

STELLA MARIS COLLEGE (AUTONOMOUS), CHENNAI – 600 086 DEPARTMENT OF PSYCHOLOGY

PROGRAMME - B.Sc. PSYCHOLOGY

Programme Learning Outcomes

Graduates of a Bachelor's Degree will have a broad and coherent body of knowledge in their disciplines, with a deep understanding of the underlying principles and concepts in one or more disciplines as a basis for independent lifelong learning.

PLO.NO.	PROGRAMME LEARNING OUTCOMES		
	At the end of an undergraduate programme students will be able to		
1.	Describe and define critical concepts in their discipline		
2.	Explain and discuss concepts and ideas pertaining to their discipline		
3.	Demonstrate a broad understanding of their discipline		
4.	Demonstrate communication skills to present a clear, coherent and independent exposition of knowledge and ideas		
5.	Demonstrate understanding of the interconnections of knowledge within and across disciplines		
6.	Apply knowledge, theories, methods, and practices in their chosen field of study to address real-world challenges and opportunities		
7.	Demonstrate proficiency in experimental techniques and methods of analysis appropriate for their area of specialisation		
8.	Generate and analyse data using appropriate quantitative tools		
9.	Construct and test hypotheses		
10.	Demonstrate cognitive and technical skills to synthesise knowledge in interrelated disciplines		
11.	Demonstrate critical thinking and judgement in identifying and solving problems with intellectual independence		
12.	Demonstrate the skills needed to be able to function successfully in their field		
13.	Show responsibility and understanding of local and global issues		
14.	Demonstrate through their actions and speech that they are agents of social justice and change		
15.	Practice the discipline's code of ethics in their academic, professional and personal lives		
16.	Practice the values of democracy and principles of human rights		

17.	Show self-awareness and emotional maturity
18.	Demonstrate career and leadership readiness
19.	Demonstrate intercultural, interracial, interclass, inter-caste, and ethical competency
20.	Exhibit the ability to work in teams
21.	Exhibit a strong sense of professionalism in a range of contexts
22.	Demonstrate sensitivity and readiness to share their knowledge, experience, and capabilities with the marginalised and oppressed in their communities

PSLO NO.	PROGRAMME SPECIFIC LEARNING OUTCOMES
	On successful completion of the course, students will be able to
1.	Demonstrate an understanding of basic concepts in psychology
2.	Demonstrate an understanding of the dynamics of human interaction within an organizational context
3.	Communicate knowledge of various approaches in counselling and be able to incorporate the same in critiquing counselling process
4.	Demonstrate a deep understanding of the psychological implications of physical disabilities and physiological illnesses and conceptualize the same through a bio- psychosocial lens
5.	Assess, and interpret psychological constructs in individuals using standardised psychometric tests
6.	Accurately diagnose psychological disorders based on an appropriate classification system; and determine the etiology of the illness
7.	Demonstrate an ability to undertake, conduct and publish a systematic psychological research study
8.	Demonstrate sensitivity to the need for individualised intervention programmes in rehabilitation of those with physical disabilities and ailments, and those with psychopathological conditions
9.	Exhibit a strong ethical sensibility and abide by the ethical guidelines for psychotherapeutic practice
10.	Demonstrate a non-judgemental attitude, treat all clients equally
11.	Strive to provide only support to those who seek their aid
12.	Create an inclusive, integrated and healthy community that facilitates an empathetic, humane and empowered society
13.	Demonstrate in-depth knowledge and skill in specific areas of psychology
14.	Communicate effectively, think critically, behave ethically and with cultural Awareness
15.	Demonstrate the ability to work cordially with people from a wide variety of backgrounds

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COURSE TITLE	MAJOR CORE: GENERAL PSYCHOLOGY- I		
CODE	19PY/MC/GP14		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Describe the different schools, subfields and possible careers in psychology.	PSLO 1	U
2.	Understand the differences between and process involved in sensation and perception.	PSLO 1	U, Ap, An
3.	Explain the biological rhythms and the various levels of consciousness.	PSLO 1	U, Ap, An
4.	Explicate the theories and practical applications on learning and memory. Apply the different techniques	PSLO 1,13	U, Ap, An

COURSE TITLE	MAJOR CORE: BIOLOGICAL PSYCHOLOGY I		
CODE	19PY/MC/BP14		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Discern the structure and functioning of the nervous system.	PSLOs 1	U,
2.	Describe the various parts of the brain and its functions.	PSLOs 1,4	R, U, C
3.	Explain the influence of nature and nurture on behavior.	PSLOs 1, 6	R, Ap, An, E
4.	Display an understanding of the various research methods within the realm of biological psychology.	PSLOs 1	U,An, Ap, E
5.	Exhibit an awareness of the career prospects pertaining to biopsychology.	PSLOs 1,	U

COURSE TITLE	ALLIED CORE: SOCIAL PSYCHOLOGY I		
CODE	19PY/AC/SP15		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Identify the aspects of social psychology in real life.	PSLOs 1,12	U, An, Ap
2.	Understand how attitudes can be formed and changed.	PSLOs 1, 10	U, An
3.	Demonstrate understanding of social pressure and prosocial behaviour.	PSLOs 13,14	U, Ap
4.	Evaluate and critique the theoretical concepts of social psychology.	PSLOs 1	U, E
5.	Communicate knowledge of the various theoretical underpinnings of interpersonal attraction	PSLOs 12,15	U, Ap, An

COURSE TITLE	MAJOR CORE: GENERAL PSYCHOLOGY- II		
CODE	19PY/MC/GP24		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Communicate knowledge of cognitive processes	PSLO 1	U, Ap, An
2.	Discern the influences of motivation and emotion through the various theories	PSLO 1	U, An
3.	Demonstrate an understanding of the theories of personality	PSLO 1,3	U, An
4.	Understand the role of emotions and motivation with respect to human behaviour.	PSLO 1,2,3	U, Ap, An
5.	Evaluate and critique the different theoretical conceptualizations of intelligence.	PSLO 1,2,3	U

CODE	19PY/MC/BP23		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Demonstrate understanding of how the nervous system develops	PSLOs 1	U, R
2.	Comprehend the biological basis for homeostasis	PSLOs 1	U, An, Ap,
3.	Communicate knowledge of neuroanatomical underpinnings of human emotions.	PSLOs 1,4,3	U, An, E, Ap
4.	Explain the influence of hormones on behaviour.	PSLOs 1, 4	U,R,Ap,An
5.	Expound the biological rationale in psychological processes like learning and memory.	PSLOs 1	U,R,Ap,An

COURSE TITLE	ALLIED CORE: SOCIAL PSYCHOLOGY II		
CODE	19PY/AC/SP25		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Demonstrate understanding of social psychological principles	PSLOs 1	U
2.	Identify processes in group dynamics.	PSLOs 2,13	U, An
3.	Display an understanding of the process that contributes to differential treatment of group members.	PSLOs 2,13,14	U, An, E
4.	Be familiar with the aspects related to aggression, prejudice and conflict	PSLOs 12.14.15	U, An
5.	Appreciate the concepts relating to social psychology and apply them in everyday life	PSLOs 1,13	U, Ap, An

COURSE TITLE	MAJOR CORE: DEVELOPMENTAL PSYCHOLOGY I		
CODE	19PY/MC/DP34		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level

1.	Compare the different theories of development	PSLOs 1,3	U, Ap, An
2.	Comprehend the development that occurs from the prenatal stage to adolescence	PSLOs 1, 4, 8	U
3.	Illustrate the physical, cognitive, and psychosocial aspects of development in these stages	PSLOs 1, 3, 4, 8, 13	U, Ap, An
4.	Connect course content to their personal behaviour.	PSLOs 2, 14	U, Ap, E
5.	Identify the characteristics that signify each developmental stage.	PSLOs 1, 4, 13	R, Ap, E

COURSE TITLE	MAJOR CORE: INTRODUCTION TO RESEARCH METHODOLOGY		
CODE	19PY/MC/RM34		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Possess the ability to understand and critique research articles.	PSLOs 1	U, An, E
2.	Understand the importance of abiding by the ethical guidelines of behavioural research.	PSLOs 1,9	U, Ap
3.	Discern an appropriate method of research investigation based on the research question.	PSLOs 5,7	U, Ap,C
4.	Read, interpret and evaluate social research.	PSLOs 13	U, An,E
5.	Apply theory and existing literature to create and test research questions and hypotheses	PSLOs 1,5,13	U, Ap, An,C

COURSE TITLE	ALLIED CORE: STATISTICS IN PSYCHOLOGY		
CODE	19PY/AC/ST35		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level

1.	Clarify the need and importance of statistics in	PSLO 1	U
	psychology		
2.	Comprehend the basic elements of statistical	PSLO 1	U, Ap
	testing		
3.	Distinguish and describe parametric and non-	PSLO 1	U, Ap
	parametric tests		
4.	Compute and interpret basic statistics.	PSLO 1,7	U, Ap, E
5.	Use appropriate statistical techniques for	PSLOs	U, Ap, E
	research purposes.	1,5,7	

COURSE TITLE	MAJOR CORE: DEVELOPMENTAL PSYCHOLOGY II			
CODE	19PY/MC/DP44			
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level	
1.	Conceptualize human functioning and behaviour from a developmental perspective.	PSLOs 1, 2,	Ap, An	
2.	Understand the development of humans across the lifespan.	PSLOs 1, 4, 13	U, An	
3.	Identify psychological and social factors that influence development of personality, emotions and other aspects of human development.	PSLOs 1, 3, 8, 12	U, Ap, E	
4.	Communicate knowledge of the key issues specific to different developmental stages of humans.	PSLOs 1, 5, 8, 13	U, Ap	
5.	Identify the characteristics that signify each developmental stage.	PSLOs 1, 4, 13	R, Ap, E	

COURSE TITLE	MAJOR CORE: EXPERIMENTAL PSYCHOLOGY –		
	PRACTICAL		
CODE	19PY/MC/EP45		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Interact respectfully with people of diverse backgrounds	PSLOs 10, 12 ,14,15,	U, An

2.	Use the knowledge and skills acquired to use relevant and appropriate experiments based on the need	PSLOs 1,5	U, Ap, An
3.	Demonstrate competencies in conducting experiments and reporting the same	PSLOs 1,13	U, Ap, E
4.	Explain the experimental procedures in scientific testing.	PSLOs 2, 5	U, Ap, E
5.	Behave ethically and responsibly towards participants of research.	PSLOs 9,10	U, Ap, An, E, C

COURSE TITLE	ALLIED CORE: HEALTH PSYCHOLOGY		
CODE	CODE:19PY/AC/HP45		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Demonstrate an understanding on the importance of health psychology	PSLO 1, 4,	R, U
2.	Compare and contrast the various models on the modification of health habits	PSLO 1, 4,	R, U, An, E
3.	Elucidate on the impact of stress and the ways to cope with it	PSLO 1, 4, 8	R, U, Ap, An, E
4.	Describe the value of health psychology and possible career prospects within the field.	PSLO 1, 13	R, U,
5.	Evaluate the strengths and weaknesses of various psychotherapeutic approaches employed in health promotion and wellness.	PSLO 1,3 4, 12, 13	R, U, An, E

COURSE TITLE	MAJOR CORE: ABNORMAL PSYCHOLOGY I		
CODE	19PY/MC/AB55		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Define the basis of abnormal psychology and the differences between normal and abnormal behaviour.	PSLO 1, 4,	R, U
2.	Differentiate between major theoretical orientations in abnormal psychology.	PSLO 1, 4,	R, U, An, E
3.	Identify the standards for the diagnosis and	PSLO 1, 4,	R, U, Ap,

	classification of major psychopathological conditions	6, 8, 10, 11	An, E
4.	Possess knowledge of multiple influences of abnormal behaviour as viewed from different theoretical perspectives.	PSLO 1,2 13	R, U,
5.	Construct diagnostic formulations and thereby develop and implement psychotherapeutic interventions.	PSLO 1, 2,3 4, 9, 10, 11, 13, 14	R, U, An, E

COURSE TITLE	MAJOR CORE: APPLIED PSYCHOLOGY		
CODE	19PY/MC/AP54		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Demonstrate an understanding of the application of psychological principles in various real world settings.	PSLOs 1, 2, 4, 9, 13	U, Ap
2.	Communicate knowledge about social issues at the local, national and global levels and its impact on the society.	PSLOs 1, 2, 7, 8, 12	U, Ap, An
3.	Develop creative and practical solutions to challenges faced by the larger community.	PSLOs 3, 12, 14	Ap, E
4.	Evaluate and choose career prospects within the field of psychology.	PSLOs 13	Е
5.	Demonstrate knowledge of how theoretical foundations of psychology translate into practical applications.	PSLOs 1, 2, 3, 7, 13	R, Ap

COURSE TITLE CODE	MAJOR CORE: PSYCHOLOGICAL ASSESSMENT- PRACTICAL 19PY/MC/PA55		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Understand the significance of psychometric properties of an assessment; and evaluate the effectiveness of the test based on the same.	PSLO 1,5	U, Ap, E

2.	Discern the test that will be most	PSLO 1, 5,	U, Ap,E
	applicable for a given target group		
	based on norms, psychometric		
	properties and contradictors for the test.		
3.	Administer psychological assessments to relevant population groups.	PSLO 1, 5,	U, Ap, An, E
4.	Interpret results of a psychological assessment and report results of the test.	PSLO 1,5, 13	U, Ap, An, E
5.	Behave ethically and responsibly towards participants of research.	PSLOs 1, 14, 15	U, Ap

COURSE TITLE	INTER DISCIPLINARY CORE: LITERATURE AND PSYCHOLOGY		
CODE	19ID/IC/LP55		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Demonstrate an ability to interpret literary texts from literary and psychological perspectives	PSLO 1	U, An, E
2.	Explain psychological theories and their application in the attitude of individuals and group behaviour based on norms, psychometric properties and contradictors for the test.	PSLO 1	U, An, Ap
3.	Integrate basic concepts of psychology to explain human behavior in everyday life	PSLO 1,	U, Ap, An
4.	Critique literary works using key concepts in psychology	PSLO 1	U, Ap, An
5.	Appreciate and identify various attribute of interdisciplinarity of texts	PSLOs 1	U, An

COURSE TITLE	INTER DISCIPLINARY CORE: HUMAN COMPUTER INTERACTION		
CODE	19ID/IC/HC55		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level

1.	To design an effective HCI for any interface	PSLOs 1	C, U
2.	To design an effective HCI for individuals and persons with disabilities	PSLOs 1, 12	C, U, Ap
3.	To assess the importance of user feedback	PSLOs 1	U, An
4.	To explain the HCI implications for designing Multimedia/ VR	PSLOs 1,13	U
5.	To develop meaningful user interface	PSLOs 1	C, U, Ap

COURSE TITLE	MAJOR CORE: ABNORMAL PSYCHOLOGY II		
CODE	19PY/MC/AB65		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Define the basis of abnormal psychology and the differences between normal and abnormal behaviour.	PSLOs 1,4,6	U, An
2.	Differentiate between major theoretical orientations in abnormal psychology.	PSLOs 1,13	An, U, E
3.	Identify the standards for the diagnosis and classification of major psychopathological conditions	PSLOs 4,6,8,13	U, An, E
4.	Possess knowledge of multiple influences of abnormal behaviour as viewed from different theoretical perspectives.	PSLOs 4,13	U, An, E
5.	Construct diagnostic formulations and thereby develop and implement psychotherapeutic interventions.	PSLOs 4,6,8,9,	U, Ap, E, C

COURSE TITLE	MAJOR CORE: COUNSELLING PSYCHOLOGY		
CODE	19PY/MC/CP64		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Exhibit an understanding of the counselling process and the role of a counsellor in the same.	PSLOs 3	U, E
2.	Demonstrate micro and macro skills used in the counselling process.	PSLOs 3,8,9,10,11	U, Ap
3.	Respect and follow the ethical guideline laid	PSLOs 3,	U, Ap, C

	down by the APA.	9,10,12,14	
4.	Discern the approach of counselling most appropriate for a given client or use their discretion to use an eclectic approach.	PSLOs 3,10,11,12	U, An, Ap
5.	Critique and evaluate various approaches in counselling.	PSLOs 3,13	E, An

COURSE TITLE	MAJOR CORE: REHABILITATION PSYCHOLOGY		
CODE	19PY/MC/RP65		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Classify disabilities and be sensitive to the needs and potentials of those with disabilities.	PSLOs 1, 3, 4, 6, 8, 15	U, Ap
2.	Conduct a needs analysis for persons with disabilities and formulate an intervention plan based on the same.	PSLOs 1, 2, 8, 11, 13	U, Ap, E
3.	Demonstrate an appreciation for the services provided by each member of the multidisciplinary team and understand the importance for the same.	PSLOs 2, 3, 4	U, An
4.	Identify techniques to reduce barriers in attitude that affect individuals with disabilities.	PSLOs 4, 8, 10, 12	U, Ap
5.	Articulate a working knowledge of the stages of human development and the different needs of individuals with disabilities across the lifespan.	PSLOs 1, 4, 6,	R, Ap, E

COURSE TITLE	MAJOR ELECTIVE: CONSUMER PSYCHOLOGY		
CODE	19PY/ME/CY45		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Distinguish between different consumer behaviour influences and their relationships	PSLOs 1,	U, An, E
2.	Establish the relationship between theories of consumer behaviour and marketing concepts.	PSLOs 1	U, Ap, An
3.	Identify the social influences on consumer	PSLOs 1,2,	E, Ap, An

	behaviour specifically in the Indian market, given its cultural diversity.		
4.	Display an understanding of consumer motivations and decision process.	PSLOs 1, 2	U, An, E
5.	Effectively develop, interpret and analyse different forms of messages and multimedia presentation used in business.	PSLOs 1,13, 14	U, E, An

COURSE TITLE	MAJOR ELECTIVE: ORGANIZATIONAL PSYCHOLOGY		
CODE	19PY/ME/OP45		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Demonstrate an understanding of the major areas of organisational psychology	PSLOs 1, 2	U
2.	Apply theoretical frameworks to real life organisational situations	PSLOs 2	U, Ap, An
3.	Communicate knowledge of the various roles of the psychologist within an organization.	PSLOs 2,13,14	U, An
4.	Understand the influence of personal attributes on job performance, motivation and output.	PSLOs 2,13,14	U, Ap, An
5.	Appreciate and be sensitive towards ethical guidelines in work culture	PSLOs 2,13,15	U, Ap, An

COURSE TITLE	MAJOR ELECTIVE: THEORIES OF PERSONALITY		
CODE	19PY/ME/TP45		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Possess skills required to identify the personality theories and translate theoretical knowledge to explanations of individual behaviour.	PSLOs 1, 13	U, Ap, An
2.	Exhibit an understanding of human personality, its dimensions and its application in psychology.	PSLO 1, 8	U, Ap, An
3.	Categorize and evaluate personality tests based on their approach to measuring personality	PSLOs 1, 5	U, Ap, An, E

4. Appreciate individual differences and be sensitive towards these differences. PSLOs 1, 12,15
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COURSE TITLE	MAJOR ELECTIVE: FOUNDATIONS OF PSYCHOTHERAPY			
CODE	19PY/ME/FP45			
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level	
1.	Demonstrate knowledge of the basic principles and practices in psychotherapy.	PSLOs 1	U, R	
2.	Apply principles of psychotherapy in personal and professional contexts to develop a better understanding of others.	PSLOs 1.2,15	U, Ap,An	
3.	Conceptualize a given presenting problem from various psychotherapeutic approaches.	PSLOs 3,6,	U, Ap,An, E	
4.	Evaluate and critique view-points offered by various realms of psychotherapy.	PSLOs 13	E, An	
5.	Demonstrate sensitivity towards cultural and diversity issues in psychotherapy.	PSLOs 9,10,11,14	U,Ap	

COURSE TITLE	PROJECT		
CODE	19PY/ME/PR45		
CLO NO.	COURSE LEARNING OUTCOMES	PSLOs Addressed	Cognitive Level
1.	Formulate research hypotheses and test the same by designing empirical studies.	PSLOs 1,5,13	Ap, An, C
2.	Carry out data collection, organise the collected data, analyse and interpret the results.	PSLOs 5,7,9	U, An, E
3.	Read, interpret, and evaluate social research.	PSLOs 1,13	U, An,E
4.	Critique existing literature and identify gaps in knowledge within the field of psychology.	PSLOs 1,13	U, An, E
5.	Write research papers and scientific material as	PSLOs 7,13	U, Ap,

per APA conventions	An,C	
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