007; National Council for Senior Citizens; Concessions, Facilities and Programmes for Senior Citizens

    5.3   Role and Contributions of NGOs, Self Help and Support Groups, Family Counselling Centres, Changing Concept of Institutionalisation; Assisted Living Centres and Communities for Senior Care

BOOKS FOR STUDY

Carter, B. McGoldricke. M., *The Changing Family Life Cycle-A Framework for Family Therapy* London: Allyn & Bacon, 1989.

Duvall, Evelyn M. *Family Development*. ed 3, New York: J.B. Lipincott Company, 1989.

Hurlock, E. *Developmental Psychology - A Life Span Approach*. ed 5. New Delhi: Tata McGraw Hill, 1995.

Saleebey, Dennis, *The Strengths Perspective in Social Work Practice.* ed 4, New York: Pearson Education, 2006.

Tata Institute of Social Sciences. *Family Intervention - Case Studies*. Mumbai: TISS, 1994.

BOOKS FOR REFERENCE

Ambrosino, R. Hefferman, J. and Shuttlesworth, G. *Social Work and Social Welfare- An Introduction,* ed. 5, New York: Brooks /Cole Thomson Learning, 2005.

Bhatlavande, P. Gangakhedkar, R. *On the Horizon of Adulthood*, India: UNICEF, 2001.

Bhuimali, Anil, *Ageing Population and Social Security System,* New Delhi: Serials, 2011.

Cocker, Christine. *Advanced Social Work with Children and Families,* New Delhi: Learning Matters, 2011.

Compton, Beulah R. Galaway, B. Cournoyer, Barry R. *Social Work Processes,* ed 7, New York: Brooks / Cole Thompson Learning, 2005.

Desai, M. (ed), *Family & Interventions- Course Compendium*, Mumbai: TISS,1994.

Goode, William J. *The Family,* New Delhi: Prentice Hall,1965.

Indira T Rani*, Adjustment of Senior Citizens,* New Delhi: Discovery, 2010.

Margaret, A., Schvaneveldt. M.J. *Handbook of Family Life Education- The Practice of Family Life Education,* New Delhi: Sage,1993.

Mckie Linda*, Understanding Families*, London: Sage, 2012.

Pachauri, S., *A Reproductive Health Package for India*, New Delhi: Population Council, 1995.

Rath Sangeeta, *Work and Family,* Delhi: Manglam, 2009.

Suneetha K*, Social Support for the Elderly*, New Delhi: Sonali, 2010.

Timonen Virpi, *Ageing Societies,* New York: Tata Mc Graw Hill, 2008.

WEB RESOURCES

www.ncw.nic.in
www.socialjustice.nic.in/
www.socialjustice.nic.in/ddrstn.php
www.familyserfac.org
www.tnhealth.org
www.tn.gov.in/adoption/

www.census.tn.nic.in
www.censusindia.gov.in/

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015-2016)

MENTAL HEALTH AND SOCIAL WORK

CODE: 15SW/PE/MH34   **CREDITS: 4**
                                                               L T P: 4 0 0
                                             TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

➢ To understand Psychiatric Social Work in the context of changing trends in
   health care
➢ To understand the concept of mental health, acquire knowledge of mental
   disorders and their management
➢ To develop skills in identifying and managing mental disorders in health
   settings and the community

Unit   1
Concept of Mental Health and Mental Illness   **(8 hrs.)**
   1.1 Changing Perspectives from Illness to Well-Being
   1.2 Changing Trends in Mental Health Care
   1.3 Indian View of Mental Health and Well Being
   1.4 Psychiatric Social Work: Definition, History and Scope
   1.5 Changing Perspective of Psychiatric Social Work

Unit   2
Common Mental Disorders and their Treatment Modalities   **(12 hrs.)**
   2.1 Classification of Mental Disorders – ICD 10, ICF, DSM (Overview)
   2.2 Clinical Signs and Symptoms of Mental Disorders
   2.3 Organic Mental Disorders
   2.4 Mental and Behavioural Disorders due to Psychoactive Substance Use
   2.5 Schizophrenia
   2.6 Delusional Disorders
   2.7 Mood Disorders

Unit   3
Neurotic, Stress-related and Somatoform Disorders   **(12 hrs.)**
   3.1 Behavioural Syndromes Associated with Physiological Disturbances,
   3.2 Disorder of Psychological Development, Behaviour and Emotional Disorders
        -Onset in Childhood and Adolescence.
   3.3. Disorders of Adults- Personality Disorders and Behaviour
   3.4 Sexual Disorders
   3.5 Mental Retardation
   3.6 Suicide

Unit   4
Psychiatric Assessment   **(10 hrs.)**
   4.1 History Taking and Mental Status Examination, Psychosocial and
        Multidimensional Assessment of Persons with Mental Disorders in Psychiatry

from a Clinical and Strengths Based Perspective
4.2 Assessment of Family as a System
4.3 Use of Mental Health Scales in Assessment and Intervention
4.4 Legislations with Regard to the Mentally Ill – Mental Health Act 1987, Narcotics Drugs and Psychotropic Substances Act 1987
4.5 Rights of the Mentally Ill and Advocacy

Unit 5
Practice of Psychiatric Social Work in the Mental Health Field   (10 hrs.)
5.1 Psychiatric Settings: Child and Adolescent Mental Health Act, Gender and Mental Health, De-Addiction, Industry, Emergency Settings
5.2 Non-Psychiatric Settings: Non-Institutional Models of Mental Health Care
5.3 Role of National and International Organisations in Mental Health

BOOKS FOR STUDY

Ahuja,Niraj.*A Short Textbook of Psychiatry.*5th Edition. New Delhi: Jaypee Brothers, 2002.

Mane P. & Gandevia K. (Eds.) *Mental Health in India Issues and Concerns*. Mumbai: Tata Institute of Social Sciences,1993.

Pritchard, Colin. *Mental Health Social Work.* London: Routledge, 2006.

Sekar,K. Parthasarathy,R. Muralidhar,D. Chandrasekhar Rao.*Handbook of Psychiatric Social Work.* Bangalore: NIMHANS, 2007.

BOOKS FOR REFERENCE

Bhattacharya, Sanjay. *Social Work Interventions and Management*. New Delhi: Deep & Deep, 2008.

Francis, Abraham P. (Ed.) *Social Work in Mental Health – Areas of Practice, Challenges & Way Forward.* New Delhi: Sage, 2014.

Francis, Abraham P. (Ed.) *Social Work in Mental Health – Contexts & Theories for Practice.* New Delhi: Sage, 2014.

Herman, Helen. Saxena, Shekhar. Moodie, Rob. (Eds.) *Promoting Mental Health – Concepts – Emerging Evidence – Practice*., Geneva:WHO, 2005.

Hicks, James Whitney. *50 Signs of Mental Illness – A Guide to Understanding Mental Health.* New   Delhi: Word Books, 2008.

Kaplan, H.I., Freedman A.M., & Sadock B.J. *Comprehensive Text Book of Psychiatry,* (Third   Ed.) Vols. 1, 2&3 London: Williams & Wilkins, 1980.

Roberts, Albert R. & Greene, Gilbert J. *Social Workers' Desk Reference*. New York: Oxford   University, 2001.

Srinivasa Murthy & Burns B. (Eds). *Community Mental Health – Proceedings of the Indo-US   Symposium.* Bangalore: NIMHANS, 1992.

Verma, Ratna. *Psychiatric Social Work in India***.** New Delhi: Sage, 1991.

World Health Organisation.*The International Classification of Functioning, Health.* Geneva: 2002.

World Health Organisation. *The ICD 10 Classification of Mental and Behavioural Disorders. Clinical Description and Diagnostic Guidelines*. Geneva: Oxford University Press, 1992.

JOURNALS

Health & Social Work
International Journal of Mental Health Systems
Indian Journal of Social Work
Indian Journal of Psychiatry
BioMed Central Journals

WEB RESOURCES
nursing*planet.com/pn*
http://www.casw-acts.ca/en/role-social-work-mental-health
http://www.communitycare.co.uk/mental-health/
http://www.who.int/features/factfiles/mental_health/mental_health_facts/en
http://www.medicinenet.com/mental_health_psychology/article.htm

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015- 2016)

SOCIAL ENTREPRENEURSHIP

CODE: 15SW/PE/SE34   **CREDITS : 4**
                                                       L T P : 4 0 0
                                        TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

 ➢ To acquire knowledge and understanding of the basic concept of Social
   Entrepreneurship
 ➢ To promote entrepreneurial skills to develop innovative responses to social problems
 ➢ To recognise opportunities, explore innovative approaches and mobilise resources to
   manage risks and build viable social enterprises
 ➢ To apply Social Entrepreneurship to both profit and non-profit firms

Unit   1
Introduction to Social Enterprises   **(8 hrs.)**
   1.1   History, Concept of Entrepreneurship and Social Entrepreneurship and
              Enterprises
   1.2   Need and Importance, Relevance of Social Enterprise
   1.3   Issues and Concerns; Voluntarism vs. Privatisation, Partnership vs.
Individualism,
          Internal sourcing vs. Outsourcing, Centralisation vs. Decentralisation,
          Conflict vs. Consensus, Intimidation vs. Inquisitiveness

Unit   2
Entrepreneurship Skills   **(10 hrs.)**
   2.1   Entrepreneurial Traits: Assessment of Entrepreneurial Traits
   2.2   Entrepreneurial Decision Making Process
   2.3   Entrepreneurial Motivation: Achievement and Motivation Process (AMT)
           Development of Entrepreneurial Competencies

Unit 3
Models of Social Enterprises   **(12 hrs.)**
   3.1   Entrepreneur Support Model, Market Intermediary Model,   Employment
           Model, Market Linkage Model
   3.2   Fee-for-Service Model, Low-Income Client as Market, Service Subsidization
           Model
   3.3.   Cooperative Model, Organisational Support Model, Empowerment Model,
           Networking Model

Unit 4

Assessment and Market Survey   **(15 hrs.)**

4.1 Needs Assessment, Market Study and Analysis, Idea Generation and Market

       Survey -Demand

4.2   Marketing Management an Overview: 4 "P" s of Marketing – People, Product,
            Pricing, Distribution and Promotion

4.3   Market Segmentation/Opportunity Identification

Unit 5

Preparation of Business Plan   **(7 hrs.)**

5.1   Guidelines for Preparation of Business Plan

5.2   Model Business Plan Presentation

5.3   Support Institution to Help in the Preparation of Business Plan

5.4   Financial Management and Book Keeping

BOOKS FOR STUDY

Batra,G.S. *Development of Entrepreneurship.* New Delhi: Deep & Deep, 2002 .

Desai,Vasant. *Entrepreneurial Development.* Vol.1 Entrepreneur, Entrepreneurship and Development, Principles,Program. New Delhi: Himalaya, 1991.

Kanungo, Rabindra. *Entrepreneurship and Innovation. Models for Development,* New Delhi:
Kanishka Prakashan, 1998 .

Shanta, Kohli Chandra. *Development of Women Entrepreneurship in India. A Study of Public and Programmes,* New Delhi: Mittal, 1991.

BOOKS FOR REFERENCE

Yadav C.P. *Encyclopaedia of Entrepreneurship Development. Vol.1 Entrepreneurship : Theory and Practice,* New Delhi: Anmol, 2000.

Yadav C.P. *Encyclopaedia of Entrepreneurship Development. Vol.2 Entrepreneurship : Theory and Practice,* New Delhi: Anmol, New Delhi, 2000.

Yadav C.P. Encyclopaedia of Entrepreneurship Development. Vol.3 Entrepreneurship : Theory and Practice, New Delhi: Anmol, 2000.

Yadav C.P *Encyclopaedia of Entrepreneurship Development. Vol.4 Entrepreneurship : Theory and Practice,* New Delhi: Anmol, 2000.

JOURNAL

Monthly Journal Entrepreneurship 12 issues per year

WEB RESOURCES

http://www.pbs.org/opb/thenewheroes/whatis/
https://www.ashoka.org/social_entrepreneur

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015 -2016)

YOUTH DEVELOPMENT

CODE: 15SW/PE/YD44   **CREDITS: 4**
L T P: 4 0 0
TOTAL TEACHING HOURS: 52 OBJECTIVES OF THE
COURSE

➢ To acquire knowledge of the concept of Youth Development, the need and importance of working with youth
➢ To develop the ability to understand the issues confronting youth in the changing socio-economic, political and cultural scenario
➢ To gain an understanding of different governmental/nongovernmental programmes working for the development of youth
➢ To develop an understanding of the different methods of working with youth groups

Unit   1
 Introduction   **(8 hrs.)**
 1.1 Youth Development: Concept, Definition, Aims and Objectives
 1.2 Demographic Profile of the Youth in Rural, Tribal and Urban India
 1.3 Status of Youth – Global Situation. National Youth Policy – 2014

Unit   2
Needs of Youth   **(13 hrs.)**
 2.1   Physical, Intellectual, Emotional, Social and Religious Needs of Youth
         Socialization of Youth
         2.1.1   Influence   of   Family,   Peer,   Neighbourhood,   Reference   Groups,   Religion
                 and Media
 2.2.2   Impact   of   Westernisation,   Modernisation,   Urbanisation   and   Globalisation
         Socio-Economic,   Political   and   Cultural   Challenges   faced   by   Youth,   Youth
         and Poverty

Unit   3
Specific Problems of Youth   **(9 hrs.)**
 3.1   Behavioural Problems
         3.1.1   Substance Abuse, Sexually Transmitted Diseases, HIV/AIDS, Sexual
         Problems, Eating Disorders and Obesity.
 3.2 Emotional Problems
         3.2.1   Identity   Crisis,   Alienation,   Low   Self-esteem   and   Suicide,
                 Career Conflict, Conflicts in Selecting a Partner

Unit   4
Youth and Social Development   **(18 hrs.)**
4.1 Involvement of Youth in Social Development

     4.1.1 Initiating Youth in Politics, Youth in Conflict Situations, Youth and
        Terrorism, Youth and Millennium Development Goals Post 2015
     Development Agenda
     4.1.2 Social Entrepreneurship - Meaning, Definition, Competencies and
        Characteristics of an Entrepreneur, Youth for Leadership
  4.2 Welfare Programmes for Rural/Urban Youth
     4.2.1 National Programmes - NCC, NSS, Scouts and Guides, Sports, Youth
        Festivals, Career Counselling.
  4.3 Youth Organisations and Movements in India
     4.3.1 Rajiv Gandhi National Institute for Youth Development
     4.3.2 Nehru Yuva Kendra Sangathan, Vishwa Yuva Kendra
     4.3.3 Students Federation of India, National Students Union of India,
Democratic Youth Federation of India, All India Catholic Universities
        Federation

Unit 5

  Training and Application of Social Work Methods in Working with Youth and
  Youth Groups   **(4 hrs.)**

  5.1 Training, Capacity Building, Research, Networking, Volunteering, Peer Counselling and
     Advocacy
  5.2 Designing and Implementing Community Based Youth Development Programmes/Projects

BOOKS FOR STUDY

Ahuja, Ram. *Indian Social Problems*. New Delhi: Rawat **,** 1993.

Dugan, Laird. *Approaches to Training and Development.* Jaipur.: Rawat , 2007

Kuriakose P.T Vishwa. *Youth Work in India: Scope and Strategy* New Delhi: Vishwa Yuva Kendra, 1985.

Ruhela. S.P. *Sociology of the Youth Culture in India***.** Delhi: Indian, 2001.

BOOKS FOR REFERENCE

Kehily Jane Mary (Ed.). *Understanding Youth: Perspectives, Identities and Practices*. London: Sage, 2009.

Rajendran Vasanthi & David Paul. *Youth and Globalisation, Proceedings of the Workshop on*
Youth and Globalisation. Mumbai: Rajiv Gandhi National Institute of Youth Development, Sriperumbudur and
  Tata Institute of Social Sciences, 2006.

JOURNALS

Endeavour, Journal of Youth Development, Vol.1, No.1 July-December, 2005. Rajiv Gandhi
National Institute of Youth Development
Nehru Yuva Sandesh – Monthly Newsletter, Nehru Yuva Kendra Sangathan
Solution to Youth's Problem, Adam Publishers & Distributors. 2006.
AICUF Student Movement in India, AICUF Publications, 1990.
United Nations. World Youth Report. 2013.

WEB RESOURCES

www.yas.nic.in,
www.rgniyd.gov.in
www.tn.gov.in - Youth Welfare and Sports Department
www.nyks.org
www.un.org/youth

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI - 600 086
MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2015 -2016)

COMMUNITY HEALTH

CODE: 15SW/PE/CH44   **CREDITS : 4**
                                                                        L T P : 4 0 0
                                                TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

 ➢   To develop an understanding of the Community Health and Public
      Health situation at the regional, national and global level
 ➢   To create an awareness of the existing programmes and services at local,
      national and international levels and the need for a preventive, promotive and
      developmental approach
 ➢   To develop skills in programme planning and education for different target
      groups
 ➢ To develop a holistic and integrated approach to Social Work practice in the field
      of   Community Health

Unit   1
Community Health   **(10 hrs.)**

1.1   Concept- Community Health, Community Mental Health
1.2   Public Health– Definition, Changing Concept and Development in India. Health
       Planning Cycle
1.3   Community Paediatrics, Community Geriatrics as Emerging Avenues for Health
       Promotion
1.4   Primary Health Care, Principles of Primary Health Care. Community Based
       Rehabilitation

Unit   2
Situational Analysis of Community Health   **(12 hrs.)**
2.1   Community Health Status at the National Levels, State and Regional Levels.
       Community Health Problems, Training of Community Health Workers
2.2   Impact of Globalisation, Privatisation and Liberalisation on Health. Trade and
       Intellectual Property Rights, Medical Tourism. Commercialization of Health
       Care
2.3   Environmental Health - Impact of War, Disasters and Displacement on Health
2.4   Right to Health, Right to Health Care and Access to Essential Medicines.
       Current Challenges in Attaining Health for All. Role of People's Health
       Movement

Unit   3
Health Policy and Legislation   **(8 hrs.)**
3.1   National Health Policy (2002)

 3.2 Rehabilitation Council of India Act, National Trust for Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities Act (1999)

 3.3 Health in Disaster Situations

Unit 4

National Health Programmes and National Institutions   **(12 hrs.)**

 4.1 National Health Programmes- Overview

 4.2 Health Sector Reforms - National Rural Health Mission (NRHM), Indian Public Health Standards (IPHS)

 4.3 Institutions- Role, Structure and Functions
  Ministry of Social Justice & Empowerment, Govt. of India, State Commission for the Disabled, Rehabilitation Council of India, National Institute for Mental Health and Neuro Sciences

 4.4 National Institute for Mental Disabilities, National Institute for the Visually Handicapped, National Institute for the Orthopaedically Handicapped, Ali Yavar Jung National Institute for the Hearing Handicapped, National Institute for the Mentally Handicapped and National Institute for Empowerment of Persons with Multiple Disabilities

Unit 5

Clinical and Non Clinical skills for Community Health and Mental Health Practice

                    (10 hrs.)

 5.1 Approaches for Promotion of Health at All Levels – Pro-Active, Preventive, Developmental and Remedial Approaches

 5.2 Basic Epidemiology and Vital Statistics

 5.3 ICMR in Health Research, Clinical Trials

BOOKS FOR STUDY

Dhaar, G.M. & Robbani,I. *Foundations of Community Medicine*, New Delhi: Elsevier, 2006.

Garrett Martha.J. *Health Futures: A Handbook for Health Professionals*, Geneva: WHO, 2000.

Park, K., *Preventive and Social Medicine*, Jabelpur: Banarasidas, 1997.

Pritchard, Colin. *Mental Health Social Work – Evidence – Based Practice*, Routledge: Taylor and Francis Group, 2006.

BOOKS FOR REFERENCE

Antia,N H., Dutta,G.P., & Kasbekar, A.B., *Health and Medical Care- A People's Movement,*
Pune: FRCH, 2000.

Bhattacharya, Sanjay. *Social Work Interventions and Management*, New Delhi: Deep & Deep, 2008.

Devitt ,Stella Jones, Smith. *Critical Thinking in Health &Social Care*, New Delhi: Sage, 2005.

JOURNALS

Indian Journal of Community Health
http://www.iapsmupuk.org/journal/index.php/IJCH/index

WEB RESOURCES

Ministry of Health and Family Welfare
http://india.gov.in/ministry-health-and-family-welfare

NHM Health Statistics Information Portal
https://nrhm-mis.nic.in/SitePages/Home.aspx

Department of Health Research (DHR)
http://www.dhr.gov.in/#
www.planningcommission.nic.in/reports/genrep/.../26_bg2020.doc

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

SYLLABUS
(Effective from the academic year 2015- 2016)

DEVELOPMENT PRACTICE – URBAN AND RURAL

CODE: 15SW/PE/UR44

CREDITS : 4
L T P : 4 0 0
TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE

➢ To understand and critically analyze rural, urban and tribal communities and the importance of development of these communities
➢ To enhance critical understanding of the models and strategies for Community Development practice
➢ To enable the students to understand development related issues

Unit   1
Rural Community Development   **(10 hrs.)**
1.1   Definition, Concept and Characteristics of Rural Community: Rural Socio-Economic Structure - Family, Caste, Class, Power Structure
1.2   Historical Review of Rural Community Development and Nature and Scope of Rural Community Development
1.3   Rural Issues and Challenges: Poverty, Causes and Consequences of Poverty, Rural Backwardness, Casteism, Illiteracy, Unemployment, and Agrarian Crisis, Specific Problems of Dalits, Women and Children
.

Unit   2
Urban Community Development   **(10 hrs.)**
2.1   Urban, Urbanism, Over-Urbanization, Urban Decay, Displacement, Urban Growth, Urbanisation Trends, Causes and Consequences, Urban Renewal, Urban Re – Location, Urban Ecology – Definition, Urban Ecological Processes; Classification of Urban Areas according to the Census of India
2.2   Historical Overview of Urban Community Development in India – Origin, Aims, Objectives, Organisation Structures – Pioneering Projects (Delhi, Baroda, Hyderabad)
2.3   Urban Issues and Challenges:Poverty-Size, Causes, Consequences, Urban Poverty Measures, Trends in Urban Poverty, Manifestation of Urban Poverty- Specific Problems Encountered by Urban Poor due to Displacement – Housing Infrastructure and Livelihood Problems-Homelessness, Quality of Life of Slum Dwellers, Population, Overcrowding, Social Exclusion, Migration and Increasing Growth of Informal Sectors, Trafficking, Eviction, Displacement, Unemployment and Crime

Unit   3
Tribal Community Development   **(10hrs.)**
3.1   Definition and Concepts; Tribal Socio-Economic Structure; Family System, Rituals and Rites, Tribal Economy, Society and Polity, Kinship Patterns, Animism and Tribal Culture
3.2   Tribal Community Development: Historical Over view of Tribal Development and Approaches to Tribal Development
3.3.   Issues, Challenges and Problems of Tribal Communities: Alienation, Land Acquisition, Oppression, Deprivation, Bonded Labour, Exploitation, Tribal Dislocation and Resettlement, Lack of Basic Amenities; Displacement

Unit 4
<mark>**Disaster Management and Displacement**</mark>   **(10 hrs.)**
    4.1   Disaster Management - Concept, Definition, Types of Disasters
                Stages in Disaster - Pre, During and Post Disaster; Psycho Social Aspects of Disasters. Problem Areas - Mitigation Measures, Risk Management, Vulnerability Analysis, Cost-Effective Analysis, Risk Reducing Measures

    4.2   Types of Displacement - Development Induced, Disaster Induced, Man-Made, Rural and Urban, Internal and International, Forced Evictions. Development Induced Displacement, Economic Migrant, Immigrant, Voluntary and Involuntary Displacements; International Displacement

Unit   5
<mark>**Models of Community Development**</mark>   **(12 hrs.)**
    5.1   Asset Based Community Development (ABCD)
    5.2   Result Based Accountability Model (RBA)
    5.3   Appreciative Enquiry approach for Community Development (AE)
    5.4   Participatory Planning for Sustainable Community Development (PPSCD)
    5.5   Cooperative and Sustainable Community Development

BOOKS FOR STUDY

Bhatia,B.S. *Rural Development Management*, New Delhi: Deep & Deep, 2003.

Kumar,A . *Tribal Development in India,* New Delhi: Sarup & Sons, 2002.
Jacob Z. Thud Para, *Urban Community Development,* New Delhi: Rawat, 1993.

Rengasamy, S. *Introduction to Rural Community Development*, Madurai: Institute of Social
Sciences, 2010

Rengasamy, S. *Introduction to Urban Community Development,* Madurai: Institute of   Social Sciences, 2010

BOOKS FOR REFERENCE

Arya, R. P. *Training for Social Work and Rural Development,* Chennai: Manglam: 2007.

Behera M .C . *Globalisaing Rural Development,* New Delhi: International Development Research   Centre, 2006.

David, Atchoarena , *Education for Rural Development,* Rajasthan: Rawat, 2003.

Gupta,K.R. *Rural Development in India.* Vol.1, New Delhi: Sarup & Sons, 2003.

Jain, Rashmi . *Communicating Rural Development,* Jaipur: Rawat, 2003.

Lalitha, N. *Self Help Groups in Rural Development*, New Delhi: Atlantic, 2003.

Narayan, Sachindra. *The Dynamics of Tribal Development. Issues and Challenges,* New Delhi: Gyan, 2002.

Patnaik, N. *Tribes and their Development: A study of Two Tribal Development Blocks in Orissa,* Hyderabad: National Institute of Community Development, 1977.

Prasad, B.K. *Rural Development : Concept, Approach and Strategy,* New Delhi: Sarup & Sons, 2003.

Reddy, Sateesh K. *Multi-faceted Rural Development Dominant,* New Delhi: 2002.

Sathyanarayana G. *Voluntary Effort and Rural Development,* Rajasthan: Rawat, 2007.

Sharma, A.N. *Tribal Development in Andaman Islands,* New Delhi: Sarup & Sons, 2003.

Soni, Jasprit Kaur. *Introspection of Tribal Development,* New Delhi: Sonali, 2004.

Thakur Ashutosh, *Tribal Development and its Paradoxes*, Calcutta: Authors , 2001.

JOURNALS

Development – Quarterly
Yojana – Monthly

WEB RESOURCES

http://www.tn.gov.in/department/15

http://rsamuel.webnode.com/urban-community-development/

http://ageconsearch.umn.edu/bitstream/132204/2/2001-2-8.pdf

http://www.ifad.org/english/cdd/pub/decisiontools.pdf

PATTERN OF EVALUATION

Continuous Assessment
Total Marks - 50   **Duration - 90 mins.**

Section – A   5 x 2 = 10 marks   (All questions to be answered in 50 words each)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions to be answered in 600 words each)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions to be answered in 1200 words each)
1Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory – Theory – 15 marks, Field application and interpretation – 20 marks, Seminar Presentation – 15 marks

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

SYLLABUS
(Effective from the academic year 2015 – 2016)

DISASTER MANAGEMENT

CODE: 15SW/PI/DM24   **CREDITS: 4**

OBJECTIVES OF THE COURSE

- To develop an understanding of eco system equilibrium and disequilibrium
- To develop skills to analyze the factors leading to disaster
- To develop an understanding of the process of Disaster Management
- To understand the role of the Social Worker in Disaster Management

Unit   1
   Disasters – An Introduction
   1.1   Concept: Definition; Basic Disaster Aspects, Types of Disasters-Natural,
           Instantaneous, Creeping, Technological Disasters and Their Interaction
   1.1   Refugees/Repatriates

Unit   2   **Disaster
Management Cycle**
   2.1   Disaster Management Cycle: Prevention, Mitigation, Preparedness, Response,
           Recovery and Rehabilitation.
   2.2   Stages in Disaster-Pre, During and Post Disaster
   2.3   Psychosocial Aspects of Disaster

Unit   3
   Disaster Mitigation
   3.1   Mitigation-Guiding Principles of Mitigation
   3.2   Problem   Area-Mitigation   Measures,   Risk   Management,   Vulnerability   Analysis,
           Cost- Effective Analysis, Risk Reducing Measures
   3.3   Formulation and Implementation of Mitigation Programmes

Unit   4
    Interventions in Disasters
   4.1   Management Policy/Legislation, Relief, Recovery (Rehabilitation Management   Policy,
           Legislation)
   4.2   National /International Resources (Funding Agencies)

Unit   5
   Role of Social Work in Disasters
   5.1   Role of the Social Worker in Disaster Management
   5.2   Utilisation of Resources/Training and Public Awareness

BOOKS FOR REFERENCE

Bose, B., C. *Disaster Management in India.* New Delhi :Rajat, 2007.

Bose, B., C. *Disaster Management in 21st Century***.** New Delhi: Rajat, 2007.

Goel, S., L. *Encyclopedia of Disaster Management*. New Delhi: Deep & Deep, 2007.

Goel, S., L. *Disaster Management Organisations and Management, Health Management of Human Being and Animals.* New Delhi: Deep & Deep, 2001.

Newburn, Tim. *Disaster & After***.** London: Jessica Kingsley, 1993.

Prabhas, Chandra, Sinha*. Disaster Management Process, Law, Policy & Strategy.* New Delhi: SBS, 2006.

Prabhas, Chandra, Sinha. *Disaster Relief, Rehabilitation & Emergency Humanitarian Assistance.* New Delhi: SBS, 2006.

Prabhas, Chandra, Sinha. *Disaster Vulnerabilities & Risks*. New Delhi: SBS, 2006.

Prabhas, Chandra, Sinha. *Disaster Mitigation, Preparedness, Recovery & Response*. New Delhi: SBS, 2006.

Sanjay, K., Roy. *Refugees and Human Rights.* Jaipur: Rawat, 2001.

Smita. *Locked Homes Empty Schools*. New Delhi: Zubaan, 2007.

Singh, R., B. *Disaster Management***.** Jaipur: Rawat, 2000.

Verma, K. Manish. *Development, Displacement and Resettlement.* Jaipur: Rawat, 2004.

WEB RESOURCES

www.disasterready.org/

http://preventionweb.net/go/9640

https://iwhw.boku.ac.at/.../references/.../E__risk-management-applications_*8062*.pdf

PATTERN OF EVALUATION

End Semester Examination
Total Marks - 100   **Duration - 3 Hours**
Section – A   10 x 2=20 marks   (All questions to be answered in 50 words each)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions to be answered in 600 words each)
Section – C   2 x 20 = 40 marks   (2 out of 4 questions to be answered in 1200 words each)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011- 2012)

MANAGEMENT FOR NON PROFIT ORGANISATIONS

CODE: 11SW/PC/MO34   **CREDITS : 4**
L T P : 4 0 0
TOTAL TEACHING HOURS :52

OBJECTIVES OF THE COURSE
  ➢ To understand procedures and policies involved in establishing and maintaining not for profit organizations.
  ➢ To acquire skills to participate positively in the management of resources, physical, financial and human and management of programmes as part of the team.
  ➢ To develop effective leadership qualities in managing NGO's
  ➢ To develop skills to formulate and prepare projects.

Unit   1   **(8 hrs)**
Introduction: Concept of Management in India, Definition, types of non profit organizations, A Historical Perspective, Role of non profit organization, scope for Scientific Management in Welfare Organization, National policy of voluntary sector, CSR.

Unit   2   **(13 hrs)**
Management: Basic Concepts and Principles; Goals of Management, Management Techniques and Tools.
Management Functions: Concept and Principles of Management Planning, Policy Making, Goal Setting, Organization, Staffing, Coordination, Communication, Supervision and Control, Public Relations and Publicity; Reporting and Evaluation.

Unit   3   **(13 hrs)**
Organization of NGOs: Board, Trustee Committees, Executives – Their roles and function,   Laws related to NGO: Society Registration Act 1976s, Trust Act Of 1912, Cooperative Societies Act 1912 and FCRA related issues. FEMA. (Foreign Exchange Management Act, 1999.

Unit 4   **(10 hrs)**

Networking Organizations: Need and Importance, Process of networking, Power of networking, strength and values of networking, Collaborating with GOs, NGOs, Corporates, and INGO's , UN agencies.

Unit 5   **(5 hrs)**

Project Management:

a) Concept, project proposal writing, types steps, format, fund-raising (types, methods, skills), monitoring and evaluation of projects.

b) Financial management, principles, procedures of accounting, financial records, methods of financial control. (Not for Examination)

METHODOLOGY

Lectures
Group interaction/ Discussion
Observational field visits
Seminars
Case study
Assignments

BOOKS FOR STUDY

Anand Sirohi, Encyclopedia of Social Welfare Modern Perspective on Social Welfare, New Delhi :Domain Publishes and Distribution Publication, 2003.

Aswathappa K., Organizational Behaviour, 7th revised edition, Mumbai :Himalaya Publishing House, 2007.

Sankaran R. & Rodrigues, A Hand to the Management of Voluntary Organizations, New Delhi : Alpha Publication 1983.

BOOKS FOR REFERENCE

Arun Monappa & Miza, S.Saiyadain, Personnel Management, New Delhi: TATA MacDraw hill. Publishing Company LTD, 1997.

Carroll, Stephen Jr. & Tosi, Henry, Jr. Management by Objectives, NY : McMillan, 1973.

James David, Managing People in Organizations. New Delhi :AITB.S Publishers, 2002.

Koontz Harold , Management, New York :Harper Brother's Publication 1987.

Laxmi Devi, The Management, New Delhi: Institute for Sustainable Development, Lucknow; Anmol Publication, 1998.

Lalitha N.V, <u>Financial Assistance to Voluntarily Organizations for Development,</u> New Delhi :NIPCCD, 1981.

Lalitha N.V, <u>Status of voluntarily effort in social welfare</u>**,** New Delhi :NIPCCD, 1982.

Luthans Fred, <u>Organizational Behaviour</u>**,** 8th edition, New Delhi: Tata Mc Graw Hill Publishing Company Ltd., 2005.

Mital –R, Kumar. N, <u>Personnel Management and Industrial Relation</u>**,** New Delhi :Anmol Publications 2001.

MaheshwariS.N, <u>Management accounting and financial concept</u>**,** New Delhi: Sultan chand sons**,** 1998.

Odione, George, <u>Management by Objectives</u>**,** NY : Pitman Publishing, Corporation, 1965.

Prasad L.M., <u>Organisational Behaviour</u>**,** 4th edition, New Delhi: Sultan Chand and Sons Publisher, 2004.

Prasad Man Mohan , <u>Management Concepts</u>**,** New Delhi : Himalaya Publishing House. 1998.

Prasad Lallan and Gulshan S.S, <u>Management Principles and Practice</u>**,** New Delhi: Chand and Company Ltd. 2002.

Seshadri T.R, <u>Management Lighter and Brighter Sides</u>**,** New Delhi: Good Will Publishing House 1995.

Sherlekar, S.A, <u>Modern Business Organization & Management</u>**,** Bombay :Himalaya Publishing House, 1984.

Sharma, K.P, <u>Project Management</u>**,** New Delhi :National Book Trust 2000.

Sinha Kumar, Ajil Sen, Kumar Raj, <u>Economics of Amartya Sen,</u> New Delhi :Deep and Deep Publication 2000.

Thomas L. Wheelen J.David Higher, <u>Essential of Strategic Management</u>**,** New Delhi: Prentice Hill of India 2002.

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the Academic year 2011-2012)

CHILD RIGHTS

CODE: 11SW/PC/CR34   **CREDITS: 4**
                                                                       L T P: 4 0 0
                                                   TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE
  ➢ To create awareness on the situation of the child in India.
  ➢ To understand the legal provisions and rights of the child.
  ➢ To evaluate the services and programmes for the rights of the child.
  ➢ To study the skills and methods to work with children.

Unit   1   **(10 hrs)**
The Child in India - Demographic profile of the child in India. Situational analysis of the rights of the child in India – survival, health, nutrition, education and with specific reference to the girl child.

Constitutional safeguards assuring the rights of the child in India. UNCRC within the framework of human rights. Millennium Development Goals. Changing context of work with children – charity to rights approach.

Unit   2   **(10 hrs)**
Overview of problems of children - Children in Special Circumstances – Destitute child, Delinquent child, Street child – Definition, Causes, Effects, Services and Prevention. Juvenile Justice System in India. Sexually Exploited and Oppressed Children – Child Abuse, Child Labour, Child Trafficking, Child Prostitution – Definition, Nature/Characteristics, Causes, Effects, Services, Prevention.

Children in Need of Special Care – Differently Abled (Physically And Mentally Challenged), Emotionally Disturbed, Learning Disabled, Children Living with HIV/AIDS, Children of Prisoners. Problems of Children in Disaster Situations and Conflicts.

Role of Social Work with Children in Special Circumstances, Sexually Exploited and Oppressed Children. Children in need of Special Care and in Disasters and Conflict Situations.

Unit 3 (12 hrs)

Services for the Child - Structure and Function of Governmental Programmes. Programmes - Child Survival, ICDS Programme, School Health Programme, Health and Nutrition Programmes. Sarva Shiksha Abhiyan, National Child Labour Elimination Programme, Early Childhood Education, Alternatives to Formal School Education - Transit Schools, Non-Formal Education, Vocational Education.

National Charter for Children - 2004, National Plan of Action - 2005, Commission for Protection of Child Rights Act 2005, National Initiative for Child Protection, Right to Education Act, 2010, National Institute of Public Cooperation for Child Development, Indian Council for Child Welfare, Role of UN And International Non Governmental Organisations – UNICEF, UNESCO, World Health Organization, Save The Children, Child Rights And You And Non-Governmental Services for the Child.

Unit 4 (12 hrs)

Social Work with Children – Approaches to working with Children – Institutional Settings, SOS Children's Villages.
Non-Institutional Settings: Adoption –In country and Inter-Country Adoption, Sponsorship And Foster Care.
Multi-Disciplinary Approach – Sustainable/Developmental Approach, Macro planning, Sectoral Model, Participatory Approach, Preventive Model, Rehabilitative Models, Convergence Approach
Rights Based Approach in working with Children, Child Rights Programming, Networking and Advocacy for Child Rights.

Unit 5 (8 hrs)

Research, Training and Documentation – Research on child issues, training for Promotion, Protection and Defending Child Rights. Documentation of Child Issues and Rights, Child budgeting.

METHODOLOGY
    Lectures
    Discussions
    Case Studies
    Media Based Analysis
    Guest Lectures
    Field Visits
    Audio-Visual Aids
    Participation in Workshops
    Seminars

BOOKS FOR STUDY

Holmes, Robyn M. Field Work with Children. New Delhi: Sage Publications, 1998.

UNICEF. Mapping India's Children: An Agenda for Action

Yadav, Aradhana. Social Dimensions of Child Labourers, Dalit Children in Hazardous Industries. New Delhi: Indian Social Institute, 2007.

BOOKS FOR REFERENCE

Cotton, Mathew, Sanders Robert & Williams, May. An Introduction to Working with Children, A Guide for Social Workers. New York: Palgrave Macmillan, 2001.

D'Sami, Bernard. A Report on the Condition of the Marginalized Children in India, Chennai: Virgil D'Sami, Arunodhaya, 2006.

Feinstein Clare, Karkara Ravi, Laws Sophie. A Workshop Report on Child Participation – in the UN Study on Violence Against Children. Sweden: International Save the Children Alliance, 2002.

Gandhi, Anjali. School Social Work. New Delhi: Commonwealth Publishers, 1990.

Greig, Anne & Taylor Jayne. Doing Research with Children. New Delhi: Sage Publications, 2001.

Kappur, M. Sheppard, Ralph & Renate (Eds.) Child Mental Health -Proceedings of the Indo-US Symposium. Bangalore: NIMHANS and ADAMHA. 1993.

Nanda, V.K. Nutrition and Health for Child Development, New Delhi: Anmol Publications, 1999.

Save the Children. Child Rights Programming – How to apply Rights - Based Approaches in Programming. Sweden: International Save the Children Alliance, 2002.

Tandon, R.K. & Sudarshan, K.N. Directory & Handbook on Children. New Delhi: Ashish Publishing House, 1998.

Theis, Joachim. Promoting Rights – Based Approaches, Experiences and Ideas from Asia and the Pacific. Sweden: Save The Children, 2004.

Wal, S. International Encyclopaedia of Child Development Priorities for 21Century. Vol., I – V. New Delhi: Sarup and Sons, 1999.

www.wcd.nic.in
www.unicef.org
www.tn.gov.in

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the Academic year 2011-2012)

MEDICAL SOCIAL WORK

CODE: 11SW/PC/MS34   **CREDITS : 4**
                                                         L T P : 4 0 0
                                TOTAL TEACHING HOURS : 52

OBJECTIVES OF THE COURSE
- ➢ To trace the history and development of Medical Social Work and understand its current status.
- ➢ To develop a holistic and integrated approach to Social Work practice in the field of health.
- ➢ To have an understanding of common physical diseases and associated psycho social economic problems.
- ➢ To apply knowledge of Social Work in the field of health.

Unit   1   **(5 hrs)**
Health, hygiene, disease, illness and disability
Basic Concepts, Medicine through the ages; changing concept of health; concept of patient as a whole. Historical development of Medical Social Work in the west, in India.

Unit   2   **(8 hrs)**
Changing phase of health care Social Work
Levels of health care; Health Care Models; medical, health prevention and promotion model, integrative model and developmental model
Holistic approach to health; indigenous systems of health – Ayurveda, Siddha, Unani; Alternative systems of health – Yoga, Naturopathy, Homeopathy

Unit   3   **(8 hrs)**
Organization and administration of Medical Social Work in hospitals
- Multi disciplinary approach and team work
- Patients rights in health care – PNDT Act, MTP Act, COPRA, Organ Transplantation Act, Euthanasia, ESI Scheme, Health Insurance
- Medical Ethics
- PR in hospitals

Unit   4   **(16 hrs)**
Clinical Manifestations and Psycho- socio and economic problems:
-    Major communicable diseases – Tuberculosis, STD/ HIV/AIDS, malaria, dengue, cholera, typhoid, leprosy, leptospirosis
-    Major non-communicable diseases – diabetes, hypertension, cardiac disorders, neurological disorders, asthma, cancer

-    Problems of Individuals and family during hospitalization
-    Problems of patients undergoing surgery

Unit   5   **(15 hrs)**
Medical Social Work Practice In Different Settings – Hospitals, Out-Patient Departments, Emergency / Crisis Intervention and Care, Hospice, Special Clinics; Convalescent Care, Acute Health Care Settings, Restorative Health Care Settings, Long Term Health Care, Palliative Care .
Application of Social Work methods in the field of health. Use of psycho therapy, supportive counseling, grief counseling.
Discharge planning.
Documentation and record keeping in health care
Role ,Functions and Skills of Medical Social Workers
Problems Encountered by Medical Social Workers in the field.

METHODOLOGY

Lecturers, interactive discussions
Group assignment / discussions
Providing reading material for reflection and discussions
Article / news item reviews
Field based case-studies / discussion and analysis
Field visits / guest lectures.

BOOKS FOR STUDY

Bartlett H.M. Social Work Practice in Health Field. New York: National Association of Social Workers,1961.

Pathak S.H. Medical Social Work in India. New Delhi: DSSW, 1995.

GPI Singh & Sarit Sharma. Multiple Choices as In Preventive & Social Medicine. New Delhi: Elsevier,2008.

BOOKS FOR REFERENCE

Anderson R & Bury M. (Eds). Living with Chronic Illness- The Experience of Patients and Their Families. London: Un-win Hyman,1988.

Bajpai P.K. (Ed). Social Work perspectives on Health. New Delhi: Rawat Publications,1997.

G.M. Dhaar I Robboni. Foundation of Community Medicine. New Delhi: Elsevier, 2006.

Field M. Patients Are People- A Medico- Social Approach to Prolonged Illness. New York: Columbia University Press, 1963.

Goldstein D. Expanding Horizons in Medical Social Work. Chicago: University of Chicago Press, 1955.

Pokarno K.L. Social Beliefs, Cultural Practices in Health and Disease. New Delhi: Rawat Publications, 1995.

Reisch M. & Gambill E. Social Work in the 21st Century. New Delhi: Pine Forge Press, 1997.

Dr Sanjay Bhattacharya. Social Work: Psycho Social and Health Aspects. New Delhi: Deep & Deep Publications, 2008.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50 Time - 1 ½ Hours

Pattern of Question Paper

Section – A 5 x 2 = 10 marks (All questions to be answered)
Section – B 2 x 10 = 20 marks (2 out of 3 questions will have to be answered)
Section – C 1 x 20 = 20 marks (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination – Marks 100 Time - 3 Hours

Pattern of Question Paper

Section – A 10 x 2 = 20 marks (All questions to be answered)
Section – B 4 x 10 = 40 marks (4 out of 6 questions will have to be answered)
Section – C 2 x 20 = 40 marks (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011 -2012)

DEVELOPMENT PLANNING AND ADMINISTRATION

CODE: 11SW/PC/DP34   CREDITS : 4
                                                           L T P : 4 0 0
                                             TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE
➢ To develop theoretical understanding of development and planning.
➢ To enable students gain an understanding of the administrative machinery involved in development.
➢ To provide knowledge on various methods, strategies and development efforts.
➢ To understand the role and contribution of professional social work in the development process.

Unit   1   (8 hrs)
Planning and Development:
Planning: Concept, Types of Planning, Planning Process and Importance of Planning for Development.
Development: Concept, Indicators; Human Development Index, Physical Quality of Life Index, Human Poverty Index, Gender Related Index, Development paradigm: from conventional to people centered development; Development Strategies with reference to balanced & unbalanced approach to development, Models of Development with specific reference to Nehru, Gandhi, L. P.G and PURA Model.
Concept: Social Development and Sustainable Development; Millennium Development Goals (MDG).

Unit   2   (10 hrs)
Participatory Planning: Peoples Participation - Concept, Factors Promoting & Hindering Peoples Participation. Techniques of Participation with Specific Reference to Participatory Rural Appraisal & Participatory Need Assessment, Social Planning and Social Mapping.

Unit 3 (14 hrs)

An Overview of Rural, Urban and Tribal Administration: Related policies of rural, tribal, urban and development policies; Implications of 73rd and 74th Amendment Act. Development planning in India: Local Self Governance; Structures and levels of administration and planning, Critical analysis of the Five Year Plans. Development Paradigm in Social Work, Changing Trends in Social Work Practice. Application of Social Work Methods in Development Practice.

Unit 4 (10 hrs)

Displacement: Concept and Characteristics, Definition; Nature and Type - Development induced, disaster induced, Man-made, rural and urban, Internal and International, forced evictions, Development Induced Displacement, Economic migrant, Immigrant, voluntary and involuntary displacements; International displacement.

Unit 5 (10 hrs)

Disaster Management: Concept, definition; types of disasters, Refugees /Repatriates. Disaster management and refugee rehabilitation; Resettlement and Rehabilitation policy in India. Prevention, mitigation, preparedness, response, recovery and rehabilitation; Stages in Disaster - pre, during and post disaster; Psycho social aspects of disasters. Problem areas - mitigation measures, risk management, vulnerability analysis, cost-effective analysis, risk reducing measures. Disaster Management Act 2005.

METHODOLOGY
- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures
- Audio / Visual presentation
- Sharing of experience
- Field visit

BOOKS FOR STUDY

Agarwal, A.N, India Economy: Nature, Problem & Progress, New Delhi: Vikas Publications 1998.

Dubhashi P.R, Rural Development, Administration in India, Bombay: Popular Press 1994.

Fernandes Walter. Development, displacement and rehabilitation, New Delhi: ISI Publication, 1989.

Saxena,D.P.   Rururban migration in India,   Bombay: Popular Prakashan Pvt.Ltd, 1977.

BOOKS FOR REFERENCE

Bhat, Anil, Development & Social Justice: Micro Action by Weaker Sections, New Delhi: Sage Publications, 2001.

Puri V.K. & Misra S.K. Indian economy Himalayan. New Delhi: Publishing house,1988.

Dhingra C.Ishwari, The Indian Economy, New Delhi: Sultan Chand and Sons, 1988.

Datt & Sundaram K.P.M., 54th Ed. Indian Economy. New Delhi: S. Chand, Company 2007.

Desai A.R, Rural Sociology, Bombay: Popular Press, 1978.

Desai Vasanth, Rural Development, Vol. 1& 2, New Delhi: Himalaya Publishing house, 1998.

Jain S.C. Community Development & Panchayati Raj in India, Chennai: Allied Publishers Ltd., 1985.

Jain S.C. Rural Development Institutions & Strategies, Jaipur: Rawat Publications, 1985.

Jain L.C. Grass without Roots: Rural Development under Government Auspices, New Delhi: Rawat Publication, 1985.

Kapila Uma, India's Economic Development since 1947, New Delhi: Academic Foundation, 2007.

Sharma, Kampa Prassad, Participation Planning at the Grass Roots, New Delhi: Sterling Publishers 1993.

Indian Journal of Social Work Vol. 12, 1999.

Sudarsen V. The uprooted displacement resettlement development, New Delhi: Gian Publication, 1991.

Schenk-Sandbergen Loes. <u>Women and seasonal labour migration,</u> New Delhi: Sage Publications India Pvt. Ltd., 1995.

Gangrade, K.D. & Dhadde, S.<u>Challenge and Response,</u> Delhi: Rachna Publications, 1973.

Joint Assistant Centre   <u>Natural Disaster;</u> New Delhi: Adhyatma Sadhana Kendra, 1980.

Fritz C.E,<u>"Disaster";</u> Sills, D. (Ed) International Encyclopaedia of Social Science, Vol. 4, U.S.A.: The MacMillan Company and the Free Press,202-208.

Goel. S.L. <u>Disaster Management</u> New Delhi: Deep and Deep Publication, 2001.

Bosco B.C. <u>Introduction to Disaster Management,</u> New Delhi: Rajat Publication, 2007.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK
SYLLABUS
(Effective from the academic year 2011-2012)

RURAL AND TRIBAL COMMUNITY DEVELOPMENT

CODE: 11SW/PC/RT34   **CREDITS : 4**
                                                              L T P : 4 0 0
                                              TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE
  ➢ To understand the critical elements of rural   and tribal communities.
  ➢ To enhance critical understanding of the models and strategies for community
     Development practice.
  ➢ To understand the impact of globalization on rural tribal communities.
  ➢ To critically analyze development issues and to address the same.

Unit   1   **(9 hrs)**
Rural and Tribal Community Development
Definition, Concept and Characteristics, Nature and Scope of rural and tribal
community development; Historical review of rural and tribal community
development.
Rural socio-economic structure - family, caste, class, power structure.
Tribal socio-economic structure; family system, rituals and rites, kinship patterns,
animism and tribal culture.
Community Development: Definition and Natre of the rural and tribal economy,
society and polity.

Unit   2   **(10 hrs)**
Issues and concerns of rural and tribal communities:
Poverty, causes and consequences of poverty, rural backwardness, casteeism,
illiteracy, unemployment, agrarian crisis, specific problems of dalits, women and
children.
Problems of tribal communities: Alienation, land acquisition, oppression,
deprivation, bonded labour, exploitation, tribal dislocation and resettlement, lack
of basic amenities; Globalization and its impact.

Unit 3 **(9 hrs)**

Rural Power Structure:

Informal and formal power structures; informal leadership, caste leadership, informal power structures; Panchayat Raj- definition, functions, three tier system and its functions. 73rd Amendment.

Unit 4 **(12 hrs)**

Tools and Techniques for Development Practice:

Participatory Rural Appraisals, Logical framework analysis, social analysis and assessments, stakeholder analysis, project matrix and appreciative inquiry – definitions, need, importance, processes and its appropriate usages.

Participatory Monitoring and Evaluation – concept, purpose process and organization of evaluations key principles, monitoring and evaluation cycle, key stages, participatory methods and techniques, social audit; significance of people's participation in development; ethics for facilitators; qualities of good facilitators and project evaluators. Evaluation report and using evaluations for further development.

Unit 5 **(12 hrs)**

Programmes of Government and Non-government Interventions:

SHG, micro-credit and microfinance; the related structure of decision making and intervention. The programmes for rural and tribal development in the five year plans. 73rd Amendment Act and provisions for the rural and tribal community.

Development programmes – SSA, SHG, micro-credit and micro-finance, methods of implementation and their impact: NREGA, IRDP, TDP, SGSY, PURA model, Vazhundhu Kaatuvom SIRD, NABARD, NGAMP.

Need and importance of Social Work intervention in rural and Tribal areas. MNC and land acquisition.

METHODOLOGY

Lecture sessions

Training Programme

Audio/Visual presentation

Group Exercises

Case study analysis

Sharing of experience

Field visit

BOOKS FOR STUDY

Crowell,Daniel, The SEWA Movement and rural development, New Delhi: Sage Publications, 2003.

Bhatia,B.S.   Rural development management,   New Delhi: Deep & Deep Publications, 2003.

Heredero J.M, Rural development and social change,   New Delhi: Sage Publications India Pvt. Ltd., 2002.

Singh,J.P. Tribal development,   New Delhi: Vikas Publishing, 1991.

Chambers Robert: (1983), Rural Development: Putting the Last First, Harlow; Longman; New Delhi.

BOOKS FOR REFERENCE

Reddy,Sateesh K. Multi-faceted rural development Dominant, New Delhi: 2002.

Jain,Rashmi . Communicating rural development, Jaipur: Rawat publications, 2003.

David, Atchoarena , Education for Rural Development, Rajasthan: Rawat publications, 2003.

Behera M .C . Globalisaing Rural Development, New Delhi: International Development Research Centre, 2006.

Sathyanarayana G. Voluntary effort and rural development, Rajasthan: Rawat publications, 2007.

Arya, R. P. Training for social work and rural Development, Manglam: 2007.

Lalitha,   N. Self help groups in rural development,   New Delhi: Atlantic publishers, 2003.

Gupta,K.R. Rural development in India. Vol.1, New Delhi: Sarup & Sons, 2003.

Prasad B.K. Rural development : concept, approach and strategy, New Delhi: Sarup & Sons, 2003.

Patnaik N. Tribes and their development a study of two tribal development blocks in Orissa, Hyderabad: National institute of community development , 1977.

Kumar,A . Tribal development in India , New Delhi: Sarup & Sons, 2002.

Narayan, Sachindra. The dynamics of tribal development. Issues and challenges, New Delhi: Gyan publications, 2002.

Thakur Ashutosh, Tribal development and its paradoxes, Calcutta: Authors press, 2001.

Sharma A.N. Tribal development in Andaman islands, New Delhi: Sarup & Sons, 2003.

Soni, Jasprit Kaur. Introspection of tribal development, New Delhi: Sonali publications, 2004.

Chambers Robert: (1994), Participatory Rural Appraisal (PRA); Challenges, Potentials and Paradigms; in World Development; Vol.22, No 10.

DANIDA: (1990), Handbook on Logical Framework Approach, LFA, for Project Preparation Vol 1 and 2; Copenhagen.

McCracken, Narayan, (1998), Participation and Social Assessment – Tools and Techniques, The International Bank for Reconstruction; World Bank; Washington.

Mikkelson Britha; (1995), Methods for Development Work and Research – A guide for Practioners, Sage Publications; New Delhi.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

FAMILY SOCIAL WORK

CODE:11SW/PC/FS34   **CREDITS : 4**
LTP : 4 0 0
TOTAL TEACHING HOURS : 52

OBJECTIVES OF THE COURSE
- ➢ To develop an understanding of families in society and create awareness on emerging alternative family patterns.
- ➢ To impart a conceptual and theoretical framework for understanding family.
- ➢ To understand family problem areas, conduct assessments and set goals for intervention.
- ➢ To develop knowledge and skills in planning and implementing programmes to enhance family life.
- ➢ To create an awareness of policy, programs of service delivery systems.

Unit   1   **(8 hrs)**
Families in society: Understanding the family- global and Indian perspective. Analysis of structural (due to development, globalization, migration, displacement) and functional changes and challenges affecting the family today.
Emerging alternative family patterns- single parent families, live in relationships, female headed households, dual earner families, reconstituted families and parenthood through surrogacy. Gay, lesbian and bisexual relationships.

Unit   2   **(13 hrs)**
Conceptual and Theoretical Framework for understanding and working with the family: family functions, family ecology, family norms, family patterns, family structure, and family practice.
Theoretical Approaches- systems/ ecological perspectives, family centered, structural, strategic, evidence based, family resilience approaches and communication theory.
Application of the family development practice model to understand family development through the life stages. (Evelyn Duvall)

Unit 3 (13 hrs)

Assessment and Goal Setting for Intervention: Formulating an understanding of family problem areas through assessment of family needs, family dynamics, problem assessment and goal setting for intervention. Eco-map, genogram and timeline construction for diagrammatic assessment of family relationships.

Therapeutic & Service Oriented Interventions

Family Systems Intervention (Six Stage Model), Family Treatment Techniques, Family Therapy, Rehabilitation, Crisis Intervention

Self Help and Support Groups, Family Counseling Centers, Family Courts Act 1997 and Lok Adalats.

Unit 4 (9 hrs)

Family Life Education: Positive Parenting and Sexuality education- general philosophy and broad principles of family life education, positive parenting, sexuality education, (including reproductive health, family planning, STDs/HIV/AIDS) in conjunction with the ability to plan, implement programmes.

Unit 5 (9 hrs)

Organization and Administration of the Department of Health and Family Welfare

Family Welfare Programmes: RCH programme under NRHM, All India Post Partum Programme, Janani Suraksha Yojana (JSY)

Socio economic& welfare programmes of the State Social Welfare Board, Kasturba Gandhi National Memorial Trust, All India Women's Conference, Women's Indian Association, Services for the elderly.

Programmes and women groups.

Role of a Social Worker in family welfare planning

METHODOLOGY

Lecture
Group Discussion
Case Study analysis
Seminar Presentation
Audio/Video Sessions
Guest Lectures
Developing training modules
Circulation of handouts

BOOKS FOR STUDY

Carter, B. McGoldricke, M.The Changing Family Life Cycle-A Framework for Family Therapy.London: Allyn & Bacon, 1989.

Goode, William J. The Family. New Delhi :Prentice Hall of India (Pvt) Ltd, 1965.

Hurlock, E. Developmental Psychology-A Life Span Approach. ed 5. New Delhi: Tata McGraw Hill Publishing Co. Ltd,1995.

BOOKS FOR REFERENCE

Ambrosino, R. Hefferman, J. and Shuttlesworth, G. Social Work and Social Welfare- An Introduction, ed. 5, USA: Brooks /Cole Thomson Learning, 2005.

Bhatlavande, P. Gangakhedkar, R. On the Horizon of Adulthood. India: UNICEF , 2001.

Compton, Beulah R. Galaway, B. Cournoyer, Barry R.Social Work Processes, ed 7, USA: Brooks / Cole Thompson Learning, 2005.

Desai, M. (ed) (1994), Family & Interventions- Course Compendium. Mumbai: TISS, 1994.

Duvall, Evelyn M. Family Development. ed 3, New York: J.B.Lipincott Company, 1989.

Margaret , A. Schvaneveldt.M.J. Handbook of Family Life Education- The Practice of Family Life Education . New Delhi: Sage Publications, New Delhi, 1993.

Pachauri, S. A Reproductive Health Package for India, New Delhi: Population Council, 1995.

Park, K. and Park, J. Park's Text Book of Social and Preventive Medicine. Jabalpur: Banarasidas Publishing, 2004.

Saleebey, Dennis. (ed) The Strengths Perspective in Social Work Practice. ed 4, New York:: Pearson Education,2006.

Tata Institute of Social Sciences. Family Intervention-Case Studies. Mumbai: TISS, 994.

Journals & Periodicals of the Family Welfare Department.

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

MENTAL HEALTH AND SOCIAL WORK

CODE: 11SW/PC/MH34   **CREDITS: 4**
                                                      L T P: 4 0 0
                                      TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE
 ➢ To understand Psychiatric Social Work in the context of changing trends in health care.
 ➢ To understand the concept of mental health, acquire knowledge in mental disorders and their management.
 ➢ To develop skills in identifying and managing mental disorders in health settings and the community.

Unit   1   **(8 hrs)**
Concept of Mental Health and Mental Illness: changing perspectives from illness to well-being, changing trends in Mental Health Care, Indian view of mental health and well being. Psychiatric Social Work: Definition of Psychiatric Social Work, history and scope of Psychiatric Social Work, changing perspective of Psychiatric Social Work.

Unit   2   **(12 hrs)**
Common Mental Disorders and their treatment modalities: Clinical signs and symptoms. Organic mental disorders, mental and behavioural disorders due to psychoactive substance use, schizophrenia and delusional disorders. Mood disorders,

Unit   3   **(12 hrs)**
Neurotic, stress-related and somatoform disorders: Behavioural syndromes associated with physiological disturbances, disorder of psychological development, behaviour and emotional disorders with onset in childhood and adolescence.. Disorders of adult personality disorders and behaviour, sexual disorders, mental retardation, suicide.

Unit 4 (10 hrs)

Psychiatric assessment: History taking and mental status examination, psychosocial and multidimensional assessment of persons with mental disorders in Psychiatry from a clinical and strengths based perspective. Assessment of family as a system, use of mental health scales in assessment & intervention.

Unit 5 (10 hrs)

Practice of Psychiatric Social Work in the Mental Health Field:
Psychiatric Settings: Special Settings – Child and Adolescent Mental Health, Gender and Mental Health, De-addiction, Industry.
Non-Psychiatric Settings: Non-Institutional Models of Mental Health Care.
Role of National and International Organizations in Mental Health.

METHODOLOGY

Lectures,
Discussions
Case Histories
Case Studies
Media Based Analysis
Guest Lectures
Field Visits
Audio-Visual Aids
Participation in Workshops
Seminars.

BOOKS FOR STDUY

Ahuja, Niraj. A Short Textbook of Psychiatry. 5th Edition, New Delhi: Jaypee Brothers, Medical Publishers Pvt. Ltd., 2002.

Colin Pritchard. Mental Health Social Work. London: Routledge Publishers, 2006.

Kaplan, H.I., Freedman A.M., and Sadock B.J. Comprehensive Text Book of Psychiatry, (Third Ed.) Vols. 1,2&3, London: Williams & Wilkins, 1980.

Mane P. & Gandevia K. (Eds.) Mental Health in India Issues and Concerns. Mumbai: Tata Institute of Social Sciences, 1993.

BOOKS FOR REFERENCE

Bhattacharya, Sanjay. Social Work Interventions and Management. New Delhi: Deep & Deep Publications (P) Ltd, 2008.

Herman, Helen, Saxena, Shekhar Moodie, Rob. (Eds.) Promoting Mental Health – Concepts – Emerging Evidence – Practice. WHO, Geneva: 2005.

Joseph, Sherry. Social Work Practice and Men who have Sex with Men. New Delhi: Sage Publications, 2005.

Roberts, Albert R. & Greene, Gilbert J. Social Workers' Desk Reference. New York: Oxford University Press, 2001.

Sekar,K. Parthasarathy,R, Muralidhar,D. Chandrasekhar Rao, Handbook of Psychiatric Social Work. Bangalore: NIMHANS, 2007.

Srinivasa Murthy & Burns B. (Eds). Community Mental Health – Proceedings of the Indo-US Symposium. Bangalore: NIMHANS, 1992.

Verma, Ratna. Psychiatric Social Work In India. New Delhi: Sage Publications, 1991.

World Health Organisation, The ICD 10 Classification of Mental and Behavioural Disorders. Clinical Description and Diagnostic Guidelines, Geneva: Oxford University Press, 1992.

TESTING AND EVALUATION PATTERN

Internal Assessment   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

COMMUNITY HEALTH

CODE: 11SW/PC/CH44
CREDITS: 4
LTP: 4 0 0
TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE
  ➢ To develop an understanding of the Community Health situation and Public Health challenges at the regional, national and global level.
  ➢ To create an awareness of the existing programmes and services at local, national and international levels and the need for a preventive, promotive and developmental approach in the field of health.
  ➢ To develop skills in programme planning and education for different target groups about handling of their health problems.
  ➢ To develop a holistic and integrated approach to social work practice in the field of health.

Unit 1   **(5 hrs)**
Community Health: Concept, Community Mental Health, Public Health– Definition, changing concept and development in India, Health Planning Cycle, Scope of community health. Community Mental Health – Emergence as a system of service delivery. Community Pediatrics, Community Geriatrics as emerging avenues for health promotion. Primary Health Care, Principles of primary health care; Community Based Rehabilitation.

Unit 2   **(8 hrs)**
Situational Analysis of Community Health: Community Mental Health and Public Health status at the Regional and National levels.
Community Perspectives of Mental Health Problems – Culture bound syndrome. Impact of Globalization, Privatization and Liberalization on health. Medical Tourism, Telemedicine and growing Commercialization of health care. Environmental Health - Impact of War, Disasters and Displacement on health. Right to Health, Right to Health Care and Access to Essential Medicines. Rights of the mentally ill, Trade and Intellectual Property Rights. Current Challenges in attaining Health for All. Role of People's Health Movement.

Unit 3   **(13 hrs)**

Health Policies and Legislations:
National Health Policy (2002), National Population Policy (2002), Mental Health Act, 1987. Narcotics Drugs and Psychotropic Substances Act 1985; Persons with Disabilities Act (1995), Rehabilitation Council of India Act,
National Trust for Welfare of Persons with Autism, Cerebral Palsy, MR and Multiple Disabilities Act (1999), Biwako Millennium Framework for Action. Disaster Management Act (2005).

Unit 4   **(13 hrs)**

National Health Programmes: Structure, role and functions.
Communicable Diseases, Non-Communicable diseases and Mental Health Programmes.
Health sector Reforms - National Rural Health Mission, Indian Public Health Standards (IPHS) and Public Health Foundation of India (PHFI).
Institutions and Programmes for Rehabilitation:
Institutions - Ministry of Social Justice & Empowerment, Govt. of India, State Commission for the disabled, Rehabilitation Council of India, National Institute for Mental Health and Neuro Sciences, National Institute for Mental Disabilities, National Institute for the Visually Handicapped, National Institute for the Orthopaedically Handicapped, Ali Yavar Jung National Institute for the Hearing Handicapped, National Institute for the Mentally Handicapped and National Institute for Empowerment of Persons with Multiple Disabilities.

Unit 5   **(13 hrs)**

Clinical and Non Clinical skills for Community Health and Mental Health Practice.
Approaches for promotion of health at all levels – Pro-active, Preventive, Developmental and Remedial approaches.
Basic Epidemiology and Vital Statistics. ICMR in Health Research. Medical ethics, Clinical trials.

METHODOLOGY

Lectures, Group discussions
Exposure Visits
Field based Assignments, Seminar Presentations
Case Analysis.
Reviewing Research Papers.

BOOKS FOR STUDY

Ajit K. Dalal and Subha Ray (Eds.). Social Dimensions of Health.

Dhaar, G.M. & Robbani,I. Foundations of Community Medicine, New Delhi: Elsevier,2006.

Martha.J.Garrett. Health Futures: A Handbook for Health Professionals, Geneva: Who,2000.

Pritchard, Colin. Mental Health Social Work – Evidence – based Practice, Routledge: Taylor and Francis Group,2006.

BOOKS FOR REFERENCE

N.H.Antia, G.P.Dutta & A.B. Kasbekar. Health and Medical Care- A People's Movement, Pune: FRCH Publications,2000.

Bhattacharya, Sanjay. Social Work Interventions and Management, New Delhi: Deep & Deep Publications (P) Ltd.,2008.

Devitt – Stella Jones, Smith. Critical Thinking in Health &Social Care, New Delhi: Sagae Publications, 2005.

Park, K., Preventive and Social Medicine, Jabelpur : Banarsides Bharat, 1997.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours
Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

URBAN COMMUNITY DEVELOPMENT

CODE: 11SW/PC/UD44   **CREDITS: 4**
                                                          L T P: 4 0 0
                                     TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE
  ➢ To enable the students gain understanding about the urban communities.
  ➢ To enable the students to be sensitive and committed for working with the
    urban poor.
  ➢ To provide knowledge on various developmental efforts.
  ➢ To equiv the students with the skills and techniques to work in urban
    concerns.

Unit   1   **(13 hrs)**
Urban development concepts:
Urban, Urbanism over- urbanization, urban decay, displacement, urban growth
urbanization trends, causes and consequences,- urban renewal, urban re –
location- urban ecology – definition urban ecological processes; classification of
urban areas according to census of India.

Historical overview of urban community development & UCD in India – origin,
aims, objectives, organization structures – pioneering projects (Delhi, Baroda,
Hyderabad) and current urban development projects in Chennai.

Unit   2   **(8 hrs)**
Urban Issues and Challenges: poverty: size, causes, consequences, urban
poverty measures, trends in urban poverty, manifestation of urban poverty-
specific problems encountered by urban poor due to displacement – housing
infrastructure & livelihood problems- homelessness, quality of life of slum
dwellers, population, overcrowding, social exclusion, migration and increasing
growth of informal sectors, trafficking, eviction / displacement, unemployment,
crime.

Unit 3   **(8 hrs)**

Growth of Slums – definition, characteristics, causes, consequences, growth of slums – theories of slums with specific reference to Stokes, Burgess, Ullman, Hoyt, Colean, Wirth, Gruen, Sita Ram.

Urban Power Structure:
Concept of urban power, Types of power – socio- economic political factors influencing urban power structure – models of urban power structure – critical analysis of urban power structure in urban areas.

Unit 4   **(8 hrs)**

Urban Administration in India
History of Local self Government in India: Democratic Decentralization with specific reference to 74th Amendment Act, Urban Local bodies in India – Corporation, Municipalities, Town Panchayat & Cantonment boards.
Urban Administrative Departments: Corporation. CMDA, Department of urban Development Tamil Nadu Water Supply & Sewerage Board, TNHB
Acts pertaining to Urban Areas -Slum Improvement Act (1976).

Unit 5   **(15 hrs)**

Urban Social Service and Development Programmes
Urban Social Services – Health – Family Welfare- Education – PDS- Housing. Area Based Programmes; Aims- Objectives – Strategies. Slum Clearance and Improvement of Slums – Master Plans – Mega City Schemes – Sustainable Cities Project – Integrated Urban Development Programmes – Integrated Development of Small and Medium Towns – Urban water supply and Sanitation and Solid waste Management.
People Oriented Programmes: Aims – Objectives – Strategies - Swarnajayanthi Rozgar Yojana- Sarva Sikshaya Abhiyan Scheme, RAY, IAY, NUHM. Self-Help Groups, Urban Wage Employment – Development of Women and Children in Urban areas– Urban Basic Services Program – Special programmes directed towards SC/ STs & Jawaharlal Nehru Urban Renewal Mission Scheme – a critical assessment.
Strategies for Social Inclusion of the urban poor, solid waste management.

METHODOLOGY
Lectures
Case Studies analysis
Field Visits
Group Discussions

BOOKS FOR STUDY

Bose Ashish, India's Urbanization: 1901-2001, Institute of Economic Growth, New Delhi: McGraw Hill,1970.

Chandra. S, Urban Development Programme in India, New Delhi :Chand Publication. 1983.

Jacob Z. Thud Para, Urban Community Development, New Delhi: Rawat Publishers, 1993.

Sharma C.L, Urban Power Structure, Udaipur :Shiva Publication 1992.

BOOKS FOR REFERENCE

Breese Gerald, Urbanization in Newly Developing countries, New Delhi: Prentice Hall of India, 1969.

Chaturvedi, T.N. Urbanization and Macro Social Change, Allahabad: Chug Publication, 1975.

Desai A.R. & Devadas Pillai, Slums & Urbanization; Bombay: Popular Prakashan Pvt.Ltd. 1970.

Didee Jayamala and Vimala Rangaswamy, Urbanization trends Perspectives & Challenges , Jaipur and New Delhi :Rawat Publications, 1993.

 Morris R.N, Urban Sociology, London :George Allen, 1968.

Marshal .B. Clinard, Urban Development in India, New Delhi :Prentice Publication, 1992.

Nobel G. Allen, Dutt k. Ashok,: Indian Urbanization and planning Vehicles of Modernization, New Delhi :TATA Graw hill Publishing Company, Ltd 1977.

Quin A. James, Urban Sociology. New Delhi: Eurasia Publishing House (Pvt) Ltd., 1968.

Ramachandran P. Urbanization & Urban Systems in India; Madras :Oxford University press, 1991.

 Satish Sinha, Slum Eradication & Urban, New Delhi :Renewal India
 Publications, 1992.

The S.S , <u>Structure of Urban Poverty</u>, Bombay :Popular Prakashan, 1986.

Trivedu R. Hirsh ad Urbanism, <u>Atma Ram and sons</u>, New Delhi: 1976.

Yadav, C.S. Urban Planning and Policies, New Delhi: Concept Publishing Company 1986.

Census of India, Government of India Publication 2001.

TESTING AND EVALUATION PATTERN

<u>**Internal Assessment**</u>   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

<u>**End Semester Examination**</u> –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

YOUTH DEVELOPMENT

CODE: 11SW/PC/YD44
CREDITS : 4
L T P : 4 0 0
TOTAL TEACHING HOURS : 52

OBJECTIVES OF THECOURSE
- ➢ To develop an understanding of the concept of Youth Development, the need and importance of working with youth.
- ➢ To develop an understanding on the bio-psychosocial perspective of the youth.
- ➢ To develop the ability to understand the specific socio-economic, political and cultural factors affecting youth.
- ➢ To develop an understanding of different governmental/non governmental programmes working for the development of youth.
- ➢ To develop an understanding of the different methods of working with youth groups.

Unit   1   **(8 hrs)**
Youth Development - Concept, Definition, Aims and Objectives. Demographic profile of the youth in Rural, Tribal and Urban India. Status of Youth – Global Situation. National Youth Policy - 2010.

Unit   2   **(13 hrs)**
Needs of the youth – Physical, Intellectual, Emotional, Social and Religious needs of youth. Socialization of the youth – Influence of family, Peer, Neighbourhood, Reference Groups, Religion and Media. Impact of Westernisation, Modernisation, Urbanisation and Globalisation. Socio-economic, Political and Cultural challenges faced by youth.

Unit   3   **(9 hrs)**
Specific problems of Youth -Behavioural Problems- Substance Abuse, Sexually Transmitted Diseases, HIV/AIDS, Sexual problems. Eating Disorders and Obesity. Emotional Problems – Identity Crisis, Alienation, Low Self esteem and Suicide.Career conflict, Conflict in selecting a partner.

Unit   4   **(18 hrs)**

Role of Youth in Social Change Involvement - Initiating Youth in politics, Youth in Conflict Situations, Terrorism, Youth and Millennium Development Goals, Youth for economic Self-Reliance-Entrepreneurship and Youth for Leadership.

Welfare Programmes for rural/urban youth. National Programmes - NCC, NSS, Scouts and Guides, Sports, Youth festivals, Career Counseling.

Youth organizations and movements in India– Rajiv Gandhi National Institute for Youth Development, Nehru Yuva Kendra Sangathan, Vishwa Yuva Kendra, Students Federation of India, National Students Union of India, Democratic Youth Federation of India, All India Catholic Universities Federation.

Unit   5   **(4 hrs)**

Application of Social Work Methods - Working with Youth and Youth Groups. Training, Capacity Building, Research, Networking, Volunteering, Peer Counselling and Advocacy.

Designing and Implementing Community Based Youth development Programmes / Projects.

METHODOLOGY

Lectures
Group discussions
Exposure Visits
Field based Assignments
Seminar Presentations
Case Analysis.

BOOKS FOR STUDY

Ahuja, Ram. Indian Social Problems. New Delhi: Rawat Publishers, 1993.

Ruhela. S.P. Sociology of the Youth Culture in India. Delhi: Indian Publishers, 2001.Government of India. Census of India. 2001.

Solution to Youth's Problem, Adam Publishers & Distributors. 2006.

BOOKS FOR REFERENCE

D.Saronk. Family life Education for Adolescent Girls, Delhi: Discovery Publishing House, 1994.

Kuriakose P.T Vishwa, Youth Work in India: Scope and Strategy New Delhi: Vishwa Yuva Kendra,1985.

<u>Endeavour</u>, Journal of Youth Development, Vol.1, No.1 July-December, 2005. Rajiv Gandhi National Institute of Youth Development

<u>Nehru Yuva Sandesh</u> – Monthly Newsletter, Nehru Yuva Kendra Sangathan

AICUF <u>Student Movement in India,</u> AICUF Publications, 1990.

AICUF**.** <u>Towards Understanding of Youth,</u> AICUF Publications.
United Nations. <u>World Youth Report.</u> 2007.

WEBSITES – 5-4-'09
www.yas.nic.in
www.rgniyd.gov.in
www.tn.gov.in - Youth Welfare and Sports Department
www.nyks.org
www.un.org/youth

TESTING AND EVALUATION PATTERN

<u>**Internal Assessment**</u>   **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

<u>**End Semester Examination**</u> –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS) CHENNAI 600 086

MASTER OF SOCIAL WORK

SYLLABUS

(Effective from the academic year 2011-2012)

GENDER AND DEVELOPMENT

CODE: 11SW/PE/GD44   **CREDITS : 4**
                                            LTP : 4 0 0
                         TOTAL TEACHING HOURS: 52

OBJECTIVES OF THE COURSE
  ➢ To gain a deeper understanding of gender as a social construct, gender relations and gender issues in society.
  ➢ To understand frameworks that can be used by a social worker for gender analysis.
  ➢ To equip students with tools needed to link gender with policy and planning.

Unit   1   **(9 hrs)**
Gender Concepts
Sex and gender, gender as a social construct, gender identity; gender relations, men and masculinity; gender division of labour, gender roles and responsibilities, gender stereotyping, productive work, reproductive work, gender discrimination, practical and strategic gender interests, equity and equality, gender mainstreaming, gender sensitization.

Unit   2   **(9 hrs)**
Feminism
Concept; definition and meaning; types of feminism – liberal, social, radical and post-modern feminism; patriarchal and ideological constructs that govern status of women.

Unit   3   **(9 hrs)**
Overview of the Status of Women
Overview on the status of women in India; international gender issues, problems specific to Indian women; historical perspective of women's movement in India; emerging rights of women, empowerment - need and importance; International and National Bodies.

Unit   4   **(13 hrs)**
Programmes and Protective Measures for Women in India
Constitutional provisions for women, Legal rights of women with reference to marriage, divorce, maintenance, inheritance, adoption, education, employment, health, entitlements, political rights, CEDAW – Convention on Elimination of all forms of discrimination against women and girls. National Policy for Empowerment of Women 2000, Domestic Violence Act: 2005; Current National and State programmes for women. Five Year Plans and women's development.

Unit   5   **(12 hrs)**
Gender Analysis and Frameworks for Social Work
Concept, meaning and goals; need, appropriate usages; Force field analysis, Harvard framework, Moser framework, Gender Analysis Matrix, Gender Empowerment Measure, Equality and Empowerment Framework, Capacities/ Vulnerabilities Framework, Resource analysis, Social relations framework; Gender budgeting, Role and skills of a social worker to work with women.

METHODOLOGY

- Lecture Sessions
- Field Based Assignments
- Group Discussions
- Seminar Presentation
- Case Study Analysis
- Interaction Sessions
- Guest Lectures

BOOKS FOR STUDY

Devandar, Kiran, Status and Positions of Women in India, New Delhi: Shakti Books, 1985.

Dominelli, L., Feminist Social Work Theory and Practice, New York: Palgrave Macmillan, 2002.

Kidwai M.H, Women under Different Social and Religious Laws, New Delhi: Seema Publications, 1979.

Pal B.K., Problems and Concerns of Indian Women, New Delhi: ABC Publishing House, 1983.

BOOKS FOR REFERENCE

Bansal, D, K.; Gender Justice, New Delhi: Mahaveer and Sons, 2006.

Bhasin, Kamala and Agarwal; (Ed); Women and the Media - Analysis, Alternatives and Actions, New Delhi: Kali and Women, 1984.

Bhatia Anju, Women's Development and NGOs, Jaipur: Rawat Publications, 2000.

Blumberg R.L and Dwaraki L, India's Educated Women Options and Constraints, New Delhi: Hindustan Publishing Corporation, 1980.

Datta, R and Kornberg, J., Women in Developing Countries- Assessing Strategies For Empowerment, New Delhi: Viva Books Private Ltd., 2005.

Hamilton R, The Liberation of Women - A Study of Patriarchy, London: George Allen and Unwin, 1978.

Heywood, L., The Women's Movement Today Vol. 1 and 2, Jaipur: Rawat Publications, 2007.

ICCSR; Status of Women in India; Report of the National Committee; New Delhi; Allied Publishers, 1975.

Kaila H.L, Women, Work and Family, New Delhi: Rawat Publications India, 2005.

Kanhere U.S, Women and Socialization, New Delhi: Mittal Publications, 1980.

Kaushik, Susheela; Ed, Women's Oppression – Patterns and Perspectives, New Delhi: Shakti Books, 1985.

Marilee Karl, Women and Empowerment- Participation and Decision Making, New Delhi: Zed Books Ltd, 1995.

Mikkelsen Britha, Methods for Development Work and Research – A Guide for Practitioners, New Delhi: Sage publications, 1995.

Moser O.N Caroline, Gender planning and development, Theory, Practice and Training, London: Routledge, 1993.

Neera Desai and Maitreyi Krishnaraj, Women and Society in India, New Delhi: Ajanta Publications, 1987.

Pietila Hilkka, Vickers Jeanne, <u>Making Women Matter – the Role of the United Nations,</u> London: Zed Books Ltd, 1994.

TESTING AND EVALUATION PATTERN

<u>Internal Assessment</u> **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

<u>End Semester Examination</u> –   Marks 100   Time - 3 Hours

Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086

MASTER OF SOCIAL WORK

SYLLABUS
(Effective from the academic year 2011-2012)

COUNSELLING - THEORY AND PRACTICE

CODE:11 SW/PC/CN44   **CREDITS : 4**
                                                        L T P : 4 0 0
                                 TOTAL TEACHING HOURS : 52

OBJECTIVES OF THE COURSE
  ➢ To develop in students' basic counselling skills through an understanding of theory and skills practice sessions.
  ➢ To integrate counselling skills in social work practice.
  ➢ To learn the different approaches to counselling and develop an eclectic approach to counselling.

Unit   1   **(8 hrs)**
Counselling-Expectations and Goals- Achievement of positive mental health, resolution of problems, improving personal effectiveness, change, decision making, modification of behavior.

Unit   2   **(6 hrs)**
Concept and Foundation of Counselling - Evolution of Counselling, definition, elements, characteristics and goals. Counselling Ethics; The Counsellor, the client and the counseling relationship- Concept of self, goal directed behaviors, learning principles, and developmental needs at different stages.

Unit   3   **(10 hrs)**
The Egan Model of Counselling – the Skilled Approach
Stage - 1   Problem Exploration and Clarification

Part I – Attending & Listening, orienting oneself to the present
Micro skills – active listening – verbal and non-verbal messages and behaviour

Part II – Helper's response and clients self exploration
Helpers skills – accurate empathy (primary level), respect, genuineness, concreteness, Client's skill – self-exploration
Stage - 2   Integrative understanding / dynamic self-understanding

Part I – Focusing, summarizing, probing for missing experiences, behaviour feelings

Part II – Helper's skills – all the skills of Stage-1, self-disclosure, immediacy, confrontation.
Client's skill – non-defensive listening, dynamic self-understanding.

Stage-3   Facilitating action; developing a new perspective; preferred scenario

Part I   – Helping the client see alternatives
Helping the client choose and formulate action plan
Helping the client implement and evaluate.

Part II – Helper's skill-
All the skills of stages 1 & 2
Elaboration of action programmes:
(Problem solving, decision making, behaviour modification, 'home work' training in inter personal skills)
Support from the helper

Client's skill: Cooperation, risk-taking, and acting
Counselling Reports-
Importance of reporting – skills required for reporting in counselling
Counselling format, verbatim model, log model.

Unit   4   **(18 hrs)**
Approaches to Counselling: Client centered, Cognitive, Behavioural**,** Solution based counselling**,** Eclectic Approach.

Types of Counseling: Directive Non-Directive, Individual counselling, Group counselling, Community counselling.

Unit   5   **(10 hrs)**
Counselling Special groups: Marital Counselling, Family Counselling, School counselling, Counselling at the de-addiction centre, Disability Counselling, Crisis Counselling, Counselling in disaster situations, Grief counselling, Counselling suicidal clients, Career counselling

METHODOLOGY
Lectures
Case Study and Analysis
Role plays
Discussions
Guest Lectures

BOOKS FOR STUDY

Carl R. Rogers. <u>On Becoming A Person</u>. Boston: Houghton Mifflin & Co.,1976.

Gerard Egan. <u>The Skilled Helper</u>. Brooks: Cole Publishing,1982.

Stephen Murgatroyal. <u>Counselling and Helping</u>. London: The British Psychological Society & Methuen,1985.

BOOKS FOR REFERENCE

Edwin J. Thomas. <u>Designing Interventions for the Helping Professions</u>. New Delhi: Sage Publications, 1984.

Eugene Kenedy. <u>Crisis Counselling</u>. Dublin: Gill & Macmillan,1981.

Eugene Kenedy. <u>On Becoming a Counsellor</u>. Dublin: Gill & Macmillan,1977.

Muaro,E.A., R.J. MAnthei &J.J. Small. <u>Counselling- A Skills Approach</u>. New Zealand: Methuen,1983.

Steve Duck. <u>Human Relationships</u>. New Delhi: Sage Publications III Edition, 1999.

Tolbert, E.L. <u>An Introduction to Guidance</u>. Boston: Little Brown & Co , 1982.

William Worden , J. <u>Grief Counseling &Grief Therapy</u>. London: Tavistock Publications,1986.

TESTING AND EVALUATION PATTERN

Internal Assessment **-** Marks - 50   Time - 1 ½ Hours

Pattern of Question Paper

Section – A   5 x 2 = 10 marks   (All questions to be answered)
Section – B   2 x 10 = 20 marks   (2 out of 3 questions will have to be answered)
Section – C   1 x 20 = 20 marks   (1 out of 2 questions will have to be answered)

1 Compulsory Continuous Assessment Test will be conducted.
1 Assignment of 50 marks will be given which is compulsory.

End Semester Examination –   Marks 100   Time - 3 Hours
Pattern of Question Paper

Section – A   10 x 2 = 20 marks   (All questions to be answered)
Section – B   4 x 10 = 40 marks   (4 out of 6 questions will have to be answered)
Section – C   2 x 20 = 40 marks   (2 out of 3 questions will have to be answered)